

# Toileting Routine

Important Steps to Remember!



1



- Gather all supplies.
- Perform hand hygiene.
- Disposable gloves are optional but recommended for diarrhea

2



- Assist the child to remove undergarments or dry, unsoiled diaper / pull-up\* and assist child on the toilet or potty.
- If necessary, wipe child from front to back and teach child to do the same.

\* Children having a soiled diaper, pull-up or undergarment should be taken to the diaper table/area for proper cleaning.

3



If used, remove gloves and perform hand hygiene.

4



Diaper and/or dress child.

5



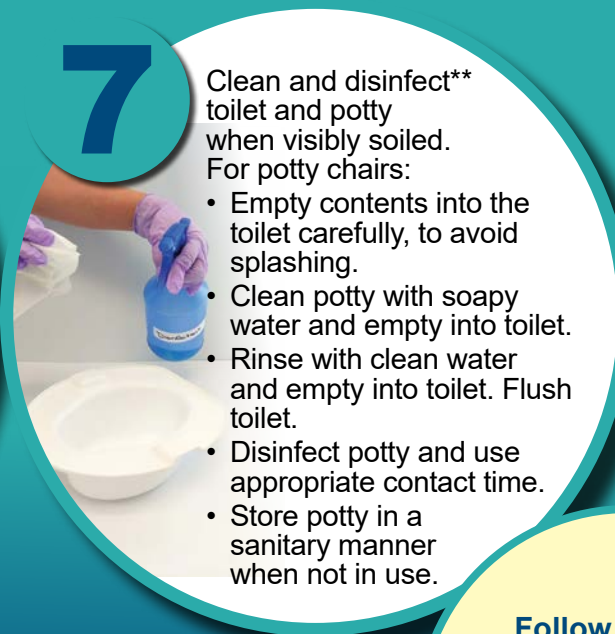
Wash your hands and help child wash theirs.

6



Return child to supervised area.

7



Clean and disinfect\*\* toilet and potty when visibly soiled. For potty chairs:

- Empty contents into the toilet carefully, to avoid splashing.
- Clean potty with soapy water and empty into toilet.
- Rinse with clean water and empty into toilet. Flush toilet.
- Disinfect potty and use appropriate contact time.
- Store potty in a sanitary manner when not in use.

8



Wash your hands again.

Follow Step 7 & 8 when cleaning and disinfection of toilets and potty chairs/seats etc. are required.

\*\* For diarrhea and/or outbreaks, use a higher level disinfectant.

(e.g. 5000 parts per million bleach solution for a 10 minute contact time.)



Durham Health Connection Line  
905-668-2020 or 1-800-841-2729  
[durham.ca/childcare](http://durham.ca/childcare)



HEALTH DEPARTMENT If you require this information in an accessible format, contact 905-668-2020 or 1-800-841-2729