

# Aesthetic Services

## Before the Service:

- Perform hand hygiene.
- Ensure that any part of the client’s body to be treated is clean and free from cuts, rash, fungus, or visible skin disease.
- Inspect the skin. Do not provide services within 15 cm (6 inches) of inflamed or infected skin or skin with a rash.
- An approved sharps container must be located in areas where needles, lancets, and sharps are used.

You do not have to see blood or bodily fluids on instruments for an infection to occur.

## Equipment:

- For services that break the skin (e.g., extractions, microneedling, microblading, etc.), pre-packaged, single-use, sterile needles/lancets/blades must be used.
- When pre-packaged, sterile items are used (e.g., lancets, needle cartridges, etc.), records are required to be kept on-site for tracking purposes (e.g., proof of sterility, name of manufacturer, lot number(s), invoices/receipts, expiry dates if applicable, etc.). **Any sterile items without proper records may be seized by a Public Health Inspector.**
- Sterile items are to remain in the sterile package until use to prevent contamination and should be carefully removed from the sealed packaging in view of the client just prior to service.
- Sterile items that become contaminated (e.g., dropped on the floor, package is punctured or wet, etc.) cannot be used, and must be immediately discarded and replaced with another sterile item.
- Needles, lancets, blades, and other sharps must be discarded in an approved sharps container immediately after each use, and must not be taken apart, bent, recapped, re-covered or manipulated after use prior to disposal.
- Needles and other sharps **must not** be saved for further use on any person, even on the same client.
- Some reusable equipment and instruments must be cleaned and then disinfected between clients – refer to the table below, and the [Cleaning, Disinfection, and Sterilization Flowchart](#)

Examples of equipment used	Level of disinfection
Facial steamer/water reservoir	Low-level
Client bed/table, light source, control unit, etc.	Low-level
Glass or metal probe	Intermediate to high-level
Tweezer (eyebrow/eyelash extension)	Intermediate to high-level
Microdermabrasion holder and hose	Intermediate to high-level
Microdermabrasion tip	High-level to sterilization
Comedone extractor (loop only allowed)	High-level
Reusable holding device for needle/lancet/blade	High-level to sterilization



Durham Health Connection Line  
905-668-2020 or 1-800-841-2729  
[durham.ca/KnowBeforeYouGo](http://durham.ca/KnowBeforeYouGo)



This information is available in accessible format, contact 1-800-841-2729.

Source: Guide to Infection Prevention and Control in Personal Service Settings, Public Health Ontario, July 2019.

- Comedone tools with a pointed tip cannot be used and must not be on-site at the premises.
- A topical local anesthetic may be used on a client, however injectable anesthetics must not be used.
- Prior to any invasive service when the skin is punctured, cut, or potentially damaged, the site must be cleaned with an approved skin antiseptic\*.

\*Approved skin antiseptic: povidone-iodine solution, isopropyl alcohol 50-91%, ethyl alcohol 60-95%, chlorhexidine gluconate 2-4%, chlorhexidine 0.5% with 70% alcohol, or benzalkonium chloride (BZK) 0-0.13% weight per volume (w/v).

- All products (e.g., wax, pigment, creams, lotions, cotton balls, eyelash extensions, etc.) must be dispensed in a manner that does not contaminate the remaining portion.
- Equipment and instruments that are porous/absorbent in nature (e.g., cotton balls, swabs, sponges, wooden applicators, etc.) cannot be properly cleaned and disinfected between clients and must be single-use/disposable.
- All items must be stored in clean, covered containers.
- Work contact surfaces that come into contact with a client or service provider during the procedure must be cleaned and disinfected between each client. Alternatively, a single-use plastic cover can be used to cover the surface which is then discarded after each client, and the surface is cleaned and disinfected at the end of the day.



Durham Health Connection Line  
905-668-2020 or 1-800-841-2729  
[durham.ca/KnowBeforeYouGo](http://durham.ca/KnowBeforeYouGo)



This information is available in accessible format, contact 1-800-841-2729.

Source: Guide to Infection Prevention and Control in Personal Service Settings, Public Health Ontario, July 2019.