COVID-19 Update #11
Assessment Clinic

Lakeridge Health’s COVID-19 Physician Assessment Clinic is now open for residents of Durham Region who require assessment for COVID-19. This clinic is by referral only from primary care providers, Durham Region Health Department, and emergency departments. No walk-ins will be accepted at the clinic.

Who should be referred?
Patients who present at a primary care provider with:
- Symptoms of upper respiratory tract infection (URTI) (cough, sore throat, headache, myalgia, fatigue, rhinorrhea and arthralgia. May also include nausea, diarrhea and abdominal pain)
- AND any of the following:
  - Fever of 38°C or higher
  - Underlying health condition(s) of concern, including: cardiovascular disease, chronic lung disease, cerebrovascular disease, hypertension, diabetes, cancer, immunosuppression, current smoking
  - Age 60 years or older

How to refer
If you have a patient who meets Lakeridge Health’s criteria for assessment at the clinic and possible COVID-19 testing, the patient needs to:
- Complete the online COVID-19 Clinic Assessment Form (also found at lakeridgehealth.on.ca)
- AND self-isolate while they wait for a return phone call from a physician (within 24 hours)
- If the patient does not meet criteria they will not be called by a physician

COVID-19 Physician Assessment Clinic hours
- Monday to Friday 9am to 9pm
- Saturday and Sunday 8am to 4pm

March 18, 2020