



## Children's Developmental & Behavioural Supports

### Spring 2024 parent workshops

To register for workshops

Email [behaviouralsupports@durham.ca](mailto:behaviouralsupports@durham.ca) or call 905-668-4113 ext. 2829.

- In-person sessions will be held at 605 Rossland Road E, Whitby (corner of Rossland Road E and Garden Street)
  - Virtual or Hybrid sessions will run using Microsoft Teams. Participants will be sent the link to join the sessions via email along with handouts.
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### Distractible Child

Tuesday's, April 16, 23 and 30, 2024

6:00 pm to 8:30 pm.

Location: 605 Rossland Road E, Whitby – Room 1B

Main floor – Regional Municipality of Durham building

Presented by Therecia Tross and Nellany Christy

Does your child have a hard time focusing, shifting their attention, or is easily distracted by their surroundings? This three-part series will discuss a variety of positive prevention strategies, methods to promote improving attention to tasks and limiting distractions, as well as how to respond when behaviour occurs that interferes with their success.

#### Please Note

This is an in-person workshop with limited capacity.

Attendance is required for all three sessions.

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## Co-operation & Reinforcement

Friday's, May 3, 10 and 17, 2024

9:30 to noon.

Location: 605 Rossland Road E, Whitby – Room 1A

Main floor – Regional Municipality of Durham building

Presented by Bonita Zulauf and Lynne Wojnarowski

Are you feeling frustrated that your child is not listening to you? Do you feel like you say the same things over and over? Does your child refuse to do things that you ask or just ignore your requests? By the end of the three sessions participants will have a better understanding of:

- Why your child may not be doing what you ask of them.
- How to effectively give instructions using reinforcement.
- How to help your child end a favourite activity.
- How to support communication using visuals

During the sessions you will receive several tips and tricks and every caregiver will receive a make and take reinforcement strategy.

Please Note

This is an in-person workshop with limited capacity.

Attendance is mandatory for all three sessions.

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## Ready – Set – Potty

### Toilet Training Your Child

Friday, May 24, 2024

12:30 to 2:30 pm

or

6:00 – 8:00 pm

Location: 605 Rossland Road E, Whitby or Join Virtually

Presented by Bonita Zulauf and Jennifer Watts

Is your child ready to be toilet trained? Why is the process so difficult? This workshop will provide an overview of toilet training and discuss strategies to enhance readiness skills. The workshop will include strategies appropriate for all children, including those with special needs and/or developmental delays. For those attending in person there will be an opportunity to make visuals to take home.

Please Note: These sessions will run in-person at 605 Rossland Road E. Whitby as well as virtually using Microsoft Teams. When registering please choose which time you wish to attend and whether you wish to attend in person or virtually. If you are joining us virtually, the presenter will send you an email with a link to join the session along with handouts.

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