



FAX about ...



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Potassium iodide (KI) tablets distribution in Durham Region

The Canadian Nuclear Safety Commission requires that all homes and businesses within 10-kilometres of a nuclear generating station receive a supply of potassium iodide (KI) tablets. KI is a stable iodine salt, effective in reducing the risk of thyroid cancer in the highly unlikely event of a radioactive iodine release.

In October 2015, KI tablets were sent to homes and businesses within 10-kilometres of the Pickering and Darlington nuclear generating stations.

In the highly unlikely event of a nuclear emergency that results in the release of radiation to the public, the **Chief Medical Officer of Health for Ontario will provide instructions on where, when, how and by whom KI tablets should be taken.**

How can you help to raise awareness about KI?

- If your clients/patients recently moved to Durham Region and lives or works within 10 to 50 km to a nuclear generating station, inform them that **a supply of KI tablets can be ordered from the website preparetobesafe.ca or, they can call Durham Region Health Department Environmental Helpline at 905-723-3818, 1-888-777-9613 for additional information about KI tablet distribution and assistance in ordering. Preparetobesafe.ca uses postal codes to determine if an address falls within the eligible zone.**
- **Stay informed by visiting durham.ca or preparetobesafe.ca** so you can provide valuable information about KI to your clients /patients if asked (e.g., what KI is, dosage, how it works, when to take, how to store it etc.).
- **Order KI pamphlets** to keep in your waiting room for the public to take, see link below.

Health care provider resources now available to order online durham.ca/HCP.

Durham Region Health Department: 905-723-3818, 1-888-777 9613

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If you prefer to receive this information in an electronic format please submit your request to healthresources@durham.ca

If you require this information in an accessible format, contact 1-888-777-9613.