## **Hand Sanitizers**



Step 1:



**Apply 1-2 pumps of** sanitizer to palm of dry hand

 enough for hands to stay wet for at least 15 seconds

Step 2: Spread hand sanitizer over all surfaces of hands

> palms, backs of hands, between fingers, around thumbs and fingernails



Step 3:



Continue to rub hands together until dry

REMEMBER, hand sanitizers should only be used when hands are visibly clean. Wash hands with soap and water if hands are visibly dirty.



**Durham Health Connection Line** 905-668-2020 or 1-800-841-2729 durham.ca/health

If you require this information in an accessible format, contact 1-800-841-2729.







