

### **Description:**

Whitby South comprises the south part of Whitby from Lake Ontario to Highway 401 with a section in the east extending to Highway 2. Lakeridge Health Whitby and the Ontario Shores Centre for Mental Health Sciences can be found in the southern part of this Neighbourhood, along with a portion of the Waterfront Trail.

Population (2011): 13,715

Population Density: 600.9 persons per square kilometre

Number of Births (2014): 157

Demographics – 2011	Neighbourhood	Durham Region	Compared to Durham Region
Population growth rate (2006 to 2011)	12.5%	8.6%	HIGHER
Population aged 0-14 years	18.5%	18.6%	similar
Population aged 0-4 years	6.9%	5.7%	HIGHER
Population aged 5-9 years	6.5%	6.1%	similar
Population aged 10-14 years	5.1%	6.8%	LOWER
Population aged 15-19 years	5.9%	7.7%	LOWER
Population aged 20-24 years	5.6%	6.5%	similar
Population aged 25-29 years	6.9%	5.7%	HIGHER
Population aged 30-39 years	15.0%	12.6%	similar
Population aged 40-49 years	16.2%	16.5%	similar
Population aged 50-59 years	13.3%	14.8%	similar
Population aged 60-64 years	5.1%	5.5%	similar
Population aged 65+ years	13.7%	12.1%	similar
Female lone-parent families	13.0%	14.0%	similar
Seniors living alone	19.7%	21.4%	similar
Income - Low income rate	8.0%	9.9%	similar
Income - Children less than 6 years in low income households	8.3%	12.8%	LOWER
Income - Median after-tax household income	\$73,000	\$70,100	similar
Low education (no high school completion)	7.1%	8.9%	LOWER
Unemployment rate	6.7%	8.6%	LOWER
Commuting duration (median minutes)	30.3	30.1	similar
Aboriginal Population	1.5%	1.5%	similar
Recent immigrants (in past 10 years)	4.9%	3.6%	HIGHER
Visible minorities	22.2%	20.7%	similar



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Housing – 2011	Neighbourhood	Durham Region	Compared to Durham Region
Moved residence in the past year	11.7%	9.9%	similar
Households that rent	15.9%	17.3%	similar
Shelter costs of 30% or more of income	24.2%	25.0%	similar
Not suitable housing	4.9%	5.1%	similar
Major dwelling repairs needed	3.8%	5.0%	LOWER
Early Development Instrument (EDI) in senior kindergarten (SK) children – Updated to 2015		-	
Vulnerable in physical health and well-being	18.6%	17.9%	similar
Vulnerable in social competence	9.0%	10.8%	similar
Vulnerable in emotional maturity	11.2%	12.3%	similar
Vulnerable in language and cognitive development	5.9%	4.9%	similar
Vulnerable in communication skills and general knowledge	10.6%	9.0%	similar
Vulnerable in one or more domains	28.7%	29.7%	similar
Kindergarten Parent Survey – 2012			
SK children in excellent or very good health	92%	92%	similar
Living in a child-friendly neighbourhood	87%	79%	similar
SK children walking or biking to school	53%	41%	similar
General health			
Self-rated health excellent/very good, ages 18+	60%	60%	similar
Self-rated mental health excellent/very good, ages 18+	71%	72%	similar
Life expectancy at birth - Males (years)	82.6	80.8	similar
Life expectancy at birth - Females (years)	85.2	85.2	similar
Babies and toddlers			
Birth rate per 1,000	12.0	10.6	similar
Teen pregnancy rate per 1,000	28.7	25.5	similar
Births to young mothers (ages 14-23)	6.2%	11.0%	LOWER
Births to older mothers (ages 35+)	26.9%	21.5%	HIGHER
Preterm birth rate in singletons – updated	6.9%	6.3%	similar
Small-for-Gestational Age (SGA) rate – updated	7.5%	8.6%	similar
Large-for-Gestational Age (LGA) rate – updated	11.9%	11.6%	similar
Breastfeeding at hospital discharge rate	87.6%	88.9%	similar
Breastmilk only at hospital discharge rate	79.7%	78.3%	similar
Breastfeeding duration rate at 6 months	56%	53%	similar
18-month enhanced Well-Baby Visit – updated	65.6%	56.5%	HIGHER



