



#### 2024 Activity Calendar Lakeview Manor Beaverton Site – Adult Day Program

Below is a list of the dates, times and activities for the month of May.

Wednesday May 1:		
9:00	Welcome Program	
9:30	Coffee and Current Events	
10:15	Fun and Fitness	
11:00	May Days	
12:00	Hot Lunch	
1:00	Rest, Relax and Socialize	
1:30	Talented Animals	
2:30	Afternoon Nutrition Break	
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#### Friday May 3:

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fun and Fitness
11:00	Penny Ante
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	Friday Funnies
2:30	Afternoon Nutrition Break

#### Monday May 6:

9:00 Welcome Program

9:30	Coffee and Current Events
10:15	Fun and Fitness
11:00	Word Jumble
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	Music Monday
2:30	Afternoon Nutrition Break

# Wednesday May 8:

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fun and Fitness
11:00	Brain Games
12:00	Hot Lunch
1:00	Rest, Relaxation and Socialize
1:30	Finish The Lyrics
2:30	Afternoon Nutrition Break

# Friday May 10:

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fun and Fitness
11:00	Reach Back And Remember
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	Arm Chair Travel
2:30	Afternoon Nutrition Break

# Monday May 13:

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Exercise
11:00	Virtual Trip To The Art Studio
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	Matching Game
2:30	Afternoon Nutrition Break

# Wednesday May 15:

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fun and Fitness
11:00	Crossword Corner
12:00	Hot Lunch
1:30	Outspoken
2:30	Afternoon Nutrition Break

# Friday May 17:

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fun and Fitness
11:00	Wordle
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	History in The Making
2:30	Afternoon Nutrition Break

### Monday May 20:

Program is closed for the Stat holiday.

#### Wednesday May 22:

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fun and Fitness
11:00	It Happened in May
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	Trivia Time
2:30	Afternoon Nutrition Break

## Friday May 24:

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fun and Fitness
11:00	How its Made
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	Name That Tune
2:30	Afternoon Nutrition Break

## Monday May 27:

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fun and Fitness
11:00	Lets Sort It Out
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	Music, Music, Music

#### 2:30 Afternoon Nutrition Break

#### Wednesday May 29:

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fun and Fitness
11:00	Who Knew?
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	Right, Left Across
2:30	Afternoon Nutrition Break

#### Friday May 31:

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fun and Fitness
11:00	Last day of May
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	Scrabble
2:30	Afternoon Nutrition Break



Please note: this schedule is subject to change. If you have any questions, or if you require this information in an accessible format, please contact Michelle VanGenechten, Adult Day Program Coordinator (Acting) at 905-579-1777 ext. 6318.