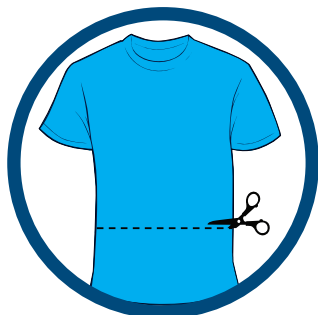


How to make a no sew non-medical face mask or face covering

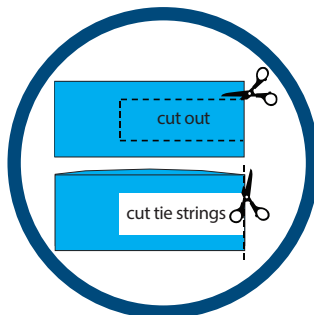
Quick Cut T-shirt Face Covering (no sew method)

Materials: T-shirt & Scissors



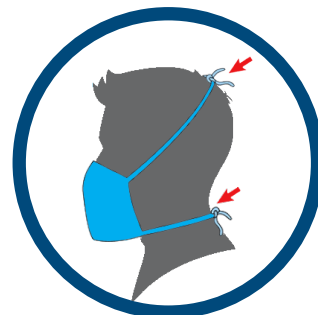
STEP 1

Cut 7-8 inches off the bottom of the T-shirt.



STEP 2

Cut 6-7 inches into the middle of the material to make tie strings.

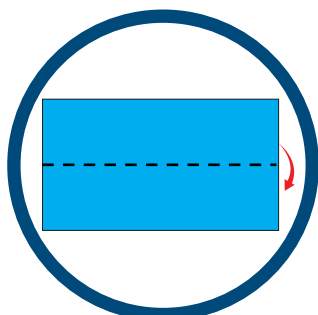


STEP 3

Tie strings around neck, then over top of head.

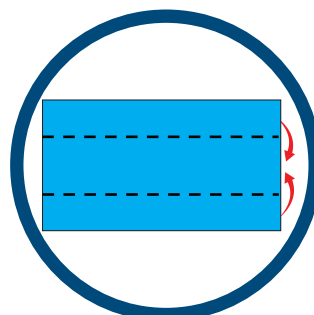
Bandana Face Covering (no sew method)

Materials: Bandana (or square cotton cloth approximately 20" x 20")
Rubber bands (or hair ties) & Scissors (if you are cutting your own cloth)



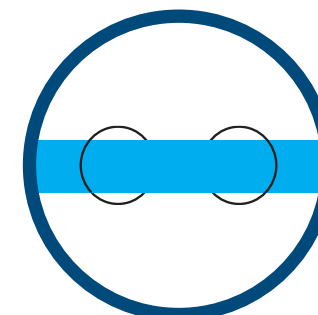
STEP 1

Fold bandana in half.



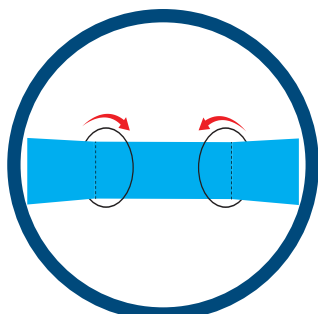
STEP 2

Fold top down, fold bottom up.



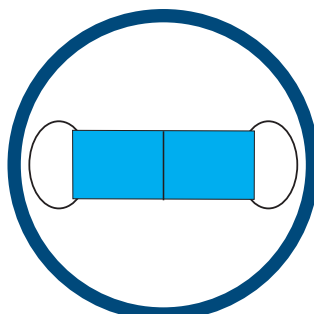
STEP 3

Place rubber bands or hair ties about 6 inches apart.



STEP 4

Fold side to the middle and tuck.



STEP 5

Completed.



STEP 6

Place bandana ties around ears.

Other face covering options ... Bandana, Scarf, Non-medical mask

