## Chlamydia/Gonorrhea Recommended Treatments

### CHLAMYDIA

<table>
<thead>
<tr>
<th>First-Line Therapy</th>
<th>Doxycycline 100 mg PO BID for 7 days OR Azithromycin 1g PO in a single dose</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Second-Line Therapy</strong></td>
<td>Ofloxacin 300 mg PO BID for 7 days OR Erythromycin 500 mg PO QID for 7 days OR Erythromycin 250 mg PO QID for 14 days</td>
</tr>
<tr>
<td>Pregnancy &amp; Nursing</td>
<td>Amoxicillin 500 mg PO TID for 7 days OR Erythromycin 500 mg PO QID for 7 days OR Erythromycin 250 mg QID for 14 days OR Azithromycin 1g PO in a single dose</td>
</tr>
</tbody>
</table>

### GONORRHEA

<table>
<thead>
<tr>
<th>First-Line Therapy</th>
<th>Ceftriaxone 250 mg IM x 1 dose AND Azithromycin 1g PO in a single dose</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Second-Line Therapy</strong></td>
<td>Cefixime 400 mg PO x 1 dose AND Azithromycin 1g PO in a single dose OR Azithromycin 2g PO in a single dose</td>
</tr>
</tbody>
</table>

**Use only in cases of allergy or if first-line therapy is unavailable**

### Pregnancy & Nursing

- **Amoxicillin** 500 mg PO TID for 7 days
- **Erythromycin** 500 mg PO QID for 7 days
- **Erythromycin** 250 mg QID for 14 days
- **Azithromycin** 1g PO in a single dose

**Use only in cases of allergy or if first-line therapy is unavailable**

### Common Signs & Symptoms of Chlamydia & Gonorrhea (often asymptomatic)

- Abnormal discharge
- Dysuria
- Abnormal vaginal bleeding
- Itchiness/redness
- Discomfort/pain during sex

### Testing

- Culture testing is recommended for all symptomatic individuals prior to treatment
- Urine (NAAT) testing to be used for screening of asymptomatic individuals

### Treatment

- All sexual partners within past 60 days must be tested and treated
- Refer clients to the Durham Region Sexual Health Clinics for counseling and free treatment. For clinic locations visit durham.ca/sexualhealth
- To arrange for special release of publicly funded first-line therapy medications for gonorrhea infection call 905-668-7711 ext. 2996

### Test of Cure (TOC) is recommended when

- Patient is pregnant
- Re-exposure may have occurred
- Compliance is an issue
- Previous treatment failed
- Alternative treatment used
- Persistent symptoms post-treatment
- Pharyngeal/rectal gonococcal infection

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Report all STI cases/contacts and any suspected or confirmed gonorrhea treatment failures to Durham Region Health Department. For information on the prevention, diagnosis, or treatment of these and other STIs, please refer to the current Canadian Guidelines on Sexually Transmitted Infections and Ontario’s 2013 Guidelines for Testing and Treatment of Gonorrhea at publichealthontario.ca

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Durham Health Connection Line
905-666-6241 or 1-800-841-2729
durham.ca or durhamMD.ca

If you require this information in an accessible format, contact 1-800-841-2729.