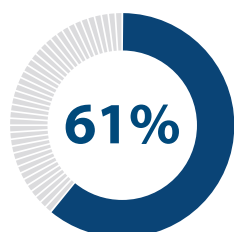


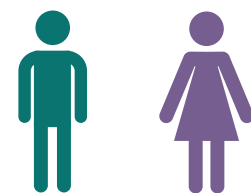
Enteric diseases are illnesses that affect the stomach and intestines.



The two most common bacteria reported in Durham Region were campylobacter and salmonella, representing 61% of all cases

On average,  
**329**

**cases of enteric diseases were reported in Durham each year between 2020 and 2024**

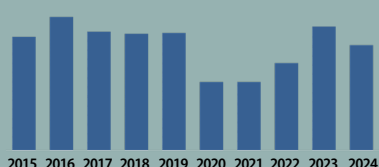


**51%** **49%**

Cases are evenly split between males and females



The average age at time of illness was 41 years



Case counts returned to pre-pandemic levels in 2023 and 2024. Interpret 2020 and 2021 data with caution due to changes in the availability of health care and health seeking behaviour during the COVID-19 pandemic.

**93%**

of cases reported



at least one type of diarrhea

**70%**

of cases reported



abdominal pain or cramps

**42%**

of cases reported



fever

**41%**

of cases reported



nausea

**25%**

of cases reported



vomiting

**76%**

of cases reported



eating fresh fruits or raw vegetables

**44%**

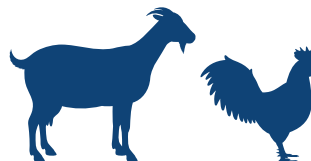
of cases reported



eating chicken or chicken products

**41%**

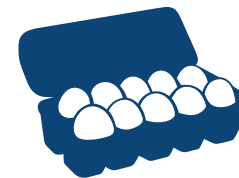
of cases reported



contact with animals (pets, farm animals or petting zoo)

**38%**

of cases reported



eating eggs or food containing eggs (from any bird species)

**31%**

of cases reported



eating beef or ground beef

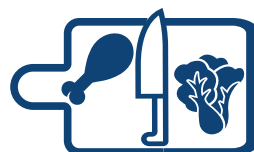
You can get tested by giving a stool sample to either the Health Department or a health care provider.



Wash hands after using the washroom and before and after handling food



Cook food to a safe internal temperature



Prevent cross-contamination when preparing and handling food



Avoid swallowing water while swimming



Wash fresh fruits and raw vegetables before eating



**Did You Know?** You can still spread the illness when you no longer have symptoms.

- Data Source: Ontario Ministry of Health, integrated Public Health Information System (iPHIS) database, 2020-2024. Enteric diseases include: amebiasis; botulism; brucellosis; Campylobacter enteritis; cholera; cryptosporidiosis; cyclosporiasis; food poisoning, all causes; giardiasis; hepatitis A; listeriosis; paralytic shellfish poisoning; paratyphoid fever; salmonellosis; shigellosis; trichinosis; typhoid fever; verotoxin-producing Escherichia coli (VTEC) infection; and yersiniosis.
- To see Durham compared to Ontario and other public health units go to [Infectious Disease Trends in Ontario](#).