

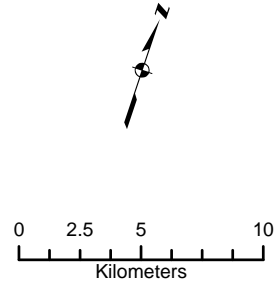
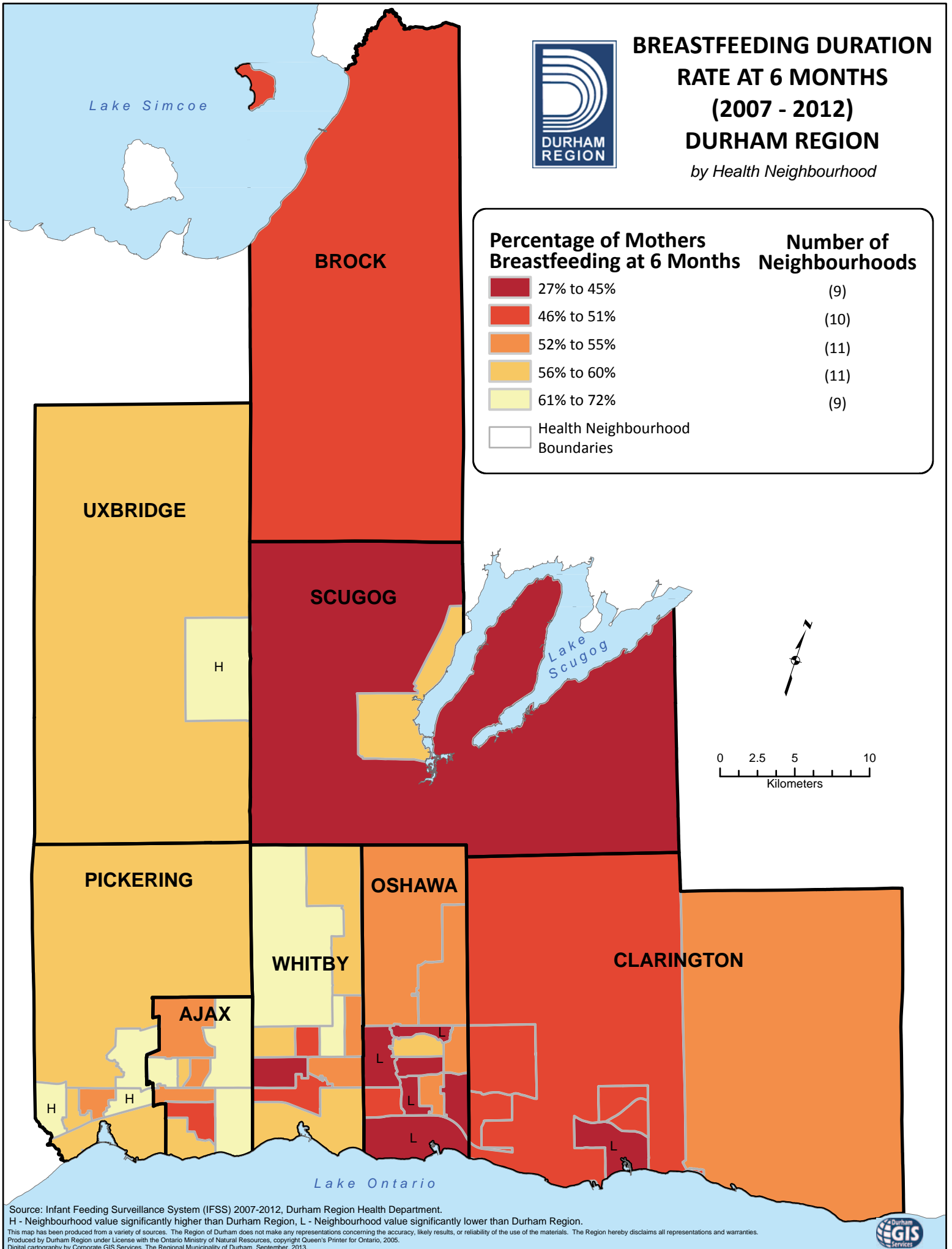


BREASTFEEDING DURATION RATE AT 6 MONTHS (2007 - 2012) DURHAM REGION

by Health Neighbourhood

Percentage of Mothers Breastfeeding at 6 Months **Number of Neighbourhoods**

	27% to 45%	(9)
	46% to 51%	(10)
	52% to 55%	(11)
	56% to 60%	(11)
	61% to 72%	(9)
	Health Neighbourhood Boundaries	



