



FAX about ...



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It's Time to Spring Forward and Change Your Batteries!

Your vaccine thermometer batteries should be changed every six months. A good reminder is to change them with every daylight saving time change. This spring daylight saving time is **Sunday, March 10, 2019**.

This time of year is also good for **spring cleaning** of your vaccine fridge. Here are some tips to consider:

- Check the expiry dates of all vaccines and diluents. Ensure all expired product is removed from the vaccine fridge and returned to the public health unit.
- Make sure vaccines are organized by product and are being stored in original packaging.
- Maintain space between vaccines to allow for air circulation and ensure vaccines are stored on internal shelves of the vaccine fridge.
- Ensure that there is no food, beverages or specimens in the vaccine fridge, except cold water bottles to assist with the regulation of fridge temperatures.

As a reminder, please call the Durham Region Health Department immediately if your fridge temperatures go below +2 °C or above +8 °C. For cold chain incidents you can reach us at 905-668-7711 ext. 3063.

Health care provider resources now available to order online durham.ca/HCP.

Durham Region Health Department: 905-668-7711, 1-800-841-2729

March 11, 2019

If you prefer to receive this information in an electronic format please submit your request to healthresources@durham.ca

If you require this information in an accessible format, contact 1-800-841-2729.