

CANNABIS

use among Durham Region Students Grades 9-12*

Cannabis use is illegal for anyone under 19 in Ontario.

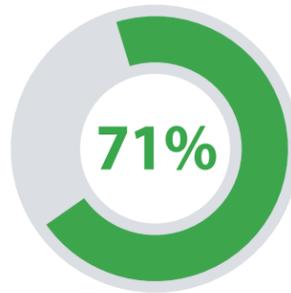
What Do Durham Region Secondary Students Say?



Do not intend to use cannabis when legalized



Have never been a passenger with a driver who has been drinking alcohol or using drugs



Did not use cannabis in the past year



Have never driven after drinking alcohol or using drugs

Know The Health Effects:



Youth who begin using cannabis at a young age are at greater risk since the brain is still developing up until the mid-20s.



Youth who regularly use cannabis are more likely to develop mental health and education problems.



Using cannabis slows a person's reaction time and creates tunnel vision. This can limit what they detect on the road, like people and other cars, and increases the risk of a crash.



Regular use of cannabis during adolescence increases the chance of developing substance use problems.

Know The Risks: Your Risk Of Harm Increases When...



THC content is high and/or synthetic products (K2 or Spice) are used



Cannabis is mixed with alcohol



Cannabis use starts at a young age



Cannabis is smoked: While there is no safe form, smoking cannabis can cause lung problems including cancer



Cannabis is used daily or almost daily

4 Steps Parents Can Take...



Durham Health Connection Line
905 668-2020 or 1-800-841-2729
durham.ca/cannabis



* Statistics obtained from OSDUHS 2017

If you require this information in an accessible format, contact 1-800-841-2729.