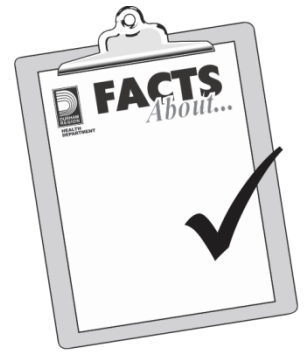




FACTS *About...*



HEALTH DEPARTMENT

MEASLES, MUMPS, RUBELLA, VARICELLA VACCINE

What is it?

- The Measles, Mumps, Rubella and Varicella (MMRV) vaccine, called Priorix Tetra™ or ProQuad™ protects children against measles, mumps, rubella and varicella (chickenpox), all in one shot.
- All four of these diseases are viruses that are spread easily from person to person.
- For more information on these diseases see Facts About...Measles, Facts About...Mumps, Facts About...Rubella and Facts About...Chickenpox.

How effective is the MMRV vaccine?

- Almost all children who receive two doses of MMRV vaccine are protected against all 4 diseases.
- Someone who has had the vaccine may still get one of these diseases. However, the recovery is faster and the symptoms tend to be very mild.

Who should receive the vaccine?

- Children between 4 and 6 years of age, as part of their routine immunizations.
- MMRV vaccine is free for children 4 to 12 years old, talk to your health care provider to see if you are eligible.

*In Ontario, two doses of measles, mumps and rubella (MMR) vaccination after the first birthday are required for school attendance under the *Immunization of School Pupils Act* (ISPA). In addition, chickenpox vaccine is required for students born in 2010 or later.

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For more information

DURHAM REGION HEALTH DEPARTMENT

905-666-6241 1-800-841-2729 or durham.ca



If you require this information in an accessible format, contact 1-800-841-2729.



Are there side effects with the vaccine?

The most common side effects:

- fever ($\geq 38^{\circ}\text{C}$)
- pain, swelling, redness, rash where the needle was given
- A cold, wet compress to the site and/or acetaminophen (Tylenol[®]) can be used to help to relieve pain, swelling and/or fever after vaccination.
- Salicylates (ASA or aspirin) should not be given for 6 weeks after receiving chickenpox vaccine, unless indicated by a physician.
- Severe allergic reactions after vaccination are very rare and may not be related to the vaccine. However, if you think a serious reaction is developing, seek medical attention right away. Any unusual or significant changes in your health or your child's health after receiving the vaccine should be reported to a health care provider and to the Health Department.

Who should NOT get the vaccine?

- Children less than 4 years or older than 12 years old
- Anyone who has had a serious allergic reaction (called anaphylaxis) to a previous dose of MMRV vaccine
- Any component in a vaccine may be a potential allergen. The most common for MMRV are:
 - neomycin sulphate (Priorix Tetra[™])
 - neomycin and gelatin (ProQuad[™])
 - For more information on contents of vaccine refer to the Canadian Immunization Guide Evergreen edition <http://www.phac-aspc.gc.ca/publicat/cig-gci/p01-14-eng.php>
- Anyone who has a fever or serious infection worse than a cold should defer the vaccine until they feel better.
- Pregnant women or women considering pregnancy should wait for 4 weeks following vaccination with MMRV vaccines.

If you have any medical conditions, discuss the vaccine with a healthcare provider to determine if you should receive it.

Your record of protection

After you or your child receives a vaccine, update your immunization record (yellow card). For children in school or daycare, please call the Health Department to update your child's immunization records. Keep your records in a safe place!

* Parents must contact the Health Department if you object to immunization based on conscious or religious beliefs, or if your child cannot be immunized for medical reasons.

August 20, 2015

For more information

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