

# Make It or Break It Game Situation Cards

(recommended for grades 9-12)



*Adapted with permission from Middlesex-London Health Unit (October 2022)*



HEALTH  
DEPARTMENT

Durham Health Connection Line | 905-668-2020 or 1-800-841-2729  
[durham.ca/sexualhealth](https://durham.ca/sexualhealth)

If you require this information in an accessible format, contact 1-800-841-2729.



**Your partner and  
their family are  
very rich**

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**Your partner has  
annoying habits-like  
biting their nails**

**Your partner  
tells you they are  
bi-sexual**

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**The person cheated  
on you (makes out  
with someone else)**

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**Your partner cheats  
on you (has sex with  
someone else)**

**Your partner is  
diagnosed with a  
life-long illness**

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**Your partner  
never spends  
money on you,  
you always spend  
money on them**

**Your partner is  
diagnosed with  
Depression or  
Anxiety**

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**Your partner got a  
new job or school  
opportunity and  
has to move far  
away**

**Your partner has  
a fetish you don't  
share**

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**Your partner has a  
criminal record**

**Your partner  
has an STI**

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**Your partner has a  
genetic disease that  
would pass onto  
their children**



**Your partner's  
family/ friends  
don't like you**

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**Your partner  
doesn't like your  
parent's /friends**

**Your partner is  
constantly spilling  
the tea and  
involved in all the  
drama**

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**Your partner  
regularly looks  
at porn**

**You find out they  
are a 'morning'  
person and like  
to be up by 6a.m.  
everyday**

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**Your partner  
has a child  
from a previous  
relationship**

**Your partner  
drinks every  
weekend with  
their friends**

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**Your partner uses  
cannabis regularly**

**You and your  
partner argue  
constantly about  
the little things**

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**Your partner's  
family is poor**

**You and your  
partner decide to  
go on a break**

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**When you break up,  
your partner posts  
nasty things about  
you on Snapchat or  
Instagram**

**Your partner plays  
competitive sports  
and can only see you  
one day a week**

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**Your partner told you  
they were staying in for  
the night and couldn't  
hang out. You then see  
them in snaps/insta  
stories at a party**

**Your best friend tells  
you they saw your  
partner making out  
with someone, but  
your partner denies it**

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**Your partner doesn't  
want you to hang  
out with your  
friends**



**Your partner is  
addicted to their  
phone or video  
games**

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**Your partner  
hooked up with  
your friends before  
you started dating  
and didn't tell you**