

# Services for Children Birth to Six Years with Special Needs in Durham Region



Health Department  
Infant and Child Development  
Social Services Department  
Children's Services  
[www.durham.ca](http://www.durham.ca)



Best Start Network  
[beststart@durham.ca](mailto:beststart@durham.ca)

November 2011

## **ABOUT THIS BOOKLET**

- This booklet was updated by Infant and Child Development Services Durham to give parents/caregivers and service providers an introduction to, and information about services that are available to their family and child with special needs.
- If you are looking for private services for Occupational Therapy, Speech and Language Therapy, and/or Physiotherapy, ask your service provider and he/she can provide you with the necessary information.
- Infant and Child Development Services Durham acknowledge and thank Durham Best Start for their support in the development and printing of this booklet. Funding was provided by Durham Best Start.
- Any changes or updates to the information in this booklet should be addressed by e-mail to [beststart@durham.ca](mailto:beststart@durham.ca).

## **FUNDING GUIDE**

The Funding Guide for Young Children and Families was developed by Infant and Child Development Services Durham to give parents/caregivers and service providers information about funding opportunities that may be available to families.

You can request a copy from your service provider or go to [www.durham.ca](http://www.durham.ca)

## **DISCLAIMER**

To the best of our knowledge the information in this booklet is current and accurate. Please check the Best Start Network website for the most up to date funding information at [www.durham.ca](http://www.durham.ca)

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**About Face**

**Main Office**

123 Edward Street, Suite 1003  
Toronto, ON M5G 1E2  
Phone: 416-597-2229  
Toll-Free: 1-800-665-FACE  
Fax: 416-597-8494  
E-Mail: [info@aboutface.ca](mailto:info@aboutface.ca)  
Web: [www.aboutface.ca](http://www.aboutface.ca)

**Durham Chapter**

P.O. Box 30  
Greenbank, ON L0C 1B0  
Phone: 905-985-2613

About Face is a support and information network for people with facial differences.

Contact: \_\_\_\_\_

**Accessible Parking Permits**

Ministry of Transportation  
Driver and Vehicle Licensing  
Phone: 416-235-2999  
Toll-Free: 1-800-387-3445  
Web: <http://www.mto.gov.on.ca/english/dandv/vehicle/app.shtml>

The Accessible Parking Permit (APP) is issued to individuals and entitles the vehicle in which it is displayed to be parked in a designated accessible parking space. Pick up or drop off completed application forms at your local Driver and Licensing Issuing Office.

Contact: \_\_\_\_\_

**Arnold Chiari Malformation Association**

Web: <http://www.wacma.com/>

Contact: \_\_\_\_\_

**Autism Ontario – Durham Chapter**

Main Office  
850 King Street West, Unit 20  
Oshawa, ON L1J 8N5  
Phone: 905-432-5092  
Toll-Free: 1-866-495-4680  
E-Mail: [durham@autismontario.com](mailto:durham@autismontario.com)  
Web: [www.autismontario.com/durham](http://www.autismontario.com/durham)

Contact: \_\_\_\_\_

**Beckwith-Wiedemann Syndrome Family Forum**

Web: <http://www.beckwith-wiedemann.info>

Contact: \_\_\_\_\_

**Bereaved Families of Ontario – Durham Chapter**

1050 Simcoe Street North  
Oshawa, ON L1G 4W5  
Phone: 905-579-4293  
Toll-Free: 1-800-387-4870  
Fax: 905-579-7403  
Web: [www.bfodurham.net](http://www.bfodurham.net)

This organization provides support programs to bereaved parents, young adults and teens. These programs offer support for bereaved parents to learn to live with their grief, decrease their sense of isolation and help adapt to everyday living. BFO-Durham facilitates the development of self-help/mutual aid support services and resources for families with a unique focus on the death of a child.

Contact: \_\_\_\_\_

**Bob Rumball Centre for the Deaf**

7801 No. 5 Sideroad  
Milton, ON  
Phone: 905-878-4932  
TTY: 905-875-4368  
E-Mail: [info@bobrumball.org](mailto:info@bobrumball.org)  
Web: [www.bobrumball.org](http://www.bobrumball.org)

The Bob Rumball Centre for the Deaf is a multi-purpose, multi-program facility that functions both as a community centre for the Deaf, and as a provider of services to the deaf. The centre provides programs for young children and their parents which include the Rumball Early Education Centre, Ontario Early Years Centre, and the Specialized Parent-Infant Program.

Contact: \_\_\_\_\_

**Brain Injury Association of Durham Region**

850 King Street West, Unit 24  
Oshawa, ON L1J 8N5  
Tel: 905-723-2732  
Toll-Free: 1-866-354-4464  
Fax: 905-723-4936  
E-Mail: [information@biad.ca](mailto:information@biad.ca)  
Web: [www.biad.ca](http://www.biad.ca)

Contact: \_\_\_\_\_

**Canadian Angelman Syndrome Society**

E-Mail: [info@AngelmanCanada.org](mailto:info@AngelmanCanada.org)  
Web: <http://www.angelmancanada.org/>

Contact: \_\_\_\_\_

**Canadian Deafblind Association – Ontario Chapter**

54 Brant Avenue, 3rd Floor

Brantford, ON N3T 3G8

Phone: 519-759-0520

Toll-Free: 1-877-760-7439

TTY: 519-759-3597

E-Mail: [info@cdbaontario.com](mailto:info@cdbaontario.com)

Web: [www.cdbraontario.ca](http://www.cdbraontario.ca)

CDBA Ontario Chapter provides services for individuals in any life stage. We offer a broad spectrum of flexible programs and services for each segment of the population including individuals who are deafblind, families, children, adults, agencies and the general public. Information on CHARGE Syndrome can also be found at this website.

Contact: \_\_\_\_\_

**Canadian Diabetes Association**

GTA Regional Leadership Centre

235 Yorkland Boulevard, Suite 200

Toronto, ON M2J 4Y8

Toll-Free: 1-800-BANTING

Fax: 416-491-8927

Web: [www.diabetes.ca](http://www.diabetes.ca)

Contact: \_\_\_\_\_

**Catholic Family Services of Durham Region**

Oshawa

115 Simcoe Street South, 1<sup>st</sup> Floor

Oshawa, ON L1H 4G7

Phone: 905-725-3513

Toll-Free: 1-877-282-8932

Fax: 905-725-8377

Ajax

250 Bayly Street West, Unit 22

Ajax, ON L1S 3V4

Phone: 905-428-1984

Fax: 905-428-6135

Port Perry

Immaculate Conception Catholic Church

1710 Scugog Street

Port Perry, ON L9L 1E2

This agency provides counselling services for families, couples counselling; teens and children; separation; personal difficulties; parenting; domestic violence and child abuse. Referral and self referrals should be done through intake at the Oshawa number. Payment is on a sliding fee scale based on income and the number of sessions involved.

Certains de nos services sont disponibles en français, contactez s'il vous plaît le bureau d'Oshawa pour plus d'informations.

Contact: \_\_\_\_\_



### **Central East Autism Program (CEAP)**

CEAP is provided by Lake Ridge Community Support Services in the Durham Region. CEAP provides intensive behavioural intervention (IBI) to children who have been diagnosed by an independent physician or psychologist as having Autism Spectrum Disorder. Individual IBI programs are based on assessment of the child's cognitive, communicative and adaptive behaviour and are developed and delivered in Centre based programs. Transitional support is provided to children completing the program and entering school or other programs.

Referrals to the Autism Program are made through the Regional Central Intake Process operated by Kinark Child and Family Services at 1-800-230-8533.

Contact: \_\_\_\_\_

### **Central East Community Care Access Centre**

Head Office/Whitby Branch  
920 Champlain Court  
Whitby, ON, L1N 6K9  
Phone: 905-430-3308  
Toll-Free: 1-800-263-3877  
Fax: 905-430-3297  
Web: <http://www.ccac-ont.ca/>

The Central East Community Care Access Centre (CECCAC) provides a single point of access for people of all ages for: information and referral to community services; provision of in-home health care services; admission to long-term care homes and programs; and school health support services (SHSS). The Children/School Health Support Services program is specifically designed for children from birth to 18 years of age who have a short or long term illness, a physical disability or require assistance due to an injury or recent hospital stay. Services may include: case management, nursing, occupational therapy, physiotherapy, speech-language pathology, dietitian, social work, personal support, medical supplies, medical equipment and drug card. Referrals to the CECCAC can be made by telephone or in person by parents, or with parental consent, a family member, friend, physician or other health care agency, school personnel or institution.

Contact: \_\_\_\_\_

### **Centre for ADHD Awareness Canada**

Web: <http://www.caddac.ca>

Contact: \_\_\_\_\_

### **Challenge League Sports**

114 Baldwin Street  
Oshawa, ON L1H 6H1  
Phone: 905-571-3379  
Web: <http://www.challengeleague.ca>

Contact: \_\_\_\_\_

**Cleft Lip and Palate Association**

Web: <http://www.clapa.com>

Contact: \_\_\_\_\_

**CNIB – Canadian National Institute for the Blind**

Central Region

20 Anne Street South, Unit 10

Barrie, ON L4N 2C6

Phone: 705-728-3352

Toll-Free: 1-800-563-0887

Fax: 705-722-5305

E-Mail: [dan.horvath@cnib.ca](mailto:dan.horvath@cnib.ca)

Web: [www.cnib.ca](http://www.cnib.ca)

Oshawa Satellite Office

1 Mary Street North, Unit D

Oshawa, ON L1G 7W8

Phone: 905-436-7732

Toll-Free: 1-800-563-0887

Fax: 905-436-1202

Services include instruction in daily living, skills, orientation and mobility, low vision clinic, and support groups. A request for service form is required to initiate services.

