



Informed Consent

Parenting in Durham Survey

Thank you for considering participating in the *Parenting in Durham Region Survey*! We want to make sure you fully understand what the survey involves before you begin.

Your participation is voluntary, and you can withdraw at any time. The responses you provide will not impact the programs or services that you receive from the Durham Region Health Department.

Purpose of the Survey

The purpose of this survey is to gather information about the needs of parents and caregivers in Durham Region, specifically those with children aged 3 to 6. We want to better understand the challenges parents face and what programs, services, and educational materials are needed to support their child's healthy growth and development. Your responses will help guide improvements in educational materials, local programs, and services for families like yours.

Eligibility

To participate, you must meet the following criteria:

- You live in one of the municipalities in Durham Region: Ajax, Brock, Clarington, Oshawa, Pickering, Scugog, Uxbridge, or Whitby.
- You are a parent or caregiver of a child aged 3 to 6 years. We use the terms “parent” and “caregiver” to refer to anyone who regularly provides care for the child (e.g., biological parents, legal parents, grandparents, or others).
- If more than one parent or caregiver is involved in your child's care, each person can complete the survey separately to share their individual perspectives.



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What You Will Be Doing

If you choose to participate, you will be asked to complete an online survey that will take approximately 15 minutes. The survey includes questions about your experiences, challenges, and needs as a parent or caregiver. Your responses will be anonymous and will help guide improvements in local programs and services for families like yours.

The last day to complete the survey is **Friday, December 19, 2025**.

Confidentiality

Your privacy is very important to us. All of your responses will be kept strictly confidential and will only be used for the purposes of this survey. Any information you provide will be stored securely and will not be shared with anyone outside the Durham Region Health Department. If you provide comments in a language other than English, we may share your responses with a translation service to translate them. If a translation service is used, they will be bound by confidentiality agreements to ensure your information remains private. Data will be summarized and reported so that survey responses cannot be linked to any individuals.

Prize Draw

As a thank you for completing the survey, we are offering the chance to win one (1) of eight (8) \$25 [AnyCard gift cards](#). If you wish to enter the prize draw, we will ask for some personal information (your name, email address, and phone number). This information will only be used to contact you if you are selected as a winner and will not be linked to your survey responses. If you prefer, you may complete the survey without entering the prize draw.

Winners will be contacted within four (4) weeks of the survey end date.



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Reporting Results

The results of this survey will be summarized in a report that may be shared with Regional partners. Your responses will be presented in a summarized and anonymous form, meaning that you will not be identified in any way in our reports and publications.

Withdrawing from the Survey

Your participation in this survey is completely voluntary. You are free to withdraw from the survey at any time without any consequences. If you choose to withdraw, simply exit the survey before completing it, and your responses will not be included in the survey data.

Since your responses are anonymous, we will not be able to identify your responses after submission. As a result, we cannot exclude you from the survey after you submit the survey.

If you decide to withdraw after entering the prize draw, you can contact us at parentingsurvey@durham.ca to have your personal information removed from the draw and our records.

Benefits and Risks

While there are no direct benefits to you for participating, your responses will guide improvements in educational materials and local programs and services for families in Durham Region. Additionally, as you complete the survey, you may learn about local parenting programs, services, and resources that you were not previously aware of, which could benefit you and your family.

There are no significant risks associated with participating in this survey. However, if any questions make you feel uncomfortable or distressed, you may select “I prefer not to answer” or exit the survey.



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Contact Information

If you have any questions about the survey or need further clarification, please feel free to contact the research team at parentingsurvey@durham.ca.

By continuing with the survey, you consent to participate in this survey. As a reminder, you can withdraw anytime before submitting the survey, and your decision will not affect any services or support you receive from the Durham Region Health Department.

If you have already entered the prize draw and decide to withdraw, you can contact us at parentingsurvey@durham.ca to have your personal information removed from the draw and our records.

Questions about the collection of personal information should be addressed to:

Manager, Health Information, Privacy and Security
Durham Region Health Department
605 Rossland Rd E.
P.O. Box 730
Whitby, ON L1N 0B2
(905) 668-7711

Do you meet all of the following requirements?

- You live in one of Durham Region's municipalities: Ajax, Brock, Clarington, Oshawa, Pickering, Scugog, Uxbridge, or Whitby.
 - You are a parent or caregiver of a child aged 3 to 6 years.
- ☐ Yes
- ☐ No



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Statement of Consent

By selecting 'I Agree' below, you confirm that you have read and understood the information provided about this survey. You acknowledge that your participation is voluntary and that you may withdraw at any time without consequence.

If you agree to participate, please proceed with the survey

- ☐ I Agree
- ☐ I Do Not Agree