



Durham Region Health Department FAX about...

For Health Care Professionals



“What’s Up Doc?” Series

Volume 18, Number 4, January 2026

Counts of Confirmed Cases of Selected Diseases of Public Health Significance

Disease	5 Year Average Oct – Dec	2025 Oct – Dec	5 Year Average Year to Date	2025 Year to Date
Sexually Transmitted Infections	--	--	--	--
Human Immunodeficiency Virus (HIV)	9.4	6	32.0	36
Acquired Immunodeficiency Syndrome (AIDS)	0.2	0	1.0	1
Chlamydia	401.0	472	1791.4	1,859
Gonorrhea	111.2	119	442.6	520
Infectious Syphilis	17.8	25	86.8	79
Congenital Syphilis	0.6	0	1.8	0
Hepatitis B	1.8	4	7.6	12
Hepatitis C	20.8	13	95.8	78
Enteric Diseases	--	--	--	--
Amebiasis *	1.2	5 ↑	7.8	13
Campylobacter *	19.4	19	98.8	97
Cryptosporidiosis *	2.2	3	15.4	17
Cyclosporiasis *	0.6	1	31.2	22
Giardiasis *	6.4	12 ↑	35.8	49 ↑
Hepatitis A *	0.0	2 ↑	1.4	5 ↑
Listeriosis	1.2	0	2.2	1
Paratyphoid Fever	0.6	0	2.0	4
Salmonellosis *	21.4	24	102.0	134
Shigellosis *	1.4	1	7.6	12
Typhoid Fever	0.4	1	4.4	5
Vero-toxin-producing <i>Escherichia coli</i> (VTEC)	1.2	0	6.4	4
Yersiniosis *	2.2	1	7.8	7
Other Communicable Diseases	--	--	--	--
Influenza - Total	262.4	1259 ↑	559.0	2,810 ↑
Influenza A	257.8	1252 ↑	469.4	2,531 ↑
Influenza B	4.4	7	89.2	277 ↑
Invasive Group A Streptococcal Disease	16.0	24	53.2	72
Invasive <i>Streptococcus pneumoniae</i>	14.6	24	47.6	72
Invasive Meningococcal Disease	0.2	2 ↑	1.2	3
Legionellosis *	5.0	3	25.2	16
Lyme Disease *	11.2	18	100.4	184 ↑
Measles *	0.0	0	0.2	0
Mumps *	0.0	0	1.0	1
Pertussis *	1.4	0	8.6	6
Tuberculosis	4.8	4	22.4	22
West Nile virus *	0.8	0	4.4	6

* Includes both confirmed and probable cases. All numbers are preliminary data only and are subject to change.

↑ Red arrow and bolded font indicate higher than expected compared to 5-year average (2020-2024) plus 2 standard deviations.

INTEREST: Durham Region received our first Powassan virus case in September. Please see our Fax About for tickborne disease testing www.durham.ca/en/health-and-wellness/resources/Documents/ResourcesforHealthCareProviders/FaxAbout/2024/Recognizing-Tick-Borne-Diseases-Aug-12-2024.pdf.

If you prefer to receive this information in an electronic format, please submit your request to healthresources@durham.ca January 27, 2026

905-668-2020 or 1-800-841-2729 | durham.ca/health

If you require this information in an accessible format, contact 1-800-841-2729.

