

Manicures, Pedicures and Nail Treatments

In addition to *General and Operational Requirements*

Before the Service:

- Client's nails must be examined for discolouration.
- If yellow-green or other discolourations occur, **do not provide service**. Advise the client to see a doctor.
- **Do not treat a client** who might have nail mould or fungus.

You do not have to see blood or body fluids on instruments for an infection to occur.

Nail Service Equipment:

- All reusable nail service equipment and instruments (e.g. metal, crystal, stainless steel files, reusable drill bits, clippers, nippers) must be cleaned and disinfected (intermediate to high level) between clients
- Razor blades used for pedicures must be pre-packaged and single-use.
- Discard razor blades immediately after use in an approved sharps container.
- Approved sharps containers must be located in the area that the sharps item is used.
- Equipment and instruments that cannot be properly cleaned and disinfected between clients are single-use (e.g. foam or sponge core buffer blocks and files, Hindu stones, pumice stones, sanding bands) and must be discarded after each use.
- The storage of individual client's single-use (disposable) items for future use is NOT permitted.
- Equipment / items brought in by the client for use of the client is NOT permitted.
- Foot files must be cleaned with a brush and disinfected in an intermediate to high level disinfectant between clients. If the varnish is no longer sealed, the foot file must be discarded.
- "UV light sterilizers" are not approved for sterilization. These units may be used to store cleaned and disinfected instruments.

Re-circulating Foot Baths / Spas ↗



Environmental Help Line
905-723-3818 or 1-888-777-9613
durham.ca

If you require this information in an accessible format, contact 1-888-777-9613.



Re-circulating Foot Baths / Spas

In addition to *General and Operational Requirements*

*****Clients who have open cuts on their legs should not use the foot bath*****

Several mycobacterial outbreaks have been linked to the improper cleaning and disinfecting of re-circulating foot baths / spas. To prevent infections, the following steps must be followed:

Between clients:

- Drain the foot bath of all water.
- Fill the foot bath with detergent and water to above the water line and circulate the solution and clean the tub with a cleaning brush.
- Empty the cleaning solution.
- Fill the foot bath with clean water and circulate the rinse water.
- Empty the rinse water.
- Fill the foot bath with an intermediate level disinfectant (e.g. 1:50 bleach solution*) and circulate the solution, then let sit for at least 10 minutes.

***NOTE:** A typical foot bath contains 20 litres of water. To achieve a 1:50 bleach solution, use 20 litres of water and 404 ml. of bleach (approximately the volume of a small drinking water bottle).

At the end of the day:

- Drain the foot bath of all water.
- Remove the recirculation screen covers from the unit.
- Remove any debris collected.
- Clean the screen thoroughly with soap and water.
- Rinse with clean water.
- Put screen covers back on unit.
- Fill the foot bath with detergent and water to above the water line and circulate the solution.
- Empty the cleaning solution.
- Fill the foot bath with clean water and circulate the rinse water.
- Empty the rinse water.
- Fill the foot bath with an intermediate level disinfectant and circulate the solution, then let sit for at least 10 minutes.

If a disinfectant other than bleach is used, it must be effective against mycobacteria and be used following the manufacturers' instructions regarding concentration and contact time in order to kill mycobacteria.

If a **foot bath without a recirculation system** is used, then it must be cleaned and then disinfected with an intermediate level disinfectant between clients. Alternatively, use a new plastic disposable liner for each client and clean and low level disinfect the foot bath after each use.

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