CNIB provides community-based support, knowledge and a national voice to ensure Canadians who are blind or partially sighted have the confidence, skills and opportunities to fully participate in life.

CNIB's mission is to enhance independence for Canadians who are blind or partially sighted and to be the leader in promoting vision health.

CNIB is a source of support, information, and hope for all Canadians affected by vision loss and is available to anyone in every region of the country, with staff and volunteers working in offices and often travelling to provide support to clients in their homes and in rural communities.

Contact: \_\_\_\_\_

**Community Living Associations**

Ajax/Pickering/Whitby

36 Emperor Street

Ajax, ON L1S 1M7

Phone: 905-427-3300

Fax: 905-427-3310

E-Mail: [info@apwcommunityliving.org](mailto:info@apwcommunityliving.org)

Web: <http://www.cl-apw.org>

Oshawa/Clarington

39 Wellington Avenue East

Oshawa, ON L1H 3Y1

Phone: 905-576-3011

Fax: 905-576-9754

E-Mail: [info@communitylivingoc.ca](mailto:info@communitylivingoc.ca)

Web: <http://www.communitylivingoc.ca>

Durham North

60 Vanedward Drive, Unit 2

Port Perry, ON L9L 1G3

Phone: 905-985-8511

Fax: 905-985-0799

Web: [www.communitylivingdurhamnorth.ca](http://www.communitylivingdurhamnorth.ca)

**Community Living Ajax-Pickering and Whitby** provides supports and services to families and individuals 18 yrs. old and over. The Mission of the Association is to promote social inclusion for individuals with a developmental disability and provide a wide range of options including:

- Residential Supports
- Vocational Supports
- Community Access Supports
- Specialized Services
- Support to Families

Contact: \_\_\_\_\_

**Community Living Durham North** provides services and supports to people with intellectual disabilities and their families in the townships of Scugog, Brock and Uxbridge. Services include:

- Respite Services: for children and adults

Contact: \_\_\_\_\_

**Community Living Oshawa/Clarington** provides services and supports to people with intellectual disabilities and their families. For adults our geographical area of support is Oshawa and Clarington. For Children our geographical area is the Durham Region. Services include:

- Children and Adult Residential Options: Independent Living (adults), group homes, associate family
- Service Coordination and planning supports for adults and children
- Summer Camps for adults and children
- Foundations Program: including resources to assist youth to transition from high school to the adult community
- Recreational Opportunities: exploring interest through art, drama, music, sports and travel
- Adult development: Learn vital life skills; get involved in community activities
- Employment Supports: Matching people and employers; developing vocational skills

Contact: \_\_\_\_\_

**Cystic Fibrosis Canada – Durham Region Chapter**

6 Somerset Street  
Whitby, ON L1P 1P5  
Phone: 905-666-2116  
Toll-Free: 1-800-378-2233  
E-Mail: [mitch.lepage@rogers.com](mailto:mitch.lepage@rogers.com)  
Web: [www.cysticfibrosis.ca](http://www.cysticfibrosis.ca)

CCFF aims to promote public awareness of Cystic Fibrosis, to fund research toward finding a cure or finding a way to control CF. They also strive to support high quality Cystic Fibrosis care and as well as to raise and allocate funds for these purposes.

Contact: \_\_\_\_\_

**Durham Association for Family Respite Services**

850 King Street West, Unit 20

Oshawa, ON L1J 8N5

Phone: 905-436-2500

Toll free: 1-800-500-2850

Fax : 905-436-3587

E-Mail: [info@dafrs.com](mailto:info@dafrs.com)

Web: [www.dafrs.com](http://www.dafrs.com)

Durham Association for Family Respite Services provides short-term respite for families who are caring at home for a child who has a developmental or physical disability. We also host many events which families may attend to meet other families, share ideas and receive information which may be helpful to their child. Drop-in times to meet and talk can be found on our web-site. Also see [www.respiteservices.com](http://www.respiteservices.com).

Contact: \_\_\_\_\_

**Durham Children's Aid Society**

1320 Airport Boulevard

Oshawa, ON L1H 7K4

Phone: 905-433-1551

Toll-Free: 1-800-461-8140

Fax: 905-433-0603

E-Mail: [durhamcas@durhamcas.ca](mailto:durhamcas@durhamcas.ca)

Web: [www.durhamcas.ca](http://www.durhamcas.ca)

Durham Children's Aid Society is a mandated child welfare organization whose principle activities are investigating child abuse/child neglect allegations, providing care for these children and placing children for adoption. In order to achieve goals for children, Durham CAS needs the assistance of our community colleagues and a committed core of foster parents and volunteers. Child protection services are available 24 hours a day, 365 days a year.

Contact: \_\_\_\_\_

**Durham Deaf Services**

750 King Street East

Oshawa, ON L1H 1G9

Phone: 905-579-3328            TTY: 905-579-6495

Fax: 905-728-1183

E-Mail: [info@durhamdeaf.org](mailto:info@durhamdeaf.org)

Web: [www.durhamdeaf.org](http://www.durhamdeaf.org)

DDS provides literacy and employment preparation program for deaf adults, workshops and American Sign Language classes throughout the year, March Break and Summer Day Camps for children, children's recreational events, and a resource lending library. DDS also provides the Family Communication Program for families with a deaf, hard of hearing or non-verbal child. All family members benefit from in-home sign language training through this fee-for-service program.

Contact: \_\_\_\_\_

**Durham Down Syndrome Association**

P.O. Box 231  
Whitby, ON L1N 5S1  
Phone: 289-275-2537  
E-Mail: [mastermail@ddsa.ca](mailto:mastermail@ddsa.ca)  
Web: [www.ddsa.ca](http://www.ddsa.ca)

DDSA Meetings are held quarterly during the calendar year. See the DDSA website for dates and times. The meeting location is at the Iroquois Park Sports Complex (Garden Cafe) in Whitby, 500 Victoria Street West.

Contact: \_\_\_\_\_

**Durham Family Network**

850 King Street West, Unit 20  
Oshawa, ON L1J 8N5  
Phone: 905-436-2500  
Fax: 905-436-3587  
Web: [www.durhamfamilynetwork.com](http://www.durhamfamilynetwork.com)

Contact: \_\_\_\_\_

**Durham Farm and Rural Family Resource Centre**

141 Reach Street, Unit 8  
Uxbridge, ON  
Phone: 905-862-2750  
Fax: 905-862-2851  
E-Mail: [info@durhamfamilyresources.org](mailto:info@durhamfamilyresources.org)  
Web: [www.durhamfamilyresources.org](http://www.durhamfamilyresources.org)

Durham Farm and Rural Family Resources offer Ontario Early Years programming free of charge to families living in the north of Durham Region. Centres are located in the four communities of Uxbridge, Cannington, Sunderland, and Beaverton. Go to the website for monthly calendars.

All centres provide parent workshops, resources, specialized child focused activities and toy lending libraries. Services are open to all families with children birth to 6 years of age. Programs are non-targeted and all centres are wheelchair accessible.

Contact: \_\_\_\_\_

**Durham Parents of Multiples (DPOM)**

1801 Dundas Street East, P.O. Box 70607

Whitby, ON L1N 2K0

Phone: 1-888-358-5145

E-Mail: [durhamparentsofmultiples@yahoo.ca](mailto:durhamparentsofmultiples@yahoo.ca)

Web: <http://www.durhamparentsofmultiples.com>

Durham Parents of Multiples is a non-profit organization made up of families with twins, triplets and more, providing support services for parents of multiple birth children in Durham Region.

We strive to help each other through the unique challenges of raising multiple birth children and share in the many joys. DPOM supports families and our community through education and advocacy for multiple birth issues and, most importantly, through friendship – because only other parents of multiples can truly understand.

Contact: \_\_\_\_\_

**Durham Supervised Access Program - Durham YMCA**

75 Centennial Drive

Ajax, ON L1S 4S4

Phone: 905-619-4565 x 305

Web: [www.ymcagta.org](http://www.ymcagta.org)

Durham Supervised Access provides the opportunity for safe, child focused visits between children and their non-custodial parents following a family court order. A volunteer is provided and remains with the child through out the visit. The program also provides supervised drop off and pick up so parents can maintain access with their children without having direct contact with each other. There is an annual fee of \$100 per parent to be involved in the program. Parents must call to register and then complete an individual Intake Interview.

Visit locations are available in Ajax, Oshawa and Pickering.

Contact: \_\_\_\_\_

**Families of Spinal Muscular Atrophy**

Toll-Free: 1-855-824-1277

Web: <http://www.curesma.ca>

Contact: \_\_\_\_\_

**Fragile X Research Foundation of Canada**

167 Queen Street West

Brampton, ON L6Y 1M5

Phone: 905-453-9366

E-Mail: [info@fragilexcanada.ca](mailto:info@fragilexcanada.ca)

Web: <http://www.fragilexcanada.ca>

Contact: \_\_\_\_\_

**Easter Seals Ontario – Family Camp**

1 Concorde Gate, Suite 700  
Toronto, ON M3C 3N6  
Phone: 416-421-8377 x 325  
Toll-Free: 1-800-668-6252 x 325  
Fax: 416-696-1035  
E-mail: [camp@easterseals.org](mailto:camp@easterseals.org)  
Website: [www.eastersealscamps.org](http://www.eastersealscamps.org)

Family Camp is a 5-day camp for families who have a child with a physical disability between the ages of 1 and 18 years. This camp gives families an opportunity to meet other families, have a family vacation in a wheelchair accessible setting and to become familiar with recreational camping. Families have the opportunity to participate in a wide range of programs that are geared to various age groups. Families supervise their children while at camp; however supervision is provided during structured scheduled activities by the camp staff. Children and youth who do not meet the criteria for the Residential Camping Program are encouraged to apply to Family Camp.

