

Infant and Child Development Program

Family Service Plan (FSP)

At Infant & Child Development (ICD), service is driven by the Family Service Plan that we create together. This FSP will list your priorities for your child's development and will include strategies that work within your family's routines. The FSP may change based on your priorities during service.

Things to consider...

- What makes your child happy?
- What does your child enjoy doing?
- What would you like to work on right now?
- What parts of your routine are going well?
- What new skills would you like your child to learn?



An early start to a bright future



Family Interview

At the time of intake you complete the Family Interview over the phone.

1st Home Visit

You and the Consultant talk about your child's development and priorities within your daily routines.

2nd Home Visit

You and the Consultant create the FSP together listing your priorities and supporting strategies.

Ongoing Home Visits

You and the Consultant use the FSP to guide visits to support your priorities with your child's development.

Service Completed

Service is completed when FSP priorities have been supported and a plan for future priorities has been discussed.

Services Offered:

- Support your child's development through informal and formal assessments.
- Provide coaching and modeling.
- Provide activity ideas to support your child's daily routine.
- Assist with accessing resources and community services.
- Occupational Therapy consultation.

Caregiver Role:

- Actively participate in visits.
- Create priorities and strategies with your consultant.
- Practice the strategies during your family's daily routine.
- Provide updates about your child and the strategies being used.
- Provide feedback about how service is meeting your family's needs.
- Let your consultant know about illness in your home or when you need to cancel a visit.

ICD Consultant Information



HEALTH
DEPARTMENT
Oct. 2025

Durham Health Connection Line
905-668-2020 or 1-800-841-2729
durham.ca/infantdevelopment

Dial 311 (within regional limits)

If you require this information in an accessible format, contact 1-800-841-2729.

