Influenza Vaccine is now Available for the General Public!

The official launch of the 2019/2020 Universal Influenza Immunization Program (UIIP) begins today!

General Influenza Vaccine Information

Influenza vaccine is recommended for anyone over the age of 6 months of age without contraindications. **High-risk groups should remain the priority for vaccination.** High-risk groups include: persons at high-risk of influenza-related complications or more likely to require hospitalization and persons capable of transmitting influenza to those at high-risk.

Publicly Funded Influenza Vaccines for Durham Region (2019/2020)

<table>
<thead>
<tr>
<th>Vaccine product</th>
<th>Quadrivalent Inactivated Vaccine (QIV)</th>
<th>High-Dose Trivalent Inactivated Vaccine (HD -TIV)</th>
</tr>
</thead>
<tbody>
<tr>
<td>FluLaval Tetra</td>
<td>Fluzone® Quadrivalent</td>
<td>Fluzone® High-Dose</td>
</tr>
<tr>
<td>Micrograms of haemagglutinin</td>
<td>15 µg</td>
<td>15 µg</td>
</tr>
<tr>
<td>Dose</td>
<td>0.5 ml</td>
<td>0.5 ml</td>
</tr>
<tr>
<td>Route</td>
<td>Intramuscular injection</td>
<td>Intramuscular injection</td>
</tr>
<tr>
<td>Age indication</td>
<td>≥ 6 months</td>
<td>≥ 6 months</td>
</tr>
<tr>
<td>Most common allergens</td>
<td>Egg protein*</td>
<td>Egg protein*</td>
</tr>
<tr>
<td></td>
<td>Thimerosal**</td>
<td>Thimerosal**</td>
</tr>
</tbody>
</table>

*NACI indicates that egg-allergic individuals may be vaccinated against influenza using the full dose of any appropriate product, including High-Dose TIV. **Thimerosal present in multidose vials

Durham Region Health Department receives influenza vaccine from the Ontario Government Pharmacy in several shipments and you may receive either Quadrivalent (QIV) influenza vaccine based on supply (FluLaval® Tetra or Fluzone® Quadrivalent).

To reduce wastage this year, influenza vaccine orders will be allocated based on each site’s individual usage from the 2018/2019 UIIP season, and stock availability.

Health care provider resources now available to order online [durham.ca/HCP](http://durham.ca/HCP).

**Durham Region Health Department: 905-668-7711, 1-800-841-2729**

If you prefer to receive this information in an electronic format please submit your request to healthresources@durham.ca

If you require this information in an accessible format, contact 1-800-841-2729.
• Fluzone® High-Dose contains a higher antigen content and is authorized for those 65 years of age and over. It will be available through primary care providers, participating hospitals, LTC and retirement home. **Fluzone® High-Dose is not available through pharmacies.**

• Nasal spray vaccine (FluMist® Quadrivalent) is **not available** in Canada for the 2019/2020 influenza season.

• Children 6 months to less than 9 years of age receiving any seasonal influenza vaccine for the first time in their life should be given **2 doses of vaccine**, with a minimum interval of 4 weeks between doses.

2019/2020 influenza information is posted on the MOH website available at [ontario.ca/influenza](http://ontario.ca/influenza).

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October 30, 2019

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