Contact: \_\_\_\_\_

**EatRight Ontario**

Toll-Free: 1-877-510-5102

EatRight Ontario allows you to ask nutrition-related questions and receive feedback by phone from a Registered Dietitian.

Contact: \_\_\_\_\_

**EDUCATION/SCHOOL BOARDS**

**Campbell Children’s School**

Grandview Children’s Centre  
600 Townline Road South  
Oshawa, ON L1H 7K6  
Phone: 905-576-8403  
Fax: 905-576-4414  
E-Mail: [ccs@grtc.ca](mailto:ccs@grtc.ca)  
Web: [www.grandviewcc.ca](http://www.grandviewcc.ca)

Campbell Children’s School is the on-site educational partner for children on Grandview Children Centre’s caseload. Students attending the school are enrolled on an interim basis with the goal of upgrading their skills and independence to enable them to be integrated successfully into their home school setting.

Contact: \_\_\_\_\_

**Conseil scolaire de district catholique Centre-Sud**

110 Drewry Avenue  
Toronto, ON M2M 1C8  
Phone: 416 397-6564  
Toll-free: 1-800 274-3764  
Fax: 416 395-6576  
E-mail: [commentaires@csdccc.edu.on.ca](mailto:commentaires@csdccc.edu.on.ca)  
Web: [www.csdccc.edu.on.ca](http://www.csdccc.edu.on.ca)

Contact: \_\_\_\_\_

**Conseil scolaire Viamonde**

116 Cornelius Pkwy  
North York, ON M6L 2K5  
Phone: 416 614-0844  
Fax: 416-397-2047  
Toll-free: 1-800-749-0002  
Web: [www.csviamonde.ca](http://www.csviamonde.ca)

Contact: \_\_\_\_\_

**Durham Catholic District School Board**

650 Rossland Road East  
Oshawa, ON L1J 7C4  
Phone: 905-576-6150  
Toll-Free: 1-877-482-0722  
Fax: 905-721-8239  
Web: [www.dcdsb.ca](http://www.dcdsb.ca)

Contact: \_\_\_\_\_

**Durham District School Board**

400 Taunton Road East  
Whitby, ON L1R 2K6  
Phone: 905-666-5500  
Toll-Free: 1-800-265-3968  
Fax: 905-666-6474  
Web: [www.dds.durham.edu.on.ca](http://www.dds.durham.edu.on.ca)

Contact: \_\_\_\_\_

**Kawartha Pine Ridge District School Board**

Education Centre  
1994 Fisher Drive, P.O. Box 7190  
Peterborough, ON K9J 7A1  
Phone: 705-742-9773  
Toll-Free: 1-877-741-4577  
Fax: 705-742-7801  
Web: [www.kpr.edu.on.ca](http://www.kpr.edu.on.ca)

Contact: \_\_\_\_\_



**Peterborough, Victoria, Northumberland, & Clarington  
Catholic District School Board**

1355 Lansdowne Street West  
Peterborough, ON K9J 7M3  
Phone: 705-748-4861  
Toll-Free: 1-800-461-8009  
Fax: 705-748-9734  
Web: [www.pvnccdsb.on.ca](http://www.pvnccdsb.on.ca)

Contact: \_\_\_\_\_

**Provincial Schools Branch and Resource Services**

[www.psbnet.ca](http://www.psbnet.ca)

**Target Group:** Boys and girls (birth to 21 years of age), living in Ontario, who are deaf or hard of hearing or children who are blind or deaf/blind.

**Resource Services - Early Intervention Pre-School Home Visiting Program** is a family-centred service provided for children (birth up to age 6) and their parents at home to facilitate the child's language (oral and/or ASL), cognitive, social and preschool literacy development. Teachers are registered with the College of Teachers of Ontario and are specialists in deaf education with additional training in early intervention methodologies. A Family ASL adviser is available to families who wish to learn American Sign Language. Parents, Family Support workers, doctors, audiologists or speech pathologists may refer a child to this program.

Contact: \_\_\_\_\_

**Sir James Whitney School for the Deaf**

350 Dundas St. West  
Belleville, ON K8P 1B2  
Early Intervention Pre-School Home Visiting Program  
Phone: 1-800-501-6240 or 613-967-2823 ext. 360 Fax: 613-967-4644  
Sir James Whitney School  
Phone: 1-800-501-6240 or 613-967-2823 Fax: 616-967-2857

Sir James Whitney School is a day school for local children with residence facilities for children who do not live close enough to access daily transportation. All components of the school (academic, residential and recreational) embrace bilingual (American Sign Language and English) and multicultural, inclusive philosophies. Programs are designed to promote critical thinking, self-initiated lifelong learning and higher achievement.

Contact: \_\_\_\_\_

**W. Ross MacDonald School**

350 Brant Avenue  
Brantford, ON N3T 3J9  
Phone: 519-759-0730  
Toll-Free: 1-866-618-9092

**Deafblind Resource Services** at the W. Ross Macdonald School, Brantford, ON provides consultative services and/or home visits for pre-school and school aged children up to the age of 21, with deafblindness residing within the Province of Ontario. It is the mission of The W. Ross Macdonald School to provide the highest quality alternative educational and residential living placement for students who are blind, deafblind, or have low-vision.

**Low Vision Program** Staff from the Resource Services Department at the W. Ross Macdonald School visit students who are blind/visually impaired and students with a vision loss and additional exceptionalities, who attend a local school board program in Ontario. These visits are provided at no charge and are made upon a written request by school personnel to the Blind/Low Vision Resource Program.

**Residence Programs for Children who are Blind or Deaf/Blind**

The Provincial Schools residential program is an extension of the school program for students who do not live close enough to access daily transportation to W. Ross Macdonald School in Brantford, ON.

Contact: \_\_\_\_\_

**Epilepsy Durham Region**

850 King Street West, Unit 20  
Oshawa, ON L1J 8N5  
Phone: 905-571-2099  
Fax: 905-571-0995  
E-Mail: [support@epilepsydurham.com](mailto:support@epilepsydurham.com)  
Web: [www.epilepsydurham.com](http://www.epilepsydurham.com)

We are committed to promoting independence and optimal quality of life for individuals living with a seizure disorder through support, advocacy and public education.

Contact: \_\_\_\_\_

**Family and Community Action Program (FCAP)**

75 Centennial Road  
Ajax, ON L1S 4S4  
Toll-Free: 1-800-214-7163  
E-Mail: [fcap@ymcagta.org](mailto:fcap@ymcagta.org)  
Web: [www.ymcagta.org](http://www.ymcagta.org)

The Family and Community Action Program aims to help communities develop comprehensive, integrated programs to promote the health and social development of at-risk children. FCAP offers parent support groups in twenty-one communities across Durham Region. These include informal parent/child interaction, Nobody's Perfect Parenting Program and School's Cool.

Contact: \_\_\_\_\_

### **Fetal Alcohol Spectrum Disorder – Durham Region**

Resources for Exceptional Children and Youth

865 Westney Road South

Ajax, ON L1S 3M4

Phone: 905-427-8862 x 346

E-Mail: [fasd@rfecydurham.com](mailto:fasd@rfecydurham.com)

Web: <http://www.rfecydurham.com/community/fetal-alcohol-spectrum-disorder>

The FASD Support Group is open to all caregivers and individuals who support children/youth/adults who are suspected to or have a diagnosis of FASD or related disorders. The group meets monthly to discuss issues, listen to guest speakers, brainstorm strategies, with parents each giving advice, and to celebrate successes. A facilitator attends each meeting to support discussions, provide resource materials and to introduce guest speakers. The FASD Support Group is an initiative of the FASD Durham Committee and is hosted by Resources for Exceptional Children and Youth – Durham Region.

Meetings are held the first Wednesday of every month starting at 7:15 p.m. at the office of Resources for Exceptional Children and Youth – Durham Region.

Contact: \_\_\_\_\_

### **Food '4' Thought**

Girls Incorporated of Durham

398 Bayly Street West, Unit 1

Ajax, ON L1S 1P1

Phone: 905-428-8111

Toll-Free: 1-877-447-5795

Fax: 905-428-9992

E-Mail: [info@durham.girls-inc.org](mailto:info@durham.girls-inc.org)

Web: [www.girlsinc-durham.org](http://www.girlsinc-durham.org)

Food '4' Thought is a community based initiative federally funded by the Public Health Agency of Canada and administered by Girls Incorporated of Durham. It is a drop-in program for pregnant women and new mothers below 26 years of age where they can obtain advice from health care providers and other moms, get materials on health and wellness, and receive fresh fruit and vegetables, milk, and prenatal vitamins. The program goal is to enhance maternal and fetal health by reducing the risks for pregnant women who may have food security issues. Women may come to a site any time during their pregnancy and continue to receive support until their infants are 6 months of age. The program focuses on nutrition so as to reduce the incidence of low birth weight, increase the number of breastfeeding mothers, provide linkages to other community services and improve the health and well-being of moms.

Programming at each Food '4' Thought site is tailored to the needs of the participants and their particular community. Referrals to Food '4' Thought are not necessary. For more information go to [http://www.girlsinc-durham.org/pre\\_post\\_natal.html](http://www.girlsinc-durham.org/pre_post_natal.html)

Contact: \_\_\_\_\_

## **Footprints**

### Whitby

201 Centre Street South  
Whitby, ON L1N 4V7

### Pickering

1066 Dunbarton Road  
Pickering, ON L1V 1G8

Phone: 905-420-0388

Web: [www.footprints4autism.org](http://www.footprints4autism.org)

FOOTPRINTS provides respite services for families with children ages 13 years and under diagnosed with Autism Spectrum Disorders (ASD) in Durham Region.

