

Hand Sanitizers



Step 1:



Apply 1-2 pumps of sanitizer to palm of dry hand

- enough for hands to stay wet for at least 15 seconds

Step 2:

Spread hand sanitizer over all surfaces of hands

- palms, backs of hands, between fingers, around thumbs and fingernails



Step 3:



Continue to rub hands together until dry

Remember, hand sanitizers should only be used when hands are visibly clean. Wash hands with soap and water if hands are visibly dirty.



Durham Health Connection Line
905-668-2020 or 1-800-841-2729
durham.ca/health



If you require this information in an accessible format, contact 1-800-841-2729.