

Massage and Tanning

Before the Service:

- Inspect the skin. Do not treat inflamed or infected skin or skin with a rash.

You do not have to see blood or bodily fluids on instruments for an infection to occur.

Equipment:

- All products (e.g., lotions, oils, etc.) must be dispensed in a manner that does not contaminate the remaining portion. These products cannot be re-used.
- Some reusable equipment and instruments (e.g., chairs, tables, headrests, reusable protective eyewear, tanning units, hot stones, etc.) must be cleaned and then disinfected (low to high level disinfectant) between clients – refer to *Cleaning, Disinfection & Sterilization Flowchart*.
- Equipment and instruments that cannot be properly cleaned and disinfected between clients are single use (e.g., disposable protective eyewear, etc.).
- Equipment surfaces (e.g., control unit, etc.) touched by the worker or client during the procedure shall be cleaned and low level disinfected after each client.
- Equipment used that does not touch the client shall be cleaned at the end of the day as per manufacturer's directions.
- All clean items, instruments and equipment must be stored in a sanitary manner (e.g., covered containers, etc.) when not in use.
- All chemicals must be properly labelled with name of product and directions for use, especially if provided for client's use.
- Refer to Health Canada's revised [Guidelines for Tanning Equipment Owners, Operators and Users](#) for information on:
 - Risks of tanning
 - Tanning safety guidelines
 - Protective eyewear to be used with tanning equipment
 - Products that increase sensitivity to ultraviolet radiation
 - Radiation emitting devices regulations
 - Criteria for exclusion for use of tanning equipment (minors, certain skin types)



Durham Health Connection Line

905-668-2020 or 1-800-841-2729
durham.ca/KnowBeforeYouGo