Contact: \_\_\_\_\_

## **Grandview Children's Centre**

600 Townline Road South

Oshawa, ON L1H 7K6

Phone: 905-728-1673\*

Toll-Free: 1-800-304-6180\*

Fax: 905-728-2961

Web: [www.grandviewcc.ca](http://www.grandviewcc.ca)

\*for information on all programs/services and to make a referral

### Ajax Site

570 Westney Road South

Ajax, ON L1S 6V5

### Port Perry Site

451 Paxton Street

Port Perry, ON L9L 1L9

### Whitby Site

1615 Dundas Street East

Whitby, ON L1N 2L1

**Grandview Children's Centre** offers a range of outpatient services in Durham Region to children and young adults with physical and communication disabilities. These include Physiotherapy, Occupational Therapy, Speech-Language Pathology, Audiology, Family Support Services, Medical Services, and specialty services including Orthopaedics, Orthotics, and Muscle Tone Clinics. Referrals may be initiated by parents or agency staff but must be signed by a physician. Audiology referrals are accepted by telephone from families and service providers (with parent consent). Our family centered approach emphasizes collaboration with parents, community agencies, educators, and physicians. All services are available to persons 0-19 years of age with the exception of Speech and Language Pathology which is primarily for preschool aged children.

The **Preschool Outreach Program (POP)** is a community outreach program of Grandview Children's Centre. It provides consultation services for children, infancy to eligibility for Grade One who attend a licensed child care program in Durham and have a physical, developmental, and/or communication delay. Assessments, recommendations, equipment loans are provided by Physiotherapists, Occupational Therapists, Speech-Language Pathologists and an Audiologist and are coordinated by Program Managers. Service is provided based on issues and needs expressed by the child care provider. Services from a Physiotherapist and/or Occupational Therapist may be provided for children who are physically challenged, six to twelve years old and who are clients of Grandview. Direct referrals from child care providers are accepted at ext. 2227/2228 (with parent consent).

The **Family Resource Centre** provides a wide range of information/resources on general health, parenting children with special needs and family life. It is located at Grandview (Oshawa)

A variety of **Recreation Programs** for children with special needs is provided by Grandview. These are offered in a variety of settings across the Region and are funded by the provincial government as well as charitable donations secured by Grandview Children's Foundation. Information is available at ext.2265.

Grandview is the lead and host agency for the **Durham Preschool Speech and Language Program** (DPSLP), which serves preschool children until they are eligible for senior kindergarten enrolment. A range of services is offered for children with suspected or actual communication problems, and their families. These are provided at all Grandview sites, in addition to small satellites in Whitby, Bowmanville, and Greenbank. The program provides the services of professional Speech-Language Pathologists and Communicative Disorder Assistants with extensive training in communication development, disorders and intervention. The Program offers a wide range of services including: assessment, early identification, group and one-on-one therapy and parent education. Direct referrals from parents are encouraged at ext.2261.

The provincial **Infant Hearing Program** is provided under the auspices of the Durham Preschool Speech and Language Program to identify hearing loss in newborn babies and provide appropriate intervention. Information is available at ext.2341.

Grandview is the lead agency for the **Durham Applied Behaviour Analysis (ABA)-based Services**. ABA-based Services and Supports will help children and youth, ages 0-17 years, with ASD develop skills in the areas of: behaviour management/emotional regulation, communication, social/interpersonal, and daily living skills. It also provides education to parents/caregivers on how to apply ABA strategies so they can help their children maintain or generalize these skills. The program involves an assessment of the child/youth's strengths and needs and between two to six months of service depending on the child/youth's identified needs. It is delivered through individual or group sessions as appropriate and is typically conducted between two and four hours per week.

**The Tri-Regional Blind-Low Vision Program** provides families with children who are blind or have low vision with the resources they need to support the healthy development of their child in the first years of life from birth until they enter Grade One. Markham-Stouffville Hospital received funding from the Ministry of Children and Youth Services under the Best Start Strategy to offer these services across York, Durham, Haliburton, Kawartha and Pine Ridge regions. To make a referral, call the Central Intake Line at 1-888-703-5437 and select #2 from the menu option.

**Grandview Children's Foundation** is the fundraising partner of Grandview Children's Centre and Campbell Children's School. In this role, the Foundation strives to increase public awareness about the needs of the children and families served, and to actively encourage and administer charitable gifts to meet current and future needs of the organizations.

Contact: \_\_\_\_\_

**Helping Hearts Photography**

E-Mail: [info@helping-hearts.ca](mailto:info@helping-hearts.ca)

Web: [www.helping-hearts.ca](http://www.helping-hearts.ca)

Helping Hearts is a Canadian non-profit organization providing complimentary photography services to qualifying families who have a child suffering a life altering illness or disability.

Contact: \_\_\_\_\_

**Holland Bloorview Kids Rehabilitation Hospital**

150 Kilgour Road

Toronto, ON M4G 1R8

Phone: 416-425-6220

Toll-Free: 1-800-363-2440

E-Mail: [aconcil@hollandbloorview.ca](mailto:aconcil@hollandbloorview.ca)

Web: [www.hollandbloorview.ca](http://www.hollandbloorview.ca)

Holland Bloorview Kids Rehabilitation Hospital is Canada's largest children's rehabilitation hospital. We pioneer treatments, technologies, therapies and real-world programs that give children with disabilities the tools to participate fully in life. Holland Bloorview serves about 7,000 children each year, with about 600 inpatient admissions and 58,000 outpatient visits. Holland Bloorview is a world-class teaching hospital fully affiliated with the University of Toronto. We train future health-care specialists in the field of childhood disability. The Bloorview Research Institute is located onsite, allowing us to integrate cutting-edge research and teaching with frontline care to improve children's quality of life.

Contact: \_\_\_\_\_

**John Howard Society of Durham Region**

Web: [www.jhsdurham.on.ca](http://www.jhsdurham.on.ca)

E-Mail: [jhsdurham@jhsdurham.on.ca](mailto:jhsdurham@jhsdurham.on.ca)

**Oshawa**

75 Richmond Street West

Oshawa, ON L1G 1E3

Phone: 905-579-8482

**Whitby**

105 Consumers Drive

Whitby, ON L1N 1C4

Phone: 905-666-8847

**Ajax**

136 Commercial Avenue

Ajax, ON L1S 2HS

Phone: 905-427-8165

**Bowmanville**

132 Church Street

Bowmanville, ON L1C 1T5

905-623-6814

JHS is dedicated to servicing individuals and families, youth and adults with programs and services in areas such as relationships, counselling, employment, literacy, housing, eviction prevention, crime prevention, harm reduction, parenting and more.

The Active Parenting Program provides educational based programs for parents of children aged 0-4, 5-12, and teens (located at the Oshawa and Ajax sites).

Dads Aiming for Direction and Support (D.A.D.S.) is a program that provides weekly support groups, one to one counselling, and educational workshops for fathers going through separation and divorce (located at the Oshawa and Ajax sites).

Contact: \_\_\_\_\_

**Kabuki Syndrome Network**

Web: <http://kabukisyndrome.com/>

Contact: \_\_\_\_\_

**Kerry's Place Autism Services**

Phone: 905-579-2720

E-Mail: [info@kerrysplace.org](mailto:info@kerrysplace.org)

Web: [www.kerrysplace.org](http://www.kerrysplace.org)

**Durham Resource Centre**

1077 Boundary Road, Suite 208  
Oshawa, ON L1J 8P8

**Central East Region Head Office**

34 Berczy Street, Suite 105  
Aurora, ON L4G 1W9

Kerry's Place offers support for individuals, and their families, that have a diagnosis of Autism, Asperger's Syndrome, Rhett's Syndrome, Childhood Disintegrative Disorder and or Pervasive Development Disorder Not Otherwise Specified (PDDNOS) \* services include residential, community outreach, employment, educational services and respite care. There are no fees for consultation and respite fees vary per group. An individual, parent or guardian can make a referral.

Contact: \_\_\_\_\_

**Kinark Child and Family Services**

20 Sunray Street, Unit 1

Whitby, ON L1N 8Y3

Phone: 905-668-2411

Central Intake: 1-888-4-KINARK (1-888-454-6275)

Fax: 905-665-9292

Web: [www.kinark.on.ca](http://www.kinark.on.ca)

Kinark Child and Family Services is an accredited non-profit children's mental health agency that provides a full range of free and confidential programs and services to children up to age 12 and their families/caregivers in Durham Region. Services include: individual and family counselling, group work, Positive Parenting Program (Triple P), TAPP-C Arson Prevention Program, Intensive Community-based services, Stop Now and Plan (SNAP) Outreach Program, Multisystemic Therapy (MST), Day Treatment Program, and a Residential Treatment Program.

In partnership with 3 other agencies, a Crisis Response program is also provided when a child under the age of 18 is experiencing a crisis that is not imminently life threatening but requires immediate intervention. Crisis Response line: 1-800-742-1890 or 905-666-0483.

Contact: \_\_\_\_\_

**Kinder Clinic**

200 Taunton Road West  
Whitby, ON, L1R 3H8  
Phone: 905-444-9636

Services at Kinder Clinic include children's urgent care (walk-in clinic) and pediatric day office which is available by referral only. A pharmacy is also on-site.

Contact: \_\_\_\_\_

**Klinefelter Syndrome Association of Canada**

42 Ritson Road South  
Oshawa, ON L1H 5G9  
Phone: 905-926-2942  
Web: <http://www.rarediseases.org>

Contact: \_\_\_\_\_

**Lake Ridge Community Support Services**

900 Hopkins Street, Unit 8  
Whitby, ON L1N 6A9  
Phone: 905-666-9688  
Fax: 905-666-5541  
E-Mail: [genmail@lrcss.com](mailto:genmail@lrcss.com)  
Web: [www.lrcss.com](http://www.lrcss.com)

LRCSS provides treatment and education for persons (over 6) with developmental disabilities, dual diagnosis and autism spectrum disorders. Services include behaviour therapy, educational groups, intellectual assessment, and educational training for families and caregivers. Also see CEAP.