Source: Infant Feeding Surveillance System (IFSS) 2007-2012, Durham Region Health Department.
 H - Neighbourhood value significantly higher than Durham Region, L - Neighbourhood value significantly lower than Durham Region.
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Breastfeeding Duration Rate at 6 Months (2007-2012)
Table 1: Health Neighbourhoods Indicator Summary

↻ Higher is Better



	Percentage	95% Confidence Interval	Compared to Durham Rate		
			Lower	Similar	Higher
Pickering	62%	57 - 67			↻
Frenchman's Bay (P1)	57%	43 - 69			
West Rouge (P2)	72%	60 - 81			↻
Amberlee (P3)	56%	41 - 70			
Dunbarton (P4)	55%	42 - 68			
Pickering City Centre (P5)	69%	56 - 79			↻
Brock Ridge Pickering (P6)	62%	47 - 75			
Pickering North (P7)	58%	43 - 72			
Ajax	58%	54 - 61			↻
Ajax Waterfront (A1)	60%	44 - 75			
Downtown Ajax (A2)	48%	36 - 61			
Carruthers (A3)	63%	54 - 71			
Central Ajax (A4)	53%	40 - 66			
Riverside-Hermitage (A5)	62%	46 - 76			
Westney Heights (A6)	60%	47 - 73			
Applecroft (A7)	55%	43 - 67			
Ajax Northwest (A8)	54%	46 - 63			
Ajax Northeast (A9)	61%	53 - 68			
Whitby	55%	52 - 59			
Whitby South (W1)	56%	47 - 66			
Downtown Whitby (W2)	47%	37 - 58			
Cochrane South (W3)	43%*	28 - 59			
Manning (W4)	53%	41 - 65			
Williamsburg (W5)	57%	47 - 67			
Whitby Brock North (W6)	51%	40 - 62			
Dryden-Anderson (W7)	64%	51 - 75			
Dryden East (W8)	54%	43 - 65			
Brooklin East (W9)	56%	48 - 65			
Brooklin West (W10)	62%	53 - 70			
Oshawa	45%	42 - 48	↻		
Lakeview (O1)	34%	26 - 43	↻		
Gibb West (O2)	51%	39 - 62			
Downtown Oshawa (O3)	27%*	16 - 42	↻		
Central Park (O4)	55%	44 - 66			
Grandview South (O5)	43%	30 - 57			
Stevenson North (O6)	39%	29 - 49	↻		
Hillsdale (O7)	41%	30 - 53			
Beatrice South (O8)	57%	45 - 69			
Grandview North (O9)	52%	41 - 62			
Beatrice North (O10)	31%*	20 - 44	↻		
Oshawa Northwest (O11)	52%	41 - 63			
Oshawa Northeast (O12)	53%	44 - 63			
Clarington	46%	42 - 51	↻		
Courtice South (C1)	46%	38 - 56			
Courtice North (C2)	50%	34 - 66			
Bowmanville South (C3)	40%	31 - 50	↻		
Bowmanville Central (C4)	46%	34 - 59			
Bowmanville North (C5)	47%	38 - 55			
Darlington (C6)	50%*	32 - 68			
Clarke (C7)	52%	40 - 63			
Scugog	50%	41 - 59			
Port Perry (S1)	58%	43 - 72			
Rural Scugog (S2)	45%	33 - 57			
Uxbridge	65%	54 - 75			
Urban Uxbridge (U1)	71%	57 - 83			↻
Rural Uxbridge (U2)	56%	38 - 73			
Brock					
Brock (B1)	51%	40 - 63			
Durham Region	53%	51 - 54			
Range	27% - 72%				

Source: Infant Feeding Surveillance System (IFSS) 2007-2012, Durham Region Health Department.

Note: Lower (down arrow) or Higher (up arrow) means that the 95% confidence intervals do not overlap and that the rates are different from Durham Region.

Breastfeeding Duration Rate at 6 Months (2007-2012)

Table 2: List of Health Neighbourhoods ranked from lowest to highest.

