

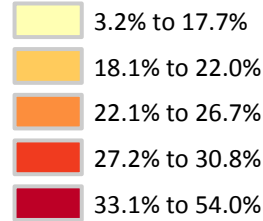


# SENIORS LIVING ALONE (2011)

## DURHAM REGION

by Health Neighbourhood

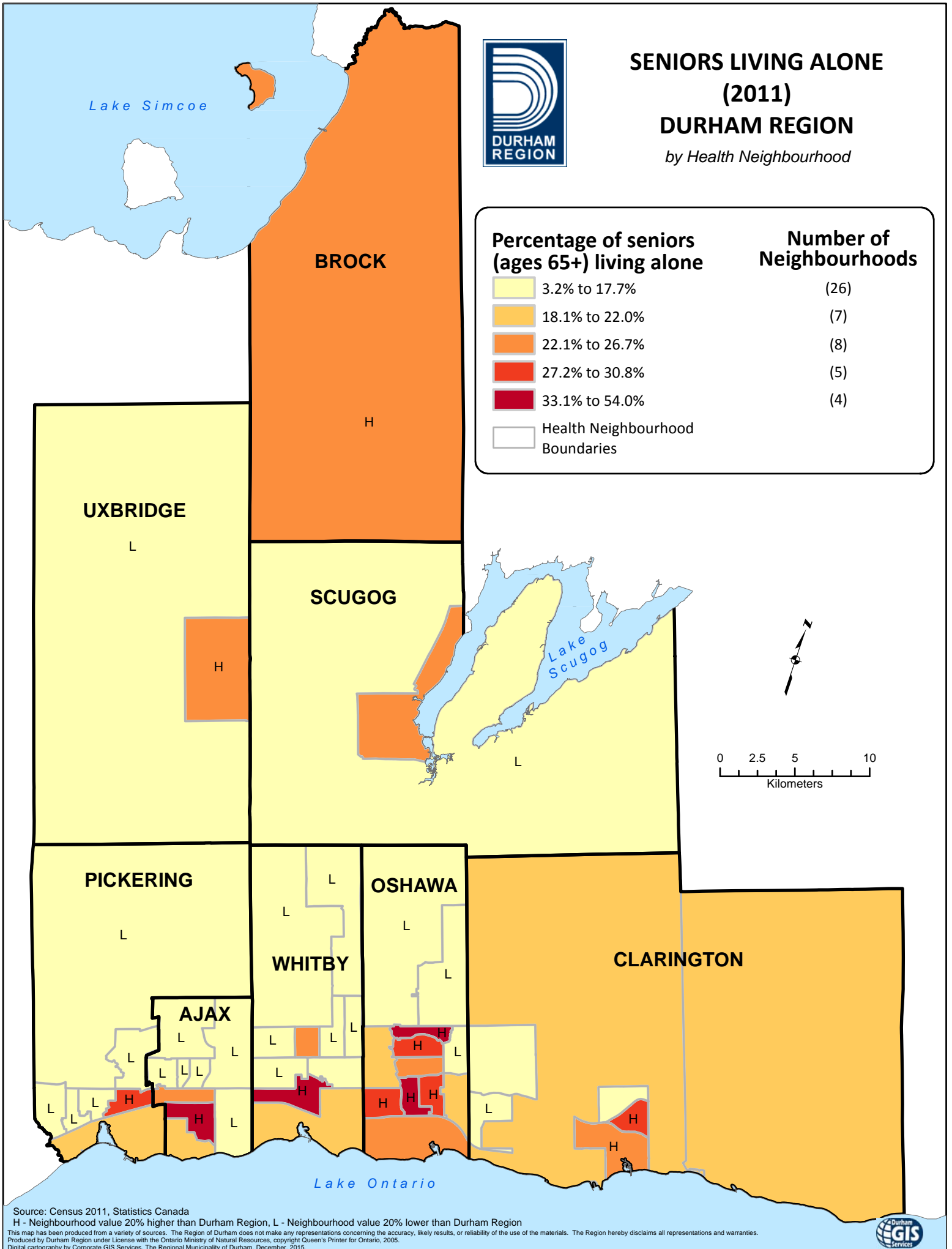
### Percentage of seniors (ages 65+) living alone



### Number of Neighbourhoods

(26)
(7)
(8)
(5)
(4)

Health Neighbourhood  
Boundaries



Source: Census 2011, Statistics Canada

H - Neighbourhood value 20% higher than Durham Region, L - Neighbourhood value 20% lower than Durham Region

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## Seniors Living Alone (2011)

