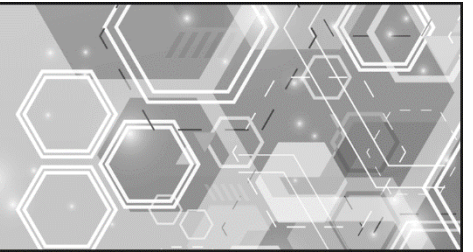




## Durham Region Health Department **Facts about...**



# **Candida auris (C. auris)**

## **What is it?**

*C. auris* is a fungus that sometimes cannot be treated with medications. It is very contagious and can cause illness in any body part, including the blood or a wound. *C. auris* often spreads in healthcare settings and can cause serious disease including death.

## **What do I look for?**

*C. auris* can cause many different types of infections, from wound and ear infections to bloodstream infections (candidemia). *C. auris* can cause severe infections and death in people who are already weak or sick. Some people that have *C. auris* have no symptoms, however they can still pass the infection to others. Symptoms can be nonspecific and may include fever, chills, and generally feeling unwell.

## **How is it treated?**

*C. auris* can be hard to treat because it does not respond to many different medications. A health care provider can decide the best treatment.

## **How can I protect myself?**

For the general public, basic infection prevention and control (IPAC) should be followed which includes frequent hand hygiene by washing hands and using alcohol-based hand rubs.

In a hospital or long-term care setting, the IPAC lead in the facility will provide specific advice.

July 8, 2025

905-668-2020 or 1-800-841-2729 | [durham.ca/health](https://durham.ca/health)

If you require this information in an accessible format, contact 1-800-841-2729.

