



2024 Activity Calendar Lakeview Manor Port Perry Site- Adult Day Program

Below is a list of the dates, times and activities for the month of May.

Thursday May 2:

9:00 Welcome Program

9:30 Coffee and Current Events

10:15 Fun And Fitness

11:00 Music Mania

12:00 Hot Lunch

1:00 Rest, Relax and Socialize

1:30 Who Knew?

2:30 Afternoon Nutrition Break

Tuesday May 7:

9:00 Welcome Program

9:30 Coffee and Current Events

10:15 Fun and Fitness

11:00 Off to the Races

12:00 Hot Lunch

1:00 Rest, Relax and Socialize

1:30 Tuesday Trivia

2:30 Afternoon Nutrition Break

Thursday May 9:

9:00 Welcome Program

9:30 Coffee and Conversation
10:15 Fun and Fitness
11:00 Table Games
12:00 Hot Lunch
1:00 Rest, Relax and Socialize
1:30 Lets Get Crafty
2:30 Afternoon Nutrition Break

Tuesday May 14:

9:00 Welcome Program
9:30 Coffee and Current Events
10:15 Fun and Fitness
11:00 Wordle
12:00 Hot Lunch
1:00 Rest, Relaxation and Socialize
1:30 Name That Tune

Afternoon Nutrition Break

Thursday May 16

2:30

9:00 Welcome Program 9:30 Coffee and Conversation 10:15 Fun and Fitness 11:00 **Arm Chair Travel** 12:00 Hot Lunch 1:00 Rest, Relax and Socialize 1:30 Music with Ryan 2:30 **Afternoon Nutrition Break**

Tuesday May 21:

9:00 Welcome Program

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9:30 Coffee and Current Events
10:15 Fund and Fitness
11:00 Nail Time
12:00 Hot Lunch
1:00 Rest, Relax and Socialize
1:30 Spot the Difference
2:30 Afternoon Nutrition Break

Thursday May 23:

9:00 Welcome Program
9:30 Coffee and Current Events
10:15 Fun and Fitness
11:00 How its Made
12:00 Hot Lunch
1:30 Balloon Badminton
2:30 Afternoon Nutrition Break

Tuesday May 28:

9:00 Welcome Program
9:30 Coffee and Current Events
10:15 Fun and Fitness
11:00 May Madness
12:00 Hot Lunch
1:30 It Happened on this Day
2:30 Afternoon Nutrition Break

Thursday May 30:

9:00 Welcome Program

9:30 Coffee and Current Events

10:15 Fun and Fitness

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11:00 Penny Ante

12:00 Hot Lunch

1:30 Crossword Corner

2:30 Afternoon Nutrition Break



Please note: this schedule is subject to change. If you have any questions, or if you require this information in an accessible format, please contact Michelle VanGenechten, Adult Day Program Supervisor at 905-579-1777 ext. 6318.