

Birth Control Inquiry Worksheet

Name of birth control _____

What is it and how does it work? _____

Where would you obtain this method and how much does it cost? _____

Does this method of birth control help prevent STI's? _____

Advantages:

Disadvantages:

Adapted with permission from Middlesex-London Health Unit (October 2022)



HEALTH
DEPARTMENT

Durham Health Connection Line | 905-668-2020 or 1-800-841-2729
durham.ca/sexualhealth

If you require this information in an accessible format, contact 1-800-841-2729.

