#### **Other Resources**

- Residential Tenancies Act, 2006
- Condominium Act, 1998
- www.smokefreehome.com
- The Ontario Landlord and Tenant Board at 1-800-332-3234 or www. itb.gov.on.ca
- Smoke-Free Housing Ontario
- www.smokefreehousingon.ca

#### References

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Reif J, Bruns C, Lower K. Cancer of the nasal cavity and paranasal sinuses and exposure to environmental tobacco smoke in pet dogs. American Journal of Epidemiology 1998;147(5):488-92.

U.S. Department of Health and Human Services (2010). How Tobacco Smoke Causes Disease. The Biology and Behavioral Basis for Smoking-Attributable Diseases: A Report of the Surgeon General.

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Durham Health Connection Line 1-800-841-2729 or 905-668-2020 durham.ca

If you require this information in an accessible format, contact 1-800-841-2729.

HEALTH DEPARTMENT

DURHAM REGION

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# **Breathe Easy**

Smoke-Free Apartments, Condos and Townhomes

Information for Landlords

## What is Second-Hand Smoke?

There is no safe level of second-hand smoke. Second-hand smoke is the smoke that is blown into the air, and the smoke that enters the air from the burning end of a cigarette. There are more than 7000 chemicals in second-hand smoke and more than 69 of these can cause cancer.

There are many ways that smoke gets into other people's homes:

- Through open doors and windows (from a patio or balcony)
- Through outlets, cracks, gaps, cable or phone jacks, and ceiling fixtures
- Through shared vents

### Why Would I Want to Make My Units Smoke-Free?

There is a Demand	80% of people living in Ontario do not smoke and want smoke- free housing.
To Save Money	It costs less money to turn over a non- smoking unit.
Better Re-Sale Value	Smoke-free units have higher re-sale prices.
Reduce the Risk of Fire	Cigarettes are the #1 ignition source of fatal fires.

# What are My Rights as a Landlord?

You have a right to designate your building as non-smoking. You have a right to protect your property.

### How Do I Make My Building Non-Smoking?

Step 1: Strike a committee or working group

Step 2: Conduct a tenant survey

Step 3: Develop the policy

Step 4: Develop a communications strategy

Step 5: Develop an enforcement plan

Step 6: Implement the no-smoking building policy

Call Durham Region Health Department at 1-800-841-2729. Staff are available to help you make your building non-smoking.