**Lakeridge Health Oshawa**

1 Hospital Court  
Oshawa, ON L1G 2B9  
Phone: 905-576-8711 x 4607  
Fax: 905-721-4761  
Web: <http://www.lakeridgehealth.on.ca>

The Maternal Child Program at Lakeridge Health Oshawa offers inpatient breastfeeding support to families. A lactation consultant is on site every day including weekends and holidays. Prenatally, women (partners more than welcome!) are invited to attend a prenatal breastfeeding class held weekly at the hospital. Registration is required by calling 905-576-8711 ext 4116.

**Neonatal Follow-Up Clinic (FUNN Clinic) - 3<sup>rd</sup> Floor**

A team consisting of a nurse, doctor and occupational therapist assesses and monitors a baby's motor skills, language development, growth and intellectual progress at 4, 8, 12, 18 and 24 months corrected age.



Babies who are considered at risk for developmental challenges due to prematurity, low birth weight or other medical problems may be eligible for the clinic. Referrals to community and medical services may be arranged as needed.

Most referrals to FUNN are made while the baby is in the N.I.C.U. Referrals from a doctor may also be received.

**Feeding and Swallowing Clinic**

Phone: 905-576-8711 x 4559

This clinic is available to children from birth to 16 years who are suspected to have feeding and/or swallowing difficulties. A team consisting of a speech-language pathologist, occupational therapist and registered dietitian will assess and monitor various feeding issues such as poor suck, coughing, choking, gagging, reflux, picky eaters, feeding refusals and poor weight gain.

To access the clinic, patients first must be referred to Dr. Rajah at:

Glazier Medical Centre

11 Gibb Street

Oshawa, ON L1H 2J9

Phone: 905- 579-1212 Fax: 905- 579-7290

Contact: \_\_\_\_\_

**Lakeridge Health Port Perry**

451 Paxton Street

Port Perry, ON L9L 1L9

Phone: 905-576-8711 x 5525

Web: <http://www.lakeridgehealth.on.ca>

The Maternal Child Program at Lakeridge Health Port Perry offers inpatient and outpatient breastfeeding support in collaboration with Durham Region Health Department. Individual breastfeeding support and counselling is offered two days per week by appointment only. Appointments can be requested by calling the Durham Health Connection Line at 905-666-6241

Contact: \_\_\_\_\_

**Learning Disabilities Association of Durham Region**

P.O. Box 346

Pickering, ON L1V 2R6

Phone: 905-426-1442

E-Mail: [info@ldadr.on.ca](mailto:info@ldadr.on.ca)

Web: <http://www.ldadr.on.ca>

Services include a resource library, advocacy support within the school system and monthly support meetings. Meetings are held every last Thursday of every month except June, July, August and December at 7:30 pm at St. Andrew's Presbyterian Church in Ajax.

Contact: \_\_\_\_\_

**Little People of Ontario**

E-Mail: [info@lpo.on.ca](mailto:info@lpo.on.ca)

Web: <http://www.lpo.on.ca>

Contact: \_\_\_\_\_

**March of Dimes – Conductive Education**

10 Overlea Boulevard

Toronto, ON M4H 1A4

Telephone: 416-425-3463

Fax: 416-425-1920

Toll Free: 1-800-263-3463

E-mail: [ce@marchofdimes.ca](mailto:ce@marchofdimes.ca)

Web: [www.marchofdimes.ca](http://www.marchofdimes.ca)

The Conductive Education program helps children with neurological motor disorders work towards improving all facets of childhood development. Conductive Education places an emphasis on: being as independent as possible, learning to change positions independently, improving range and activity of movement, gross and fine motor control, developing weight-bearing skills, concentration, focus, communication and problem solving. In addition to classes, March of Dimes also offers home consultations, school visits and condition specific information sessions.

Contact: \_\_\_\_\_

**Motherisk**

The Hospital for Sick Children

555 University Avenue

Toronto, ON M5G 1X8

Phone: 416-813-6780

Toll-Free: 1-877-439-2744

Web: <http://www.motherisk.org>

This telephone hotline provides authoritative information and guidance to pregnant or lactating mothers and their health care providers regarding the fetal risks associated with drug, chemical, infection, disease and radiation exposure(s) during pregnancy and breastfeeding.

Contact: \_\_\_\_\_

**Muscular Dystrophy Canada**

Ontario & Nunavut

2345 Yonge Street, Suite 901

Toronto, ON M4P 2E5

Phone: 416-488-2699

Toll-Free: 1-866-687-2538

Fax: 416-488-0107

Web: [www.muscle.ca](http://www.muscle.ca)

Muscular Dystrophy Canada is a not-for-profit organization committed to finding a cure for neuromuscular disorders through well funded research. Muscular Dystrophy Canada's volunteers and staff raise funds to enhance the lives of those affected by over 150 different kinds of neuromuscular disorders by working to provide ongoing support and resources.

Muscular Dystrophy Canada delivers a variety of programs within 5 key areas of service: Education; Information; Advocacy; Support; and Equipment.

Contact: \_\_\_\_\_

**National Center on Shaken Baby Syndrome**

Web: <http://www.dontshake.org>

Contact: \_\_\_\_\_

**National Organization for Rare Disorders**

Web: <http://www.rarediseases.org>

Contact: \_\_\_\_\_

**Neonatal Follow-Up Clinics/Hospitals**

Babies who are considered at risk for developmental challenges due to prematurity, low birth weight or other medical problems may be eligible for a neonatal follow-up clinic at one of the following hospitals. The follow-up clinic that a baby attends depends on where he/she was born and the level of monitoring required.

**Sunnybrook & Women's College Health Sciences Centre**

2075 Bayview Avenue  
Toronto, ON M4N 3M5  
Phone: 416-480-6100

**The Hospital for Sick Children**

555 University Avenue  
Toronto, ON M5G 1X8  
Phone: 416-813-1500  
Web: [www.sickkids.ca](http://www.sickkids.ca)

**Rouge Valley Centenary Hospital**

2867 Ellesmere Road  
Toronto, ON M1E 4B9  
Phone: 416-284-8131  
Web: [www.rougevalley.ca](http://www.rougevalley.ca)

**Rouge Valley Ajax/Pickering**

580 Harwood Avenue  
Ajax, ON L1S 2J4  
Phone: 905-683-2320  
Web: [www.rougevalley.ca](http://www.rougevalley.ca)

**Mount Sinai Hospital**

600 University Avenue  
Toronto, ON M5G 1X5  
Phone: 416-586-4800  
Web: [www.mountsinai.on.ca](http://www.mountsinai.on.ca)

Contact: \_\_\_\_\_

**No Child Without**

Canadian MedicAlert Foundation  
2005 Sheppard Avenue East, Suite 800  
Toronto, ON M2J 5B4  
Phone: 416-696-4505  
E-Mail: [nochildwithout@medicalert.ca](mailto:nochildwithout@medicalert.ca)  
Web: [www.nochildwithout.ca](http://www.nochildwithout.ca)

No Child Without is a charitable program that offers all elementary school aged children with medical conditions or allergies, free MedicAlert protection regardless of their financial resources.

Contact: \_\_\_\_\_

**North York General Hospital**

General Site

4001 Leslie Street  
Toronto, ON M2K 1E1  
Phone: 416-756-6000

Branson Site

555 Finch Avenue West  
M2R 1N5  
Phone: 416-633-9420

Contact: \_\_\_\_\_

**Nova's Ark**

Phone: 905-655-3381  
E-Mail: [novasark@sympatico.ca](mailto:novasark@sympatico.ca)

Nova's Ark provides camps for children with special needs.

Contact: \_\_\_\_\_

**Ontario Federation for Cerebral Palsy**

1630 Lawrence Avenue West, Suite 104  
Toronto, ON, M6L 1C5  
Phone: 416-244-9686  
Toll-Free: 1-877-244-9686  
Fax: 416-244-6543  
E-Mail: [info@ofcp.ca](mailto:info@ofcp.ca)  
Web: [www.ofcp.ca](http://www.ofcp.ca)

The Ontario Federation for Cerebral Palsy (OFCP) is an organization committed to supporting independence, inclusion, choice and full integration of all persons with cerebral palsy (CP) in Ontario. The OFCP provides a wide range of services, resources and programs for individuals with CP and their families as well as professional organizations. These services range from funding for equipment, education and recreation to housing and life planning. The OFCP is a member of Neurological Health Charities of Canada.

**Children & Families Program:**

E-Mail: [families@ofcp.ca](mailto:families@ofcp.ca)

The Children and Families Program provides support to children with cerebral palsy and their families by providing information on cerebral palsy, therapies, financial resources, and education. This program also supports professionals, such as educational assistants, health professionals, and day care providers.

**Long Term Planning and Support Program:**

E-Mail: [ltsp@ofcp.ca](mailto:ltsp@ofcp.ca)

The Long Term Planning and Support Program (LTPSP) helps families who have a son or daughter with CP plan for their future. The program provides a wide range of services and resources to assist families with that process. This Program is open to any family that has a family member with Cerebral Palsy, of any age, who could benefit from our program. The Program is also open to individuals with cerebral palsy who wish to join on their own behalf.

**Membership Services Program:**

E-Mail: [administration@ofcp.ca](mailto:administration@ofcp.ca)

Individual Membership is open to all people with cerebral palsy, their parents/family members as well as professionals/supporters who have an interest in the welfare of persons with cerebral palsy. Individual members who have cerebral palsy are eligible to apply for funding assistance from OFCP for equipment, vacation and community based day programs. All members are entitled to one vote at all OFCP general meetings and they will receive mail outs throughout the year, including the OFCP newsletter.

