It’s Time to Fall Back! Change Your Batteries for the Fall!

Now is the time to replace the batteries in both your fridge and cooler thermometers!

Batteries should be changed every six months. A good reminder is to change them with every daylight-saving time change. This fall, daylight-saving time ended on Sunday, November 3, 2019.

Please indicate on your next vaccine order if you need batteries. They will be provided for pick up with your next vaccine order.

Vaccine Storage and Handling Tips

- Ensure to only order a **one-month** supply of vaccine at a time.

- Check **expiry dates monthly** to ensure vaccines with the shortest expiration date are used first. Any expired vaccines should be removed from the vaccine fridge immediately and returned to the Health Department.

- Ensure all vaccines and diluents are stored in their **original packaging** to protect them from exposure to light.

- In case of a power failure, ensure you have **enough back up coolers** to hold your vaccine supply. You will also need ice packs (stored in a freezer), water blankets (stored in a fridge) and a thermometer to ensure your vaccine stays between **+2°C to +8°C**.

- Call the Health Department **immediately** if your vaccine fridge temperature goes outside of the **+2°C to +8°C** range. You can reach us at **905-668-7711 ext. 3063**.

Health care provider resources now available to order online [durham.ca/HCP](http://durham.ca/HCP).

**Durham Region Health Department: 905-668-7711, 1-800-841-2729**

November 4, 2019

If you prefer to receive this information in an electronic format please submit your request to healthresources@durham.ca

If you require this information in an accessible format, contact 1-800-841-2729.