

Durham Region Health Department **FAX about...**



For Health Care Professionals

World Hepatitis Day - July 28, 2025 "Hepatitis: Let's Break it Down"

World Hepatitis Day is recognized each year on July 28 to raise awareness about viral hepatitis, an inflammation of the liver that can lead to severe liver disease and liver cancer. This year's campaign theme, "Hepatitis: Let's break it down", encourages individuals to "get the facts, take action, and get tested" (World Hepatitis Alliance, 2025).

Did you know...

- Most people with viral hepatitis are unaware of their infection. Early diagnosis is essential to reduce transmission and prevent complications (World Health Organization, 2025).
- Chronic viral hepatitis causes 1.3 million deaths globally each year (World Health Organization, 2025).
- In 2024, Durham Region Health Department observed a 24% increase in chronic hepatitis B carriers compared to 2023. Newly diagnosed hepatitis B and hepatitis C cases remain steady relative to the previous five-year average.
- Hepatitis C is curable with antiviral treatment. Hepatitis A and B are vaccine-preventable. Chronic hepatitis B infection is treatable.

Resources

- High-risk individuals may be eligible to receive publicly funded vaccines for hepatitis A and B. For
 more information and for the vaccine Special Release order forms, visit <u>Health Care Providers Region of Durham</u> (or <u>durham.ca/hcp</u> > Forms > Order).
- For current information on testing and interpretation of test results, refer to <u>Public Health</u>
 Ontario and Canadian Liver Foundation.

July 28, 2025

