Handwashing

Step 1: Wet hands

Step 2: Apply liquid soap

Step 3: Scrub backs of hands, between fingers, thumbs and around fingernails for at least 20 seconds

Step 4: Rinse

Step 5: Towel or air dry

Step 6: Turn off taps with towel

REMEMBER, proper handwashing can remove germs that make you sick.

Durham Health Connection Line
905-668-2020 or 1-800-841-2729
durham.ca/health

If you require this information in an accessible format, contact 1-800-841-2729.