

## **Durham Region Health Department** FAX about...



For Health Care Professionals

## **COVID-19 Vaccine Update** Recommended Second Dose Interval

On November 15, 2021 the Ministry of Health updated guidance regarding the **recommended** interval between first and second doses of COVID-19 vaccines.

There is emerging evidence that longer intervals between the first and second doses of COVID-19 vaccines result in more robust and durable immune response and higher vaccine effectiveness.

The Ministry of Health is recommending an interval of 8 weeks (56 days) between first and second doses for Moderna and Pfizer-BioNTech vaccines and at least 8 weeks (56 days) for AstraZeneca vaccine.

Individuals wishing to receive their second dose at the minimum interval recommended by the Ministry of Health or authorized by Health Canada (page 15 of the document below) can do so with informed consent in discussion with a health care provider.

For additional information, please refer to Ministry of Health: COVID-19 Vaccine Administration version 2.0, November 15, 2021 available at:

https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/vaccine/COVID-19 vaccine administration.pdf

November 19, 2021





