



DURHAM  
REGION  
HEALTH  
DEPARTMENT

# PLANNING TO TRAVEL? PROTECT YOUR FAMILY FROM MEASLES BEFORE YOU GO.



- ✓ Get your child up-to-date with vaccines.
- ✓ MMR vaccines protect against measles & are safe.
- ✓ Measles spreads quickly through the air & close contact.
- ✓ Symptoms are a red rash, fever, runny nose, cough, feeling tired or red eyes.
- ✓ Measles can be serious for babies & young children.