



HEALTH  
DEPARTMENT

# Help prevent the spread of COVID-19

## Practise Social Distancing



**When possible, maintain at least a  
2 metre (6 feet) distance from others.**

Durham Health Connection Line | 905-668-2020 or 1-800-841-2729

**[durham.ca/novelcoronavirus](https://durham.ca/novelcoronavirus)**



If you require this information in an accessible format, contact 1-800-841-2729.