Order	Health Neighbourhoods	Percentage	Compared to Durham Region (Higher is Better)	Quintiles
1	Downtown Oshawa (O3)	27%*	LOWER	1
2	Beatrice North (O10)	31%*	LOWER	1
3	Lakeview (O1)	34%	LOWER	1
4	Stevenson North (O6)	39%	LOWER	1
5	Bowmanville South (C3)	40%	LOWER	1
6	Hillsdale (O7)	41%	similar	1
7	Cochrane South (W3)	43%*	similar	1
8	Grandview South (O5)	43%	similar	1
9	Rural Scugog (S2)	45%	similar	1
10	Bowmanville Central (C4)	46%	similar	2
11	Courtice South (C1)	46%	similar	2
12	Bowmanville North (C5)	47%	similar	2
13	Downtown Whitby (W2)	47%	similar	2
14	Downtown Ajax (A2)	48%	similar	2
15	Courtice North (C2)	50%	similar	2
16	Darlington (C6)	50%*	similar	2
17	Gibb West (O2)	51%	similar	2
18	Whitby Brock North (W6)	51%	similar	2
19	Brock (B1)	51%	similar	2
20	Grandview North (O9)	52%	similar	3
21	Oshawa Northwest (O11)	52%	similar	3
22	Clarke (C7)	52%	similar	3
23	Manning (W4)	53%	similar	3
24	Central Ajax (A4)	53%	similar	3
25	Oshawa Northeast (O12)	53%	similar	3
26	Dryden East (W8)	54%	similar	3
27	Ajax Northwest (A8)	54%	similar	3
28	Dunbarton (P4)	55%	similar	3
29	Central Park (O4)	55%	similar	3
30	Applecroft (A7)	55%	similar	3
31	Amberlee (P3)	56%	similar	4
32	Rural Uxbridge (U2)	56%	similar	4
33	Brooklin East (W9)	56%	similar	4
34	Whitby South (W1)	56%	similar	4
35	Frenchman's Bay (P1)	57%	similar	4
36	Beatrice South (O8)	57%	similar	4
37	Williamsburg (W5)	57%	similar	4
38	Port Perry (S1)	58%	similar	4
39	Pickering North (P7)	58%	similar	4
40	Westney Heights (A6)	60%	similar	4
41	Ajax Waterfront (A1)	60%	similar	4
42	Ajax Northeast (A9)	61%	similar	5
43	Brooklin West (W10)	62%	similar	5
44	Riverside-Hermitage (A5)	62%	similar	5
45	Brock Ridge Pickering (P6)	62%	similar	5
46	Carruthers (A3)	63%	similar	5
47	Dryden-Anderson (W7)	64%	similar	5
48	Pickering City Centre (P5)	69%	HIGHER	5
49	Urban Uxbridge (U1)	71%	HIGHER	5
50	West Rouge (P2)	72%	HIGHER	5

Breastfeeding Duration Rate at 6 Months (2007-2012)

Table 3: Breastfeeding duration at six months rate by Durham Region Municipality

Municipality	Percentage	Number of Mothers Breastfeeding	Compared to Durham Region (Higher is Better)
Pickering	62.0%	258	HIGHER
Ajax	57.8%	449	HIGHER
Whitby	55.3%	503	similar
Oshawa	45.2%	443	LOWER
Clarington	46.5%	269	LOWER
Scugog	50.0%	63	similar
Uxbridge	65.4%	53	similar
Brock	51.3%	39	similar
Durham Region	52.6%	2,077	

What You Need to Know

- A higher breastfeeding duration rate is better for health.
- The breastfeeding duration rate ranges by Health Neighbourhood from 27% to 72%.
- Rates are lowest in Oshawa and Clarington Neighbourhoods and highest in Pickering Neighbourhoods and Urban Uxbridge. Mothers who are older, have higher education, higher income, or who are born outside of Canada are more likely to breastfeed longer.

Indicator Notes

- The Breastfeeding Duration Rate is the number of mothers who breastfed their babies for at least 6 months divided by the total number of women who completed the telephone survey as part of the Infant Feeding Surveillance System, multiplied by 100.
- Source: Infant Feeding Surveillance System (IFSS) 2007-2012, Durham Region Health Department.
- This indicator reflects the combined percentage of mothers providing breastmilk only (exclusive breastfeeding) as well as both breastmilk and breastmilk substitute (formula). Breastfeeding status was determined through a telephone survey of mothers conducted by public health nurses six to seven months after the birth of the baby.
- Six years of data were grouped to obtain sufficient sample size at the Neighbourhood level. Because the IFSS oversamples teen mothers, the data were weighted accordingly to reflect the distribution of teen and adult mothers in the population.
- Neighbourhoods were sorted into five groupings (quintiles) based on the breastfeeding percentage. Approximately 10 Neighbourhoods are in each quintile.
- Neighbourhoods were compared with Durham Region based on their confidence intervals. Those with rates that were lower or higher had 95% confidence intervals that did not overlap with those of Durham Region and were significantly different.
- For more information about breastfeeding rates in Durham Region, see Family Health Statistics at durham.ca/healthstats.

Release Date: January 2015.

For more information, refer to The Guide to Health Neighbourhoods.

If you require this information in an accessible format, contact 1-800-841-2729.