### Table 1: Health Neighbourhoods Indicator Summary

			Compared to Durham Rate		
	Percentage	Number of Seniors Living Alone	Lower	Similar	Higher
<b>Pickering</b>	<b>17.6%</b>	<b>1,720</b>			
Frenchman's Bay (P1)	20.0%	495			
West Rouge (P2)	9.3%	100	é		
Amberlee (P3)	11.9%	95	é		
Dunbarton (P4)	10.5%	135	é		
Pickering City Centre (P5)	30.8%	720			é
Brock Ridge Pickering (P6)	8.1%	60	é		
Pickering North (P7)	11.2%	120	é		
<b>Ajax</b>	<b>17.3%</b>	<b>1,615</b>			
Ajax Waterfront (A1)	20.8%	355			
Downtown Ajax (A2)	33.1%	645			é
Carruthers (A3)	6.9%	45	é		
Central Ajax (A4)	22.1%	260			
Riverside-Hermitage (A5)	6.9%	65	é		
Westney Heights (A6)	15.7%	90	é		
Applecroft (A7)	10.3%	75	é		
Ajax Northwest (A8)	6.8%	65	é		
Ajax Northeast (A9)	3.2%	20	é		
<b>Whitby</b>	<b>20.6%</b>	<b>2,325</b>			
Whitby South (W1)	19.7%	275			
Downtown Whitby (W2)	33.9%	785			é
Cochrane South (W3)	14.9%	140	é		
Manning (W4)	17.7%	350			
Williamsburg (W5)	9.6%	35	é		
Whitby Brock North (W6)	25.0%	265			
Dryden-Anderson (W7)	16.9%	125	é		
Dryden East (W8)	14.5%	110	é		
Brooklin East (W9)	12.3%	85	é		
Brooklin West (W10)	14.6%	155	é		
<b>Oshawa</b>	<b>26.0%</b>	<b>5,355</b>			é
Lakeview (O1)	25.0%	420			
Gibb West (O2)	27.2%	395			é
Downtown Oshawa (O3)	54.0%	950			é
Central Park (O4)	27.5%	545			é
Grandview South (O5)	19.9%	355			
Stevenson North (O6)	22.0%	660			
Hillsdale (O7)	24.9%	415			
Beatrice South (O8)	27.8%	790			é
Grandview North (O9)	11.3%	110	é		
Beatrice North (O10)	33.3%	445			é
Oshawa Northwest (O11)	14.2%	170	é		
Oshawa Northeast (O12)	11.6%	110	é		
<b>Clarington</b>	<b>19.8%</b>	<b>1,890</b>			
Courtice South (C1)	13.2%	120	é		
Courtice North (C2)	17.5%	210			
Bowmanville South (C3)	25.9%	400			é
Bowmanville Central (C4)	29.5%	255			é
Bowmanville North (C5)	17.7%	140			
Darlington (C6)	18.1%	390			
Clarke (C7)	18.5%	380			
<b>Scugog</b>	<b>19.7%</b>	<b>675</b>			
Port Perry (S1)	24.3%	455			
Rural Scugog (S2)	14.1%	220	é		
<b>Uxbridge</b>	<b>20.9%</b>	<b>625</b>			
Urban Uxbridge (U1)	26.7%	485			é
Rural Uxbridge (U2)	11.4%	135	é		
<b>Brock</b>					
Brock (B1)	26.0%	485			é
<b>Durham Region</b>	<b>21.4%</b>	<b>14,695</b>	Similar to Ontario		
<b>Range</b>	3.2% - 54.0%	20 - 950			
<b>Ontario</b>	<b>24.4%</b>	<b>427,640</b>			

Date of last revision: December 18, 2015

Source: Census 2011, Statistics Canada

Note: "Lower" (down arrow) refers to at least 20% lower than the Durham Region rate, "Higher" (up arrow) refers to at least 20% higher.

