

# Aesthetic Services

In addition to *General and Operational Requirements*

## Before the Service:

- Perform hand hygiene.
- Ensure that any part of the client’s body to be treated is clean and free from cuts, rash, fungus or visible skin disease.
- An approved sharps container must be located in areas where needles and sharps are used.

**You do not have to see blood or body fluids on instruments for an infection to occur.**

## Equipment:

- For services that break the skin (e.g. extractions, microneedling, microblading, dermaplaning etc.), pre-packaged, single-use, sterile needles / lancets / blades must be used.
- Sterile items are to remain in the sterile package until use to prevent contamination, and should be carefully removed from sealed packages in view of the client just prior to service. Sterile items should not be placed on or in any non-sterile environment (e.g. service tray, disinfectant solution, cotton etc.).
- Sterile items that become contaminated (e.g. touch a person or come into contact with any other surface prior to use) cannot be used, and must be immediately replaced with another sterile item.
- Needles, lancets, blades and other sharps must be discarded in an approved sharps container immediately after each use, and must not be taken apart, bent, recapped, re-covered or manipulated after use prior to disposal.
- Needles and other sharps must not be saved for further use on any person, even on the same client.
- Some reusable equipment and instruments must be cleaned and then disinfected between clients – refer to the table below, and *Cleaning, Disinfection & Sterilization Flowchart*

Examples of equipment used:	Level of disinfection
Facial steamer / water reservoir	Low level
Client bed / table, light source, control unit etc.	Low level
Glass or metal probe	Intermediate to high level
Comedone loop extractor / tweezer	Intermediate to high level
Microdermabrasion tip, holder & hose	Intermediate to high level
Reusable holding device for needle / lancet / blade	High level to sterilization

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## Infection Prevention and Control Best Practices for Personal Services Settings • Information Sheet

- A topical local anesthetic may be used on a client, however injectable anesthetics must not be used (unless authorized by a regulated health professional).
  - Prior to any invasive service when the skin is punctured, cut or potentially damaged, the site must be cleaned with an approved skin antiseptic\*.
  - All products (e.g. wax, pigment, creams, lotion, cotton balls, application tools) must be dispensed in a manner that does not contaminate the remaining portion.
  - Equipment and instruments that are porous / absorbent in nature (e.g. cotton balls, swabs, sponges, wooden applicators etc.) cannot be properly cleaned and disinfected between clients, and must be single-use / disposable.
  - Work contact surfaces that come into contact with a client or service provider during the procedure should be cleaned and disinfected between each client. Alternatively, a single-use plastic cover can be used to cover the surface which is then discarded after each client.
- ❖ Approved skin antiseptic: povidone-iodine solution, 2-4% chlorhexidine gluconate, 0.5 % chlorhexidine with 70 % alcohol, 70% alcohol.

### Sterilization:

- An approved sterilizer must be provided unless pre-packaged, sterile items are used. Refer to the following information sheets for sterilizer use: *Sterilization*, *Chemical & Physical Monitoring of Sterilizer*, *Biological Monitoring of Sterilizer*, *Sterilization Log Sheet*.
- Ensure a written back-up plan is available and reviewed annually in the event of sterility failure.
- If pre-packaged, sterile items are used, proof of sterility is required in addition to records on-site for tracking purposes (e.g. name of company that sterilizes the needles, lot number, invoices / receipts, etc.). **Items without proof of sterility, and / or records for tracking may be seized by the Public Health Inspector at time of inspection.**

### Client Records:

- Client records must be kept on-site for all invasive services, and must include date of service, client's full name, address, telephone number, details of the service and the service provider's full name. Records for the last 1 year must be kept on-site, and records for the last 5 years must be kept on file (on-site or off-site).



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This information is available in accessible format, contact 1-888-777-9613.

Source: Ministry of Health and Long-Term Care, Infection Prevention and Control Best Practices for Personal Services Settings, Jan. 2009.