Injury emergency department (ED) visits (rate per 1,000)	Neighbourhood	Durham Region	Compared to Durham Region
All Injuries ED visit rate	85.5	98.3	LOWER
Sports injuries ED visit rate, ages 10-14	37.1	42.2	similar
Motor vehicle traffic collision ED visit rate, ages 15-24	9.1	9.6	similar
Falls ED visit rate, ages 0-4	53.0	55.5	similar
Falls ED visit rate, ages 65+	59.2	57.3	similar
Police calls (rate per 10,000)			
Police-reported domestic incidents	70.7	80.4	LOWER
Police-reported domestic incidents with children present	2.8	4.1	similar
Health behaviours			
Smoking rate, ages 18+	17%*	18%	similar
Obesity rate, ages 18+	17%	20%	similar
Vegetables and fruit (5 or more servings per day), ages 18+	33%	33%	similar
Alcohol use in excess of Canada's Low-Risk Alcohol Drinking Guidelines, ages 18+	13%*	23%	LOWER
High physical activity rate, ages 18-69	61%	55%	similar
Immunization rates			
School-required immunizations in ages 7-8	77.2%	75.4%	similar
School-required immunizations in ages 16-17	90.1%	90.7%	similar
Hepatitis B, Grade 7 students	74.7%	74.4%	similar
Meningococcal disease, Grade 7 students	90.7%	90.2%	similar
HPV, Grade 7 students	62.1%	66.4%	similar
Flu shots, ages 18+	30%*	37%	similar
Cancer screening (rate per 100)			
Mammography rate, females ages 52-74	61.9	63.4	similar
Pap test rate, females ages 23-70	68.4	68.4	similar
Overdue for colorectal screening, ages 50-74	41.2	42.0	similar
Health care (rate per 100)			
Population with primary care physician	95.0	95.1	similar
Residence ambulance call rate	4.3	3.9	HIGHER
Residence ambulance call rate, ages 65+ years	15.9	15.5	similar



Health conditions	Neighbourhood	Durham Region	Compared to Durham Region
Asthma ED visit rate (per 1,000), ages 0-14	13.5	10.3	HIGHER
Asthma prevalence rate (per 100), ages 0-14	19.7	19.2	similar
Diabetes prevalence rate (per 100), ages 20+	10.6	10.4	similar
Lung disease (COPD) prevalence rate (per 100), ages 35+	10.1	10.1	similar
Cardiovascular disease hospitalization rate (per 1,000), ages 45-64	10.1	9.8	similar
Infectious diseases (rate per 100,000)			
Chlamydia incidence rate (per 1,000), females ages 15-24	12.9	17.2	similar
Enteric diseases incidence	75.3	64.4	similar
Influenza incidence	58.3	36.0	HIGHER
Hepatitis C incidence	37.9	27.9	similar
Latent Tuberculosis Infection (LTBI) incidence	65.6	33.3	HIGHER

#### **Profile Notes**

For demographic and housing indicators, "LOWER" means at least 20% lower than Durham Region and "HIGHER" means at least 20% higher. For other indicators, "LOWER" or "HIGHER" means that the 95% confidence intervals do not overlap with Durham Region or that the critical difference is significantly different. Similar means that the Health Neighbourhood is similar to Durham Region for that indicator.

When "LOWER" or "HIGHER" is in blue, the indicator is neutral in terms of health. Green means that the Neighbourhood is doing better in terms of health than Durham Region and red indicates it is worse.

Estimates marked with an asterisk (\*) have high variability and should be used with caution. Some estimates are not releasable due to small numbers.

#### Release Date: December 2017

For more information, see the Indicator Summary or The Guide to Health Neighbourhoods at durham.ca/neighbourhoods.

If you require this information in an accessible format, contact 1-800-841-2729.