**OFCP Household Pickup Service:**

OFCP Household Pickup Service: home pickup of used clothing and household goods and neighbourhood used clothing donation bins in partnership with Value Village. Call the OFCP at 1-877-244-0899 for more information.

Contact: \_\_\_\_\_

**Ontario Federation for Visually Impaired Children**

P.O. Box 1116, Station D

Toronto, ON M6P 3K2

Phone: 416-767-5977

Fax: 416-767-5530

E-Mail: [ofvic@look.ca](mailto:ofvic@look.ca)

Web: [www.ofvic.org](http://www.ofvic.org)

The OFVIC provides a home visiting program to infants and preschoolers, diagnosed as blind or visually impaired in the Durham Region. Referrals for service can be made by parents, medical or social service professionals to the Tri-Regional Blind – Low Vision Early Intervention Program at 1-888-703-5437. Select option #2 from the menu.

Contact: \_\_\_\_\_

**Ontario Prader-Willi Syndrome**

18 Creekside Road  
Toronto, ON M2M 4E1  
Phone: 416-481-8657  
Fax: 416-981-7788  
E-Mail: [opwsa@rogers.com](mailto:opwsa@rogers.com)  
Web: [www.opwsa.com](http://www.opwsa.com)

Contact: \_\_\_\_\_

**Ontario Rett Syndrome Association**

P.O. Box 25096  
London, ON N6C 6A8  
Phone: 519-474-6877  
Web: <http://www.rett.ca/>

Contact: \_\_\_\_\_

**Oshawa Community Health Centre**

115 Grassmere Avenue  
Oshawa, ON L1H 3X7  
Phone: 905-723-0036  
Fax: 905-432-3902  
Web: [www.ochc.ca](http://www.ochc.ca)

The Oshawa Community Health Centre is a community-owned, non-profit, charitable organization. Our services include family medicine, social work and counselling and a variety of health promotion and community development groups, many focussing on children, youth and women. All of our services and programs are free. Our services for children under 6 years of age include year-round preschool programming, consultation and support provided by our Early Years Health Promoter, parent information groups and workshops

Contact: \_\_\_\_\_

**Parentbooks**

201 Harbord Street, Toronto, ON M5S 1H6  
Phone: 416-537-8334  
Toll Free: 1-800-209-9182  
Fax: 416-537-9499  
E-Mail: [info@parentbooks.ca](mailto:info@parentbooks.ca)  
Web: [www.parentbooks.ca](http://www.parentbooks.ca)

Contact: \_\_\_\_\_

**Parks and Recreation Offices**

**Oshawa:** 905-436-5454  
**Pickering:** 905-420-4621  
**Clarington:** 905-623-3379  
**Scugog:** 905-985-7346

**Whitby:** 905-430-4310  
**Ajax:** 905-427-8811  
**Uxbridge:** 905-852-9181  
**Brock:** 705-432-2355

Contact: \_\_\_\_\_

**Perinatal Parents Association**

Mount Sinai Hospital  
600 University Avenue  
Toronto, ON M5G 1X5  
Web: <http://www.mountsinai.on.ca>

Contact: \_\_\_\_\_

**Pierre Robin Network**

Web: <http://www.pierrerobin.org>

Contact: \_\_\_\_\_

**Precious Minds Resource and Learning Centre**

21980 Highway #12  
Sunderland, ON L0C 1H0  
Phone: 905-982-0882  
Fax: 905-982-0883  
E-Mail: [admin@preciousminds.com](mailto:admin@preciousminds.com)  
Web: <http://www.preciousminds.com>

Precious Minds is a charitable organization that provides support to families in north Durham Region with children who have barriers to learning. Our main goals are to provide support, link parents with resources, raise awareness, and provide financial assistance. We offer programs including summer camp, Saturday respite programs, fitness programs, and tutoring for children and youth with barriers to learning. In addition, we strive to support the whole family and host both parent and sibling support groups.

Contact: \_\_\_\_\_

**Pregnancy Help Centre of Durham**

Oshawa Location  
29 Drew Street  
Oshawa, ON  
Phone: 905-720-3252

Ajax Location  
572 Kingston Road West  
Ajax, ON  
Phone: 905-619-9878

The Pregnancy Help Centre provides free pregnancy tests, education and resources, adoption, abortion and fetal development information, mentoring program, prenatal classes, parenting support, material supplies, and post abortion counselling.

Contact: \_\_\_\_\_

## **Public Libraries in Durham Region**

### Oshawa Public Libraries:

Web: [www.oshawalibrary.on.ca](http://www.oshawalibrary.on.ca)  
McLaughlin Branch: 905-579-6111  
Jess Hann Branch: 905-579-6111  
Legends Centre: 905-579-6111  
Northview Branch: 905-579-6111

### Pickering Public Libraries:

Web: [www.picnet.org](http://www.picnet.org)  
Central Library: 905-831-6265  
Petticoat Creek: 905-420-2254  
Claremont Branch: 905-649-3341  
Greenwood Branch: 905-683-8844  
Whitevale Branch: 905-294-0967

### Clarington Public Libraries:

Web: [www.clarington-library.on.ca](http://www.clarington-library.on.ca)  
Bowmanville: 905-623-7322  
Newcastle: 905-987-4844  
Courtice: 905-404-0707  
Orono: 905-983-5507

### Uxbridge Public Library:

Web: [www.uxlib.com](http://www.uxlib.com)  
905-852-9747

### Whitby Public Libraries:

Web: [www.whitbylibrary.on.ca](http://www.whitbylibrary.on.ca)  
Central Library: 905-668-6531  
Rossland Branch: 905-668-1886  
Brooklin Branch: 905-655-3191

### Ajax Public Libraries:

Web: [www.townofajax.com](http://www.townofajax.com)  
Main Branch: 905-683-4000  
McLean Branch: 905-428-8489  
Village Branch: 905-683-1140

### Brock Public Libraries:

Web: [www.brocklibraries.ca](http://www.brocklibraries.ca)  
Beaverton Branch: 705-426-9283  
Cannington Branch: 705-432-2867  
Sunderland Branch: 705-357-3109

### Scugog Memorial Public Library

Web: [www.scugog-net.com](http://www.scugog-net.com)  
905-985-7686

The public libraries located through the Durham Region offer a wide range of programs for children 6 years and under.

Contact: \_\_\_\_\_

## **REGIONAL MUNICIPALITY OF DURHAM – Departments and Divisions**

Web: [www.durham.ca](http://www.durham.ca)

### **Health Department**

#### Infant and Child Development Services

605 Rossland Road East  
Whitby, ON L1N 0B2  
Phone: 905-668-4113 ext 3247 or 3203  
Toll-Free: 1-800-841-2729  
Fax: 905-666-6232  
Web: [www.durham.ca](http://www.durham.ca)

Infant and Child Development provides a home-based, family-centred early intervention service for infants and young children, birth to 6 years at risk for delay, and their families. Children who have experienced problems before, during or after birth, are developmentally delayed, or have a physical or developmental disability are eligible. Any family member, community agency, or professional may refer by telephone with the parent's verbal consent.



Services include:

- Development of a family service plan with an infant and child development consultant geared specifically to the needs of the child and family
- Recommendations of activities to promote the specific child's development
- Home visiting
- Pre-term clinics for premature infants
- Consultations and assessments
- Service coordination support
- Parent to parent linkages through pre-term clinics and parent information sessions

Contact: \_\_\_\_\_

### Oral Health

1615 Dundas Street East, Suite 210  
Whitby, ON L1N 2L1  
Phone: 905-723-1365  
Toll-Free: 1-866-853-1326  
Fax: 905-723-9482

The Oral Health Division of the Durham Region Health Department provides oral health information and dental services for eligible children in Durham Region.

We offer dental screening and referral in schools and in our dental clinic by appointment.

If a child has no dental coverage, the following programs are available to help families access dental care.

**1. CINOT – Children in Need of Treatment Program**

- Provides assistance for children with urgent dental conditions if the cost of treatment would create a financial hardship.
- To be eligible a child must first be screened by a Registered Dental Hygienist from Durham Region Health Department and found to have an urgent dental need.

**2. Healthy Smiles Ontario**

- Provides regular dental care for eligible children based on income.
- There is an application process that involves completing a application form and showing required documentation.

**3. Preventive Services**

- Children who are identified as needing care are eligible to receive no cost preventive services such as fluoride and pit and fissure sealants.

A booklet, Oral Care for People with Special Needs: A Caregiver's Guide is available upon request. This booklet is designed to help caregivers maintain good oral health for their client or family member with special needs.

For more information on our program or to obtain a copy of the resource booklet please contact the Oral Health Division at 905 723-1365 or 1-866-853-1326 or visit our website at [www.durham.ca](http://www.durham.ca).

Contact: \_\_\_\_\_

### Public Health Nursing and Nutrition

605 Rossland Road East

Whitby, ON L1N 0B2

Tel: 905-668-7711

Fax: 905-666-6214

Toll Free: 1-800-841-2729

Web: [www.durham.ca](http://www.durham.ca)

### **Parent Support Groups**

The following groups are facilitated by Public Health Nurses:

#### **Breastfeeding Groups**

Drop in groups for breastfeeding mothers enable new mothers to support and learn from one another and to increase breastfeeding duration through mutual aid.

#### **Supporting Mother and Infant Learning Experience (S.M.I.L.E.)**

The S.M.I.L.E. program is a free pregnancy and labour and delivery program offered to expectant parents under the age of 23. The classes are interactive and topics discussed include preterm labour, complications during pregnancy and birth, stages of labour, pregnancy tests and procedures comfort measures, role of the coach, newborn appearance and care and supports available to young parents.