## Seniors Living Alone (2011)

Table 2: List of Health Neighbourhoods ranked from lowest to highest

Order	Health Neighbourhood	Percentage	Number Living Alone	Compared with Durham Region	Quintile
1	Ajax Northeast (A9)	3.2%	20	LOWER	1
2	Ajax Northwest (A8)	6.8%	65	LOWER	1
3	Carruthers (A3)	6.9%	45	LOWER	1
4	Riverside-Hermitage (A5)	6.9%	65	LOWER	1
5	Brock Ridge Pickering (P6)	8.1%	60	LOWER	1
6	West Rouge (P2)	9.3%	100	LOWER	1
7	Williamsburg (W5)	9.6%	35	LOWER	1
8	Applecroft (A7)	10.3%	75	LOWER	1
9	Dunbarton (P4)	10.5%	135	LOWER	1
10	Pickering North (P7)	11.2%	120	LOWER	1
11	Grandview North (O9)	11.3%	110	LOWER	1
12	Rural Uxbridge (U2)	11.4%	135	LOWER	1
13	Oshawa Northeast (O12)	11.6%	110	LOWER	1
14	Amberlee (P3)	11.9%	95	LOWER	1
15	Brooklin East (W9)	12.3%	85	LOWER	1
16	Courtice South (C1)	13.2%	120	LOWER	1
17	Rural Scugog (S2)	14.1%	220	LOWER	1
18	Oshawa Northwest (O11)	14.2%	170	LOWER	1
19	Dryden East (W8)	14.5%	110	LOWER	1
20	Brooklin West (W10)	14.6%	155	LOWER	1
21	Cochrane South (W3)	14.9%	140	LOWER	1
22	Westney Heights (A6)	15.7%	90	LOWER	1
23	Dryden-Anderson (W7)	16.9%	125	LOWER	1
24	Courtice North (C2)	17.5%	210	similar	1
25	Manning (W4)	17.7%	350	similar	1
26	Bowmanville North (C5)	17.7%	140	similar	2
27	Darlington (C6)	18.1%	390	similar	2
28	Clarke (C7)	18.5%	380	similar	2
29	Whitby South (W1)	19.7%	275	similar	2
30	Grandview South (O5)	19.9%	355	similar	2
31	Frenchman's Bay (P1)	20.0%	495	similar	2
32	Ajax Waterfront (A1)	20.8%	355	similar	2
33	Stevenson North (O6)	22.0%	660	similar	2
34	Central Ajax (A4)	22.1%	260	similar	3
35	Port Perry (S1)	24.3%	455	similar	3
36	Hillsdale (O7)	24.9%	415	similar	3
37	Whitby Brock North (W6)	25.0%	265	similar	3
38	Lakeview (O1)	25.0%	420	similar	3
39	Bowmanville South (C3)	25.9%	400	HIGHER	3
40	Brock (B1)	26.1%	485	HIGHER	3
41	Urban Uxbridge (U1)	26.7%	485	HIGHER	3
42	Gibb West (O2)	27.2%	395	HIGHER	4
43	Central Park (O4)	27.5%	545	HIGHER	4
44	Beatrice South (O8)	27.8%	790	HIGHER	4
45	Bowmanville Central (C4)	29.5%	255	HIGHER	4
46	Pickering City Centre (P5)	30.8%	720	HIGHER	4
47	Downtown Ajax (A2)	33.1%	645	HIGHER	5
48	Beatrice North (O10)	33.3%	445	HIGHER	5
49	Downtown Whitby (W2)	33.9%	785	HIGHER	5
50	Downtown Oshawa (O3)	54.0%	950	HIGHER	5

## Seniors Living Alone (2011)

Table 3: Percentage of seniors aged 65+ living alone by Durham Region Municipality

Municipality	Percentage	Number Living Alone	Compared to Durham Region
Pickering	17.6%	1,720	similar
Ajax	17.4%	1,615	similar
Whitby	20.6%	2,325	similar
Oshawa	26.0%	5,355	<b>HIGHER</b>
Clarington	19.9%	1,890	similar
Scugog	19.7%	675	similar
Uxbridge	20.7%	625	similar
Brock	26.0%	485	<b>HIGHER</b>
Durham Region	21.4%	14,695	Similar to Ontario
Ontario	24.4%	427,640	

### What you need to know

- This indicator is classified as neutral in terms of the direction related to health. A lower percentage of seniors living alone could be considered better for health because presumably seniors living with others would have more social and physical support, and those who are alone may be at higher risk of adverse health. However, seniors living alone could also be an indication of independence and good health, particularly if they are well supported within the community.
- The percentage of seniors living alone ranges by Health Neighbourhood from 3.2% to 54.0%.
- Neighbourhoods with high percentages of seniors living alone are focused in downtown areas and in the Priority Neighbourhoods, as well as in Central Bowmanville, South Bowmanville and Brock.

### Indicator Notes

- This indicator is calculated by dividing the number of seniors aged 65 years and older who are living alone by the total of seniors in private households, multiplied by 100.
- Source: Census 2011, Statistics Canada.
- For more information, see [Census 2011 Dictionary](#).
- Neighbourhoods were sorted into quintiles (5 groupings) based on the number of seniors living alone i.e., quintiled by count. This means that approximately 20% of seniors living alone in Durham Region are in each quintile.
- Lower refers to at least 20% lower than Durham Region. Higher refers to at least 20% higher.
- Priority Neighbourhoods were identified in December 2015 as communities that require focus to build on health and well-being. The Priority Neighbourhoods are: 1) Downtown Ajax – Ajax, 2) Downtown Whitby – Whitby, 3) Lakeview – Oshawa, 4) Gibb West – Oshawa, 5) Downtown Oshawa – Oshawa, 6) Central Park – Oshawa, 7) Beatrice North – Oshawa.

Release Date: February 2016.

For more information, refer to The Guide to Health Neighbourhoods.

If you require this information in an accessible format, contact 1-800-841-2729.