Novel Coronavirus (2019-nCoV) Update #5

Currently, there are no cases of 2019-nCoV in Durham Region and the risk to residents remains low.

In accordance with current PHAC recommendations, travellers returning from China should take the following steps;

Returning travellers from Hubei Province should:
- Limit contact with others (self-isolate) for 14 days after leaving the province of Hubei China.
- Contact Durham Region Health Department within 24 hours of arriving in Canada by calling 905-668-2020 OR 1-800-841-2729.
- Watch for signs and symptoms of the novel coronavirus and if they develop fever, cough or difficulty breathing, call the Health Department to inform them of these symptoms. The Health Department will provide advice on what to do.

Returning travellers from mainland China should:
- Monitor their health for fever, cough and difficulty breathing for 14 days after leaving mainland China.
- Avoid crowded public spaces where they cannot easily separate themselves from others if they become ill.
- If symptoms develop, isolate themselves as quickly as possible, and call their health care provider or Durham Region Health Department at 905-668-2020 OR 1-800-841-2729 for advice on what to do.

If a patient visiting your health care facility meets 2019-nCoV case definition:
- Contact Durham Region Health Department to report the case and determine next steps at 905-668-7711 ext 2996 or after hours 905-576-9991.
- As of February 10, 2020 Public Health Ontario Laboratory pre-approval for 2019-nCoV testing is no longer required, provided that the mandatory information is included on the requisition.
- If the patient is discharged once testing is complete, the patient should self-isolate at home while awaiting results. Durham Region Health Department will contact all patients who have been tested.

DRHD has developed new fact sheets related to 2019-nCoV and home isolation posted on durham.ca/HCP. You can subscribe to this webpage to get email updates. Durham Region Health Department will continue to monitor the situation and provide information as it becomes available.