#### **Babyville**

Babyville is a 7 week registered support and discussion series for parents of infants ages 0-6 months. Parents are encouraged to attend in the early months of their baby's life in order to meet other parents and discuss questions/concerns.

#### **Postpartum Mood Disorders Support Group**

The Postpartum Mood Disorders (PPMD) Support Group is an ongoing registered group which is intended for mothers who are having difficulty with postpartum adjustment and are experiencing symptoms of PPMD. The group provides members the opportunity to share experiences, support each other, gain knowledge about PPMD, learn coping strategies and learn about community resources available to them

#### **Individual Parent Support**

Durham Health Connection Line (DHCL) is a free confidential telephone help line available to people living, working and visiting in Durham Region. Public Health Nurses help you access the information and resources you need to protect and promote your health. DHCL is the front line connection to the Public Health Nursing and Nutrition Division programs and services such as healthy living, parenting issues, breastfeeding, immunization, injury prevention, sexual health and nutrition. **This telephone line is open 9:00 am - 6:00 pm Monday to Friday.**

#### **Healthy Babies Healthy Children**

Healthy Babies Healthy Children Program (HBHC) is designed to support families (prenatal to children age 6) promote healthy child development and to help them access services in order to give their children the best start in life. Public Health Nurses work with families to help them identify their needs, make referrals to other services including HBHC Home Visiting program with public health nurses and family visitors, and provide service coordination as needed. HBHC is a voluntary program and is available to all families.

All Programs are free of charge. For more information on the programs described or to speak with a public health nurse, call the Durham Health Connection Line:  
Tel: (905) 666-6241 Toll Free: 1-800-841-2729

Contact: \_\_\_\_\_

### **Social Services Department**

#### Children's Services

605 Rossland Road East  
Whitby, ON L1N 6A3  
Phone: 905-666-6238  
Toll-Free: 1-800-387-0642  
Fax: 905-666-6220

### **Child Care**

This Division manages the Fee Subsidy program for Durham Region. Under this program, parents may qualify for financial assistance towards their child care expenses. Inquiries or applications for fee subsidy should be directed to the main office or by accessing the on-line application at [www.durham.ca/childrensservices](http://www.durham.ca/childrensservices). Names will then be placed on the wait list.

Licensed child care programs (centres and home child care agencies) in operation for a minimum of six months, may apply for a service agreement to provide care for children on subsidy. They must comply with the region's Quality Assurance Operating Criteria. In addition, the Division distributes Wage Subsidy and Special Needs Resourcing program funding.

For information on child care, the Division produces the "Child Care Service Guide" which is available at no cost upon request or at [www.durham.ca/childrensservices](http://www.durham.ca/childrensservices)

### **Durham Behaviour Management Services**

Durham Behaviour Management Services is a community based service committed to developing and enhancing the knowledge and skills of parents, caregivers and early learning and child care professionals in positive based behaviour management practices.

This service is free to residents of Durham Region and provides both in home, in childcare mediator model supports for children between ages of 2-6 yrs with a diagnosed developmental disability, experiencing significant behaviour difficulties. This service is provided using the principles of Applied Behaviour Analysis and includes behaviour assessment and consultation as well as behavioural focused workshops. Parents of children without developmental disabilities ages 2-12 may also apply to the program.

Contact: \_\_\_\_\_

### Family Services

Services are provided via CENTRAL INTAKE only. For all service requests at all locations, call 905-666-6240 or 1 866 840-6697

Locations: Ajax, Beaverton, Clarington, Port Perry, South Oshawa, Sunderland, Uxbridge, Whitby

#### **Services:**

- Confidential, professional counselling services for individuals, couples, families and groups.
- Management consultations, organizational coaching and wellness seminars.
- Case management services for adults with a developmental disability.
- Groups and seminars for parents.
- Critical Incident Stress debriefing to help individuals and groups cope with traumatic events.
- Mediation for families experiencing divorce and individuals experiencing conflict at work.
- Employee assistance programs to support workplace health.
- Interpreter services available on as needed basis

#### **Fees – Sliding Scale:**

- Fees are determined by the person's ability to pay.
- Some insurance plans and workplace employee assistance programs cover the cost of services.
- Financial issues are not a barrier to service.

Contact: \_\_\_\_\_

### LEAP – Learning, Earning, and Parenting

Tel: (905) 428-8982

Toll-Free: 1-877-678-6333

Web: [http://www.durham.ca/departments/social/employment\\_support/LEAP.pdf](http://www.durham.ca/departments/social/employment_support/LEAP.pdf)

L.E.A.P. provides support to young parents receiving Income Support (Ontario Works) to complete Grade 12 and develop parenting skills. The program offers funding for transportation, registration fees, school supplies, and parenting activities. L.E.A.P. provides a \$500 incentive for high school graduates.

Contact: \_\_\_\_\_

### Transit – Specialized Services

44 William Street West, Unit 1

Oshawa, ON L1G 1J9

Phone: 905-725-4000 (Oshawa, Whitby, Clarington)

905-683-4114 (Ajax, Pickering)

Toll-free: 1-866-247-0055 (Scugog, Uxbridge, Brock)

Fax: 905-571-1177

E-Mail: [drtsspecialized@durham.ca](mailto:drtsspecialized@durham.ca)

Contact: \_\_\_\_\_

### **Resources for Exceptional Children and Youth**

865 Westney Road South  
Ajax, ON L1S 3M4  
Phone: 905-427-8862  
Toll-Free: 1-800-968-0066  
Fax: 905-427-3107  
E-mail: [info@rfecydurham.com](mailto:info@rfecydurham.com)  
Web: [www.rfecydurham.com](http://www.rfecydurham.com)

RFECY offers a variety of programs and services to support children with special needs and their families who live or access services in Durham Region. Programs offered are consultation to families and licensed child care settings focused on accessing services and developmental programming, support with school readiness and transition, case management, family networking activities including a facilitated parent group, access to a multi sensory room, resource library materials, and education. RFECY also has a unique child care centre on site for children who are medically fragile or whose needs are beyond the capacity of the community.

Services are delivered in a family-centered fashion and are geared to meet the needs of each family individually. The age criteria for programs vary; please contact the office for more details. Referrals are accepted from the parent, service provider, or other professional.

### **Children's Case Coordination Services of Durham Region**

This program is available for individuals from 0 to their 18th birthday with complex needs that are beyond the capacity of the existing service system to manage effectively. Coordination Services is a short term service. The focus of service is on supporting families and services providers to navigate and utilize the local and regional services to create supports and develop long term plans for each individual child/youth. Staff of Coordination Services utilize case conferencing, service planning, system navigation and community/agency collaboration to achieve these goals.

Contact: \_\_\_\_\_

### **Respiteservices.com Durham Region**

850 King St. West, Unit 20  
Oshawa, ON L1J 8N5  
Tel: 905-436-3404  
Web: [www.respiteservices.com](http://www.respiteservices.com)

This is a web-based registry of individuals interested in providing one to one support to children with disabilities within a family setting. Parents register on-line by visiting the web-site and choosing Durham Region. A coordinator is available to provide some assistance. The supporters listed on the web-site have had a short orientation, been interviewed, have a current police check clearance for the vulnerable sector and had some references checked. Parents are responsible for the actual interviewing, hiring and supervision of workers. This site also links to free training which is available for both families and supporters through Kerry's Place.

Contact: \_\_\_\_\_

**Rose of Durham**

Main Branch – Oshawa  
200 Bond Street West  
Oshawa, ON L1J 2L7  
Phone: 905-432-3622  
Fax: 905-432-3974  
E-Mail: [roseofdurham@roseofdurham.com](mailto:roseofdurham@roseofdurham.com)  
Web: [www.roseofdurham.com](http://www.roseofdurham.com)

Rose of Durham is a day program that offers services and support to young parents and their babies in Durham region. Services include professional counselling, prenatal classes and multiple parenting groups. In addition, there are regular workshops and information on legal issues, adoption, first aid as well as special events and summer outings.

Contact: \_\_\_\_\_

**Scarborough General Hospital**

General Campus  
3050 Lawrence Avenue East  
Scarborough, ON M1P 2V5  
Phone: 416-438-2911

Birchmount Campus  
3030 Birchmount Road  
Scarborough, ON M1W 3W3  
Phone: 416-495-2400

Contact: \_\_\_\_\_

**S.O.F.T. – Support Organization for Trisomy**

Phone: 416-422-1393

Support Organization for Trisomy 18, 13, and Related Disorders (SOFT) is a nonprofit volunteer organization offering support for parents who have had or are expecting a child with a chromosome disorder (especially Trisomy 18 and Trisomy 13), and education to families and professionals interested in the care of these children

Contact: \_\_\_\_\_

**Southlake Regional Health Centre**

596 Davis Drive  
Newmarket, ON L3Y 2P9  
Tel: 905-895-4521  
Fax: 905-853-2220

Physician Referral Required:

- Seating Clinic - 905-895-4521, ext. 6239
- Neonatal Development Assessment Clinic - 905-895-4521, ext. 6239
- Asthma Clinic - Assessment, Education and Treatment - 905-895-4521, ext. 2617.

No Referral Required:

- You're the Star Program - a pre-operative orientation program for children 5-12 who are having surgery at Southlake - 905-895-4521, ext. 2665.

