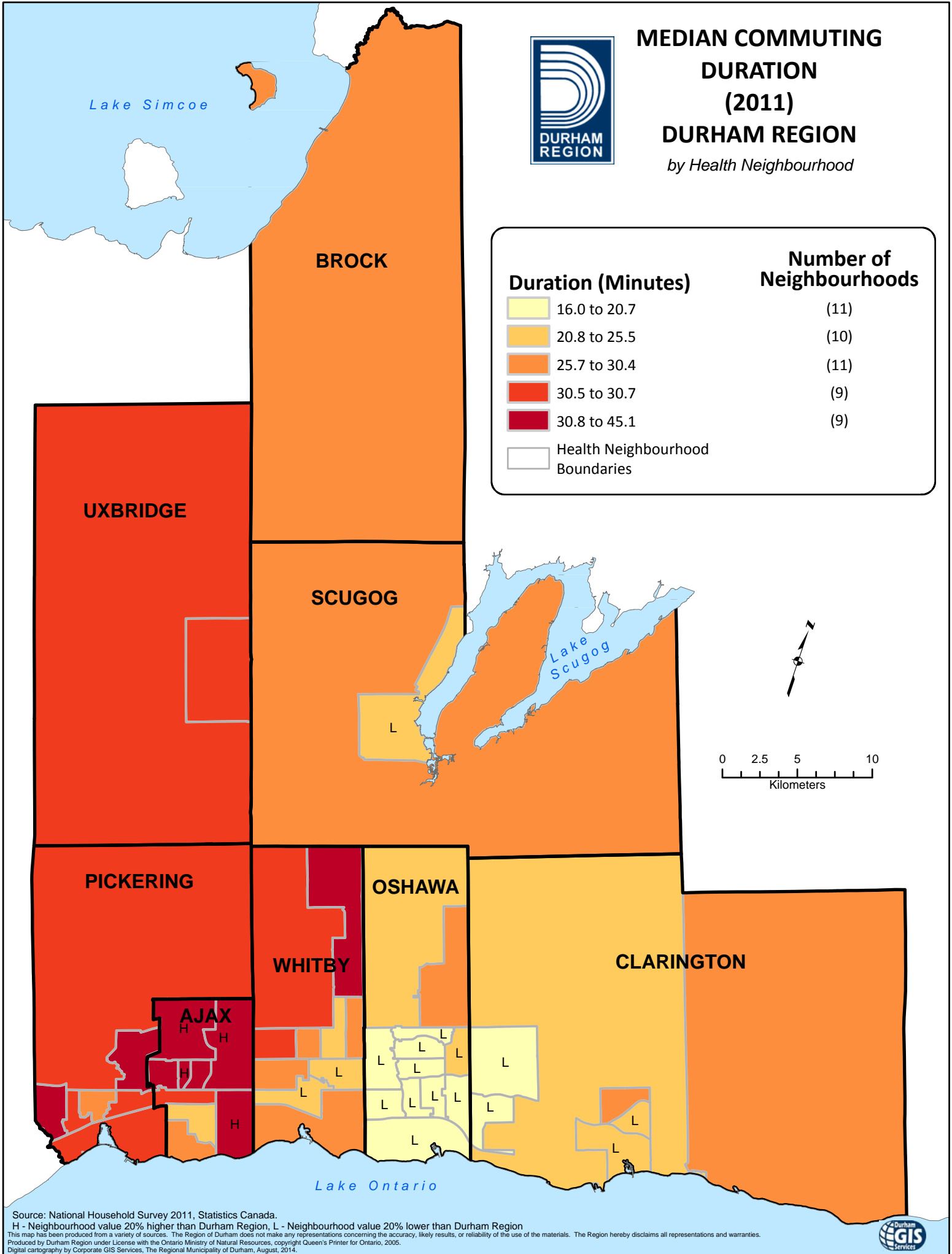
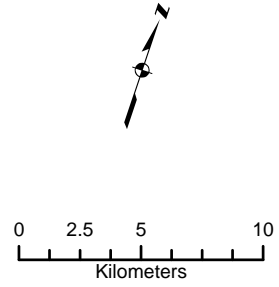




**MEDIAN COMMUTING
DURATION
(2011)
DURHAM REGION**
by Health Neighbourhood



Duration (Minutes)	Number of Neighbourhoods
16.0 to 20.7	(11)
20.8 to 25.5	(10)
25.7 to 30.4	(11)
30.5 to 30.7	(9)
30.8 to 45.1	(9)
Health Neighbourhood Boundaries	



