



COVID-19 Update #11

Assessment Clinic

Lakeridge Health's COVID-19 Physician Assessment Clinic is now open for residents of Durham Region who require assessment for COVID-19. This clinic is by **referral only** from primary care providers, Durham Region Health Department, and emergency departments. **No walk-ins will be accepted at the clinic.**

Who should be referred?

Patients who present at a primary care provider with:

- Symptoms of upper respiratory tract infection (URTI) (cough, sore throat, headache, myalgia, fatigue, rhinorrhea and arthralgia. May also include nausea, diarrhea and abdominal pain)
- AND any of the following:
 - Fever of 38°C or higher
 - Underlying health condition(s) of concern, including: cardiovascular disease, chronic lung disease, cerebrovascular disease, hypertension, diabetes, cancer, immunosuppression, current smoking
 - Age 60 years or older

How to refer

If you have a patient who meets Lakeridge Health's criteria for assessment at the clinic and possible COVID-19 testing, the patient needs to:

- Complete the online [COVID-19 Clinic Assessment Form](#) (also found at lakeridgehealth.on.ca)
- AND self-isolate while they wait for a return phone call from a physician (within 24 hours)
- If the patient does not meet criteria they will not be called by a physician

COVID-19 Physician Assessment Clinic hours

- Monday to Friday 9am to 9pm
- Saturday and Sunday 8am to 4pm

March 18, 2020

