

# **Massage / Tanning** **(including Spray Tans)**

In addition to *General and Operational Requirements*

## **Before the Service:**

- Inspect the skin. Do not treat inflamed or infected skin or skin with a rash.

You do not have to see blood or body fluids on instruments for an infection to occur.

## **Equipment:**

- All products (e.g. lotions, oils, etc.) must be dispensed in a manner that does not contaminate the remaining portion. These products cannot be re-used.
- Some reusable equipment and instruments must be cleaned and then disinfected (low to high level) between clients – refer to *Cleaning, Disinfection & Sterilization Flowchart*  
e.g. chairs, tables, headrests, reusable protective eyewear, tanning units, hot stones – low level (high level if surfaces contaminated with blood / body fluids)
- Equipment and instruments that cannot be properly cleaned and disinfected between clients are single-use (e.g. disposable protective eyewear, etc.)
- Equipment surfaces (e.g. control unit, door handles, etc.) touched by the worker or client during the procedure shall be cleaned and low level disinfected after each client.
- Equipment (e.g. sprayers, etc.) used that does not touch the client shall be cleaned at the end of the day as per manufacturer's directions.
- All clean items, instruments and equipment must be stored in a sanitary manner (e.g. covered containers, etc.) when not in use.
- All chemicals must be properly labelled with name of product and directions for use, especially if provided for client's use.
- Refer to Health Canada's revised *Guidelines for Tanning Salon Owners, Operators and Users* for information on:
  - Risks of tanning
  - Tanning safety guidelines
  - Protective eyewear to be used with tanning equipment
  - Products that increase sensitivity to ultraviolet radiation
  - Radiation emitting devices regulations
  - Criteria for exclusion for use of tanning equipment (minors, certain skin types)
  - Tanning salon operator knowledge questionnaire and answer key



Health  
Department

**Environmental Help Line**  
**905-723-3818 or 1-888-777-9613**  
**durham.ca**



Information available in accessible formats.