Source: National Household Survey 2011, Statistics Canada.
 H - Neighbourhood value 20% higher than Durham Region, L - Neighbourhood value 20% lower than Durham Region
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Median Commuting Duration (2011)

Table 1: Health Neighbourhoods Indicator Summary

	Median Duration (Minutes)	Compared to Durham Rate		
		Lower	Similar	Higher
Pickering	30.6			
Frenchman's Bay (P1)	30.5			
West Rouge (P2)	30.8			
Amberlee (P3)	30.5			
Dunbarton (P4)	30.4			
Pickering City Centre (P5)	30.7			
Brock Ridge Pickering (P6)	35.9			
Pickering North (P7)	30.5			
Ajax	35.1			
Ajax Waterfront (A1)	30.4			
Downtown Ajax (A2)	25.3			
Carruthers (A3)	40.1			é
Central Ajax (A4)	30.6			
Riverside-Hermitage (A5)	30.9			
Westney Heights (A6)	40.0			é
Applecroft (A7)	30.8			
Ajax Northwest (A8)	40.3			é
Ajax Northeast (A9)	45.1			é
Whitby	30.1			
Whitby South (W1)	30.3			
Downtown Whitby (W2)	20.8	é		
Cochrane South (W3)	30.0			
Manning (W4)	20.8	é		
Williamsburg (W5)	30.6			
Whitby Brock North (W6)	30.1			
Dryden-Anderson (W7)	25.1			
Dryden East (W8)	30.1			
Brooklin East (W9)	30.8			
Brooklin West (W10)	30.7			
Oshawa	20.5	é		
Lakeview (O1)	20.4	é		
Gibb West (O2)	20.1	é		
Downtown Oshawa (O3)	20.6	é		
Central Park (O4)	20.1	é		
Grandview South (O5)	20.3	é		
Stevenson North (O6)	16.0	é		
Hillsdale (O7)	20.2	é		
Beatrice South (O8)	20.3	é		
Grandview North (O9)	20.9	é		
Beatrice North (O10)	20.7	é		
Oshawa Northwest (O11)	25.5			
Oshawa Northeast (O12)	25.9			
Clarington	21.0	é		
Courtice South (C1)	20.7	é		
Courtice North (C2)	20.5	é		
Bowmanville South (C3)	20.9	é		
Bowmanville Central (C4)	20.9	é		
Bowmanville North (C5)	25.9			
Darlington (C6)	25.3			
Clarke (C7)	25.7			
Scugog	30.1			
Port Perry (S1)	20.9	é		
Rural Scugog (S2)	30.4			
Uxbridge	30.7			
Urban Uxbridge (U1)	30.7			
Rural Uxbridge (U2)	30.6			
Brock				
Brock (B1)	30.4			
Durham Region	30.1	Higher than Ontario		
Range	16.0 - 45.1			
Ontario	20.8			

Source: National Household Survey 2011, Statistics Canada.

Note: "Lower" (down arrow) refers to at least 20% lower than the Durham Region rate, "Higher" (up arrow) refers to at least 20% higher.

Median Commuting Duration (2011)