Contact: \_\_\_\_\_

**Spina Bifida & Hydrocephalus Association of Ontario (SB&H)**

555 Richmond Street West  
P.O. Box 103, Suite 1006  
Toronto, ON M5V 3B1  
Phone: 416-214-1056  
Toll-Free: 1-800-387-1575  
Fax: 416-214-1446  
E-Mail: [provincial@sbhao.on.ca](mailto:provincial@sbhao.on.ca)  
Web: [www.sbhao.on.ca](http://www.sbhao.on.ca)

Oshawa Community Contact Telephone: 905-725-6693

SB&H is committed to help find a cure while continuing to improve the quality of life of all individuals with spina bifida and/or hydrocephalus. The Association strives to build awareness and drive education, research, support, care and advocacy. Our programs and services include personal support and guidance, information and educational materials to help understand and cope for all age ranges, resource centre and lending library, a toll-free help line, Connections Linking Program, online community forum with a youth section and scholarship program.

Contact: \_\_\_\_\_

**Telehealth Ontario**

Toll-Free: 1-866-797-0000  
TTY: 1-866-797-0007

Telehealth Ontario is a free, confidential telephone service to call for health advice or general health information from a Registered Nurse 24 hours a day and 7 days a week.

Contact: \_\_\_\_\_

**The Sturge-Weber Foundation (Canada) Inc.**

1960 Prairie Avenue  
Port Coquitlam, BC V3B 1V4  
Phone: 604-942-9209  
E-Mail: [sturge-weber@shaw.ca](mailto:sturge-weber@shaw.ca)  
Web: [www.sturge-weber.ca](http://www.sturge-weber.ca)

Contact: \_\_\_\_\_

**Tiny Light Foundation**

Web: [www.thetinylight.com](http://www.thetinylight.com)

The Tiny Light Foundation is a non profit organization that provides professional photography for children and families that have been faced with life altering diagnoses.

Contact: \_\_\_\_\_

**Toronto Orthopedic Services**

2829 Dundas Street West  
Toronto, ON M6P 1Y6  
Toll-Free: 1-888-402-7223  
Web: [www.tortho.ca](http://www.tortho.ca)

Pediatric and adult clinics held with an orthotist, physiotherapists/ occupational therapists, doctors and parents. Satellite centres in the Durham Region are located at Grandview Children’s Centre and Ajax Community Centre in Ajax.

Contact: \_\_\_\_\_

**Tourette Syndrome Foundation of Canada**

National Office  
5945 Airport Road, Suite 195  
Mississauga, ON L4V 1R9  
Phone: 905-673-2255  
Toll-Free: 1-800-361-3120  
Fax: 905-673-2638  
E-Mail: [tsfc@tourette.ca](mailto:tsfc@tourette.ca)  
Web: [www.tourette.ca](http://www.tourette.ca)

Greater Toronto Chapter  
677 Carlaw Avenue  
Toronto, ON M4K 3K7  
Phone: 416-799-6976  
E-Mail: [greatertorontochapter@tourette.ca](mailto:greatertorontochapter@tourette.ca)

What we do:

for children and youth:

School in-service presentations  
National conference  
Special events/programs  
Video resources  
Online resources

for families:

Toll free info and referral line  
Parent support groups  
Parent advocacy resources  
Parent Workshops  
School in-service presentations  
National conference  
Book and video resources  
Online resources  
Online discussion forum  
National and local newsletters  
Peer-to-peer counselling  
Special events

Contact: \_\_\_\_\_

**Tuberous Sclerosis of Canada**

92 Caplan Avenue, Suite 125  
Barrie, ON L9N 0Z7  
Toll-Free: 1-888-223-2410 or 1-866-558-7278 (French)

Contact: \_\_\_\_\_



**Turner Syndrome Society of Canada**

Toll-Free: 1-800-465-6744

E-Mail: [info@turnersyndrome.ca](mailto:info@turnersyndrome.ca)

Web: <http://www.turnersyndrome.ca>

This non-profit charitable organization shares up-to-date medical information on Turner Syndrome to families, physicians and the public. They also provide local mutual support groups for individuals with TS and their families.

Contact: \_\_\_\_\_

**Umbrellas**

118 Cochrane Street

Whitby, ON L1N 5H8

Phone: 905-668-1858

Toll-Free: 1-800-825-6325

The Umbrellas program of Pinewood Centre, Lakeridge Health Corporation, offers support services especially for women who are pregnant or parenting child(ren) birth to 6 months and who have concerns about their use of drugs or alcohol. Service is available at all Pinewood locations and women are encouraged to identify pregnancy/parenting when making a referral.

Contact: \_\_\_\_\_

**Variety Village**

3701 Danforth Avenue

Scarborough, ON M1N 2G2

Phone: 416-699-7167

Fax: 416-699-4845

Web: [www.varietyvillage.ca](http://www.varietyvillage.ca)

By offering specialized programs and services, we create a level playing field without barriers, intimidation or other obstacles. Dedicated to people of all abilities, Variety Village is a great place to stay fit and have fun. From play, sport, and swim programs to summer camps, Variety Village is where the fun begins!

Contact: \_\_\_\_\_

**Velo-Cardio-Facial Syndrome Educational Foundation Inc.**

Web: <http://www.vcfsef.org>

Contact: \_\_\_\_\_

**Vision Institute**

16 York Mills Road, suite 110  
Toronto, ON M2P 2E5  
Phone: 416-224-2273  
Fax: 416-224-9234  
Web: [www.visioninstitute.optometry.net](http://www.visioninstitute.optometry.net)

The Vision Institute of Canada clinic offers both regular and specialized eye care services to patients of all needs and ages.

Contact: \_\_\_\_\_

**VOICE for Hearing Impaired Children**

161 Eglinton Avenue East, Suite 704  
Toronto, ON M4P 1J5  
Phone: 416-487-7719  
Toll-Free: 1-866-779-5144  
Fax: 416-487-7423  
E-Mail: [info@voicefordeafkids.com](mailto:info@voicefordeafkids.com)  
Web: [www.voicefordeafkids.com](http://www.voicefordeafkids.com)

VOICE is a parent support organization with four program areas supporting families who have children with hearing loss. The programs include parent-to-parent support, Auditory-Verbal Therapy and training, advocacy, and public information.

Contact: \_\_\_\_\_

**War Amps – CHAMP Program**

2827 Riverside Drive  
Ottawa, ON K1V 0C4  
Tel: 613-731-3821  
Toll-Free: 1-800-267-4023  
Fax: 613-731-4092  
E-Mail: [champ@waramps.ca](mailto:champ@waramps.ca)  
Web: <http://www.waramps.ca/home.html?&LangType=1033>

The CHAMP Program, which offers comprehensive services to child amputees and their families, is unique in the world. These services provide financial assistance for artificial limbs and various recreational devices as well as emotional support through programs such as Matching Mothers, Seminars and Junior Counselling. Access to a wealth of information resources is also available.

Contact: \_\_\_\_\_

**Windreach Farm**

312 Townline Road

Ashburn, ON L0B 1A0

Phone: 905-655-5827

Fax: 905-655-5652

Web: [www.windreachfarm.org](http://www.windreachfarm.org)

Contact: \_\_\_\_\_

**WrapAround Durham**

Durham Clinic

3165 Lambs Road

Bowmanville, ON L1C 3K5

Phone: 905-623-9901

Web: [http://www.shalemnetwork.org/Wrap\\_what\\_is\\_wraparound.html](http://www.shalemnetwork.org/Wrap_what_is_wraparound.html)

WrapAround is meant for persons or families who face multiple complex challenges at the same time - perhaps mental illness combined with poverty, special needs, medical issues, risk of homelessness, significant behavioural difficulties, or other challenges. In conversation, the facilitator does a thorough strengths discovery with the participant, helps the participant to prioritize their needs, and then pulls together a team of the participant's own choosing (usually 3 - 10 people). The team will then strategize with the participant to meet the needs with solutions based on the strengths of the participant, their family and the team

Contact: \_\_\_\_\_

**YMCA/YWCA Ontario Early Years Centres**

Web: [www.ontarioearlyyears.ca](http://www.ontarioearlyyears.ca)

**Durham Region Main Site**

45 West Side Drive

Bowmanville, ON L1C 4Y8

Phone: 905-697-3171

E-Mail: [oeyc.bowmanville@ymcagta.org](mailto:oeyc.bowmanville@ymcagta.org)

**Oshawa Main Site**

1 McGrigor Street

Oshawa, ON L1H 1X8

Phone: 905-723-9922

E-Mail: [oeyc@ywcadurham.org](mailto:oeyc@ywcadurham.org)

**Whitby-Ajax Main Site**

75 Centennial Road

Ajax, ON L1S 4A4

Phone: 905-619-4565

E-Mail: [oeyc.ajax@ymcagta.org](mailto:oeyc.ajax@ymcagta.org)

**Pickering-Ajax-Uxbridge Main Site**

1911 Dixie Road North

Pickering, ON L1V 1V4

Phone: 905-839-3007

E-Mail: [oeyc.pickering@ymcagta.org](mailto:oeyc.pickering@ymcagta.org)

**Satellite Centres:**

OEYC Newcastle: 905-987-6914

OEYC North Oshawa: 905-434-3831

OEYC Port Perry: 905-985-2824

OEYC Whitby: 905-666-4794

OEYC Westminster: 905-576-8998

Uxbridge Early Learning Centre: 905-852-2750

Parent & Family Literacy Best Start/Queen Elizabeth P.S.: 905-723-7042

Parent & Family Literacy Best Start/Dr. C.F. Cannon P.S.: 905-725-0344

Discover a YMCA/YWCA Ontario Early Years Program in your community. Ontario Early Years Centres offer:

- Free Early Learning Programs for parents/caregivers and their children birth to six years of age
- Parenting resources and training
- Pre- and Post-Natal resources
- Information about other Early Years services in your community
- Early Literacy Specialists to support programs for children birth to six years throughout Durham Region
- Lots of opportunities for volunteering

\* Please refer to the OEYC website for calendar information for your local centre.

Contact: \_\_\_\_\_

**NOTES**

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