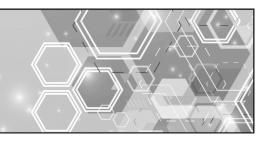


# Durham Region Health Department Facts about...



# Measles, Mumps, Rubella, Varicella Vaccine

#### What is it?

- The Measles, Mumps, Rubella and Varicella (MMRV) vaccine, called Priorix Tetra™ or ProQuad™ protects children against measles, mumps, rubella and varicella (chickenpox).
- All four of these diseases are viruses that are spread easily from person to person.
- For more information on these diseases, see <u>Facts About...Measles</u>, <u>Facts About...Mumps</u>, Facts About...Rubella and Facts About...Chickenpox.

### How effective is the MMRV vaccine?

- Children who receive two doses of MMR and varicella vaccines have close to 100% protection against measles; 76% to 95% protection against mumps; 97% protection against rubella; 98% protection against varicella.
- People who have had the vaccine may still get one of these diseases. However, the recovery is faster, and the symptoms tend to be milder.

# Who should get the vaccine?

Children 4 to 12 years of age.

In Ontario, two doses of MMR vaccine are required after the first birthday under the *Immunization of School Pupils Act* (ISPA). In addition, two doses of varicella vaccine are required after first birthday for students born in 2010 or later.

#### What is the schedule of the vaccine?

- Two doses of any chickenpox containing vaccine are required for people 4 to 12 years of age.
   The recommended interval for chickenpox containing vaccine is 3 months with minimum interval of 6 weeks.
- If there is not enough time between the 1<sup>st</sup> and 2<sup>nd</sup> dose of a live vaccine, a repeat dose will be needed.



#### Are there side effects with the vaccine?

- MMRV vaccine is safe and well tolerated. Side effects are usually mild and last a short time.
- The most common side effects are redness, pain and swelling where the needle was given. A rash can occur after immunization and if this happens talk to your health care provider.
- If you think a serious reaction is developing, seek medical attention right away. Any unusual or significant changes in your health or your child's health after receiving the vaccine should be reported to a health care provider and to the Health Department.

# Who should NOT get the vaccine?

- Children less than 4 years or older than 12 years of age.
- If you have a severe allergy (anaphylaxis) to any previous(s) or to any part of the vaccine.
- Pregnant clients.

For more information on the contents of vaccines refer to the Canadian Immunization Guide.

# Don't forget to update your immunization record!

After you or your child receives a vaccine, update your immunization record (yellow card). For children in school or childcare, please visit durham.ca/immunize to report online, or call the Health Department to update your child's immunization records. Keep your records in a safe place!



February 19, 2021