



Durham Region Health Department FAX about...

For Health Care Professionals



Ebola Disease

In May 2026, an Ebola disease outbreak, caused by the Bundibugyo virus, was declared in Democratic Republic of the Congo (DRC) and Uganda. The overall risk to the general population in Ontario is low.

Symptoms develop between 2 to 21 days after exposure and can include fever, chills, fatigue, muscle pain, headache, and sore throat followed by vomiting, diarrhea, rash, and symptoms of impaired kidney and liver function. In some cases, symptoms might present with both internal and external bleeding. Bundibugyo virus disease has an estimated case fatality rate of 23%.

Effective May 30, 2026 in Canada, individuals who have been in the Democratic Republic of the Congo, Uganda, or South Sudan within the previous 21 days will have to quarantine for 21 days on arrival to Canada.

Actions Requested

If you suspect a patient may have a Viral Hemorrhagic Fever (VHF) (using the [Viral Hemorrhagic Fever \(VHF\) Clinical Risk Assessment Tool](#)) you are to follow the [Ministry of Health's Notification Pathway for Special Pathogens](#), which directs you to:

- Immediately implement PHO's [recommended IPAC measures](#) including use of appropriate personal protective equipment (see page 17)
- **Not draw blood for VHF or any other testing**
- Consult an Infectious Diseases physician for a secondary assessment
- Notify the Ministry of Health via the 24/7 Health Care Provider Hotline at 1-866-212-2272
- Notify the Durham Region Health Department
- Business Hours: 905-668-2020 or 1-800-841-2729 ext.1813
- After Hours: 905-576-9991 or 1-800-372-1104

Additional Information

PHAC - [Ebola disease: For health professionals and humanitarian aid workers](#)

PHO - [Viral Hemorrhagic Fevers | Public Health Ontario](#)

PHO - [VHF Clinical Risk Assessment Tool](#)

May 29, 2026

905-668-2020 or 1-800-841-2729 | durham.ca/health

If you require this information in an accessible format, contact 1-800-841-2729.

