

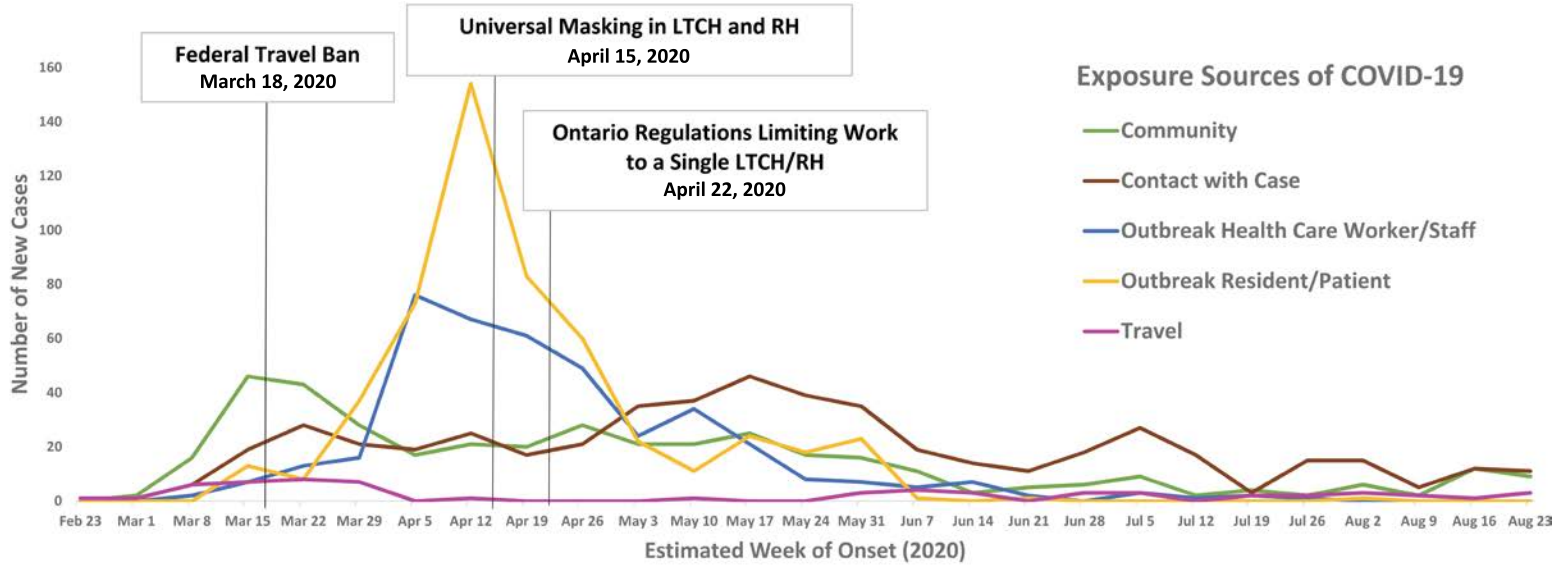


# COVID-19 Institutional Outbreaks in Durham Region

February-August 2020

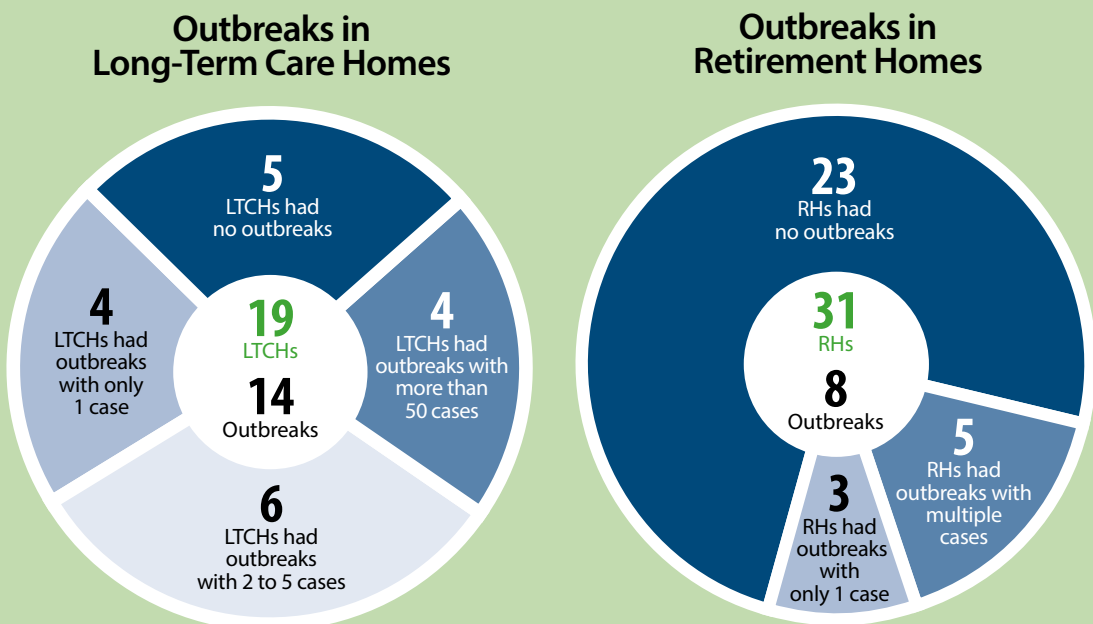
COVID-19 is a viral infection that is mainly spread person-to-person via respiratory droplets during close unprotected contact. Because you can transmit COVID-19 while asymptomatic or before symptoms appear, it is essential to take all IPAC precautions to stay healthy and protect your clients, colleagues, family and friends.

## Exposure Sources



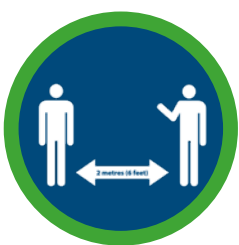
Symptoms can appear up to 14 days after exposure.

## Cases and Outbreaks in LTCHs/RHs



Note: Some LTCHs / RHs experienced more than one outbreak and the number of cases includes Durham Region residents only.

## Critical IPAC Measures



Maintain Physical Distancing



Wear A Mask at All Times While Working



Practice Thorough and Frequent Hand Hygiene



Cough / Sneeze Into Your Elbow



Monitor / Screen for Symptoms



Stay Home / Self-Isolate If Symptomatic and Report Immediately



Use Contact & Droplet Precautions for Suspect / Known Cases



Increase Environmental Cleaning and Disinfection

**Immediately report all suspect outbreaks to the Health Department: 2 symptomatic staff or residents working or residing in the same unit or 1 laboratory-confirmed case of COVID-19**



Durham Health Connection Line  
905-668-2020 or 1-800-841-2729  
[durham.ca/NovelCoronavirus](http://durham.ca/NovelCoronavirus)

If you require this information in an accessible format, contact 1-800-841-2729.