Table 2: List of Health Neighbourhoods ranked from lowest to highest

Order	Health Neighbourhood	Median Duration (Minutes)	Compared to Durham Region	Quintile
1	Stevenson North (O6)	16.0	LOWER	1
2	Gibb West (O2)	20.1	LOWER	1
3	Central Park (O4)	20.1	LOWER	1
4	Hillsdale (O7)	20.2	LOWER	1
5	Grandview South (O5)	20.3	LOWER	1
6	Beatrice South (O8)	20.3	LOWER	1
7	Lakeview (O1)	20.4	LOWER	1
8	Courtice North (C2)	20.5	LOWER	1
9	Downtown Oshawa (O3)	20.6	LOWER	1
10	Beatrice North (O10)	20.7	LOWER	1
11	Courtice South (C1)	20.7	LOWER	1
12	Downtown Whitby (W2)	20.8	LOWER	2
13	Manning (W4)	20.8	LOWER	2
14	Grandview North (O9)	20.9	LOWER	2
15	Bowmanville South (C3)	20.9	LOWER	2
16	Bowmanville Central (C4)	20.9	LOWER	2
17	Port Perry (S1)	20.9	LOWER	2
18	Dryden-Anderson (W7)	25.1	similar	2
19	Downtown Ajax (A2)	25.3	similar	2
20	Darlington (C6)	25.3	similar	2
21	Oshawa Northwest (O11)	25.5	similar	2
22	Clarke (C7)	25.7	similar	3
23	Oshawa Northeast (O12)	25.9	similar	3
24	Bowmanville North (C5)	25.9	similar	3
25	Cochrane South (W3)	30.0	similar	3
26	Whitby Brock North (W6)	30.1	similar	3
27	Dryden East (W8)	30.1	similar	3
28	Whitby South (W1)	30.3	similar	3
29	Dunbarton (P4)	30.4	similar	3
30	Ajax Waterfront (A1)	30.4	similar	3
31	Rural Scugog (S2)	30.4	similar	3
32	Brock (B1)	30.4	similar	3
33	Frenchman's Bay (P1)	30.5	similar	4
34	Amberlee (P3)	30.5	similar	4
35	Pickering North (P7)	30.5	similar	4
36	Central Ajax (A4)	30.6	similar	4
37	Williamsburg (W5)	30.6	similar	4
38	Rural Uxbridge (U2)	30.6	similar	4
39	Pickering City Centre (P5)	30.7	similar	4
40	Brooklin West (W10)	30.7	similar	4
41	Urban Uxbridge (U1)	30.7	similar	4
42	West Rouge (P2)	30.8	similar	5
43	Applecroft (A7)	30.8	similar	5
44	Brooklin East (W9)	30.8	similar	5
45	Riverside-Hermitage (A5)	30.9	similar	5
46	Brock Ridge Pickering (P6)	35.9	similar	5
47	Westney Heights (A6)	40.0	HIGHER	5
48	Carruthers (A3)	40.1	HIGHER	5
49	Ajax Northwest (A8)	40.3	HIGHER	5
50	Ajax Northeast (A9)	45.1	HIGHER	5

Median Commuting Duration (2011)

Table 3: Median commuting duration for workers aged 15+ years by Durham Region Municipality

Municipality	Median Duration (Minutes)	Compared to Durham Region
Pickering	30.6	similar
Ajax	35.1	similar
Whitby	30.1	similar
Oshawa	20.5	LOWER
Clarington	21.0	LOWER
Scugog	30.1	similar
Uxbridge	30.7	similar
Brock	30.4	similar
Durham Region	30.1	Higher than Ontario
Ontario	20.8	

What You Need to Know

- Although a lower commuting duration may be thought to be better for health, this is not necessarily the case. People who walk or bike to work, or who take public transportation, may spend more time commuting than those who travel by car, but they are using a healthier mode of transportation. However, a long commute may have an impact on family life and lead to less time available for other activities that contribute to better health. This indicator is classified as neutral in terms of the direction related to health.
- The median commuting duration ranges by Health Neighbourhood from 16.0 to 45.1 minutes.
- Neighbourhoods in west Durham Region have the longest commutes, particularly those in Ajax. People from these Neighbourhoods may be travelling to Toronto to work. Neighbourhoods in Oshawa, Courtice, Port Perry and central Whitby have the shortest commutes.

Indicator Notes

- This indicator refers to how many minutes it took for a person to travel from home to work.
- Source: National Household Survey (NHS) 2011, Statistics Canada.
- Commuting applies to the population aged 15 years and over in private households who, when asked at the time of the Census, worked at some time since January 1, 2010, and who reported having a usual place of work or no fixed workplace address.
- The NHS replaced the long-form Census in 2011. As a voluntary survey, the NHS has more non-response bias than a census so there is a risk that the results are not representative of the actual population, especially in smaller areas or population groups.
- Statistics Canada uses the global non-response rate (GNR) to assess the quality of the NHS estimates for various geographies. NHS estimates for any area with a GNR greater than or equal to 50% have a high level of error and should not be released.
- The GNR ranges by Health Neighbourhood from 19.3% to 46.9%. In general, rural areas tend to have a higher GNR.
- Neighbourhoods were sorted into five groupings (quintiles) based on the percentage of recent immigrants. Approximately 10 Neighbourhoods are in each quintile.
- Lower refers to at least 20% lower than Durham Region. Higher refers to at least 20% higher.
- For more information on this indicator see, [National Household Survey Dictionary, 2011](#)

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For more information, refer to The Guide to Health Neighbourhoods.

If you require this information in an accessible format, contact 1-800-841-2729.