



FAX about...



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It's Time to Spring Forward and Change Your Batteries!

Your vaccine thermometer batteries should be changed every **six months**. A good reminder is to change them with every **daylight saving time (DST)** change. This spring, DST is **Sunday, March 11, 2018**.

This time of year is also good for **spring cleaning** of your vaccine fridge. Here are some tips to consider:

- **Check the expiry dates** of all vaccines and diluents.
- Ensure **all expired product is removed** from the vaccine fridge and returned to the Health Department.
- Make sure vaccines are **organized by product** and are being stored in **original packaging**.
- **Maintain space** between vaccines to allow for air circulation and ensure vaccines are **stored on internal shelves** of vaccine fridge.
- Ensure that there is **no food, beverages or specimens in the vaccine fridge, except cold water bottles** to assist with the regulation of fridge temperatures.

As a reminder, please call the Durham Region Health Department immediately if your fridge temperatures go below +2 °C or above +8 °C. For cold chain incidents you can reach us at 905-668-7711 ext. 3063.

Health care provider resources now available to order online durham.ca/HCP.

Durham Region Health Department: 905-668-7711, 1-800-841-2729

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If you prefer to receive this information in an electronic format please submit your request to healthresources@durham.ca

If you require this information in an accessible format, contact 1-800-841-2729