



# Durham Region Health Department

## FAX about...

For Health Care Professionals



### “What’s Up Doc?” Series

Volume 18, Number 4, January 2026

#### Counts of Confirmed Cases of Selected Diseases of Public Health Significance

Disease	5 Year Average Oct – Dec	2025 Oct – Dec	5 Year Average Year to Date	2025 Year to Date
<b>Sexually Transmitted Infections</b>	--	--	--	--
Human Immunodeficiency Virus (HIV)	9.4	6	32.0	36
Acquired Immunodeficiency Syndrome (AIDS)	0.2	0	1.0	1
Chlamydia	401.0	472	1791.4	1,859
Gonorrhea	111.2	119	442.6	520
Infectious Syphilis	17.8	25	86.8	79
Congenital Syphilis	0.6	0	1.8	0
Hepatitis B	1.8	4	7.6	12
Hepatitis C	20.8	13	95.8	78
<b>Enteric Diseases</b>	--	--	--	--
Amebiasis *	1.2	<b>5 ↑</b>	7.8	13
Campylobacter *	19.4	19	98.8	97
Cryptosporidiosis *	2.2	3	15.4	17
Cyclosporiasis *	0.6	1	31.2	22
Giardiasis *	6.4	<b>12 ↑</b>	35.8	<b>49 ↑</b>
Hepatitis A *	0.0	<b>2 ↑</b>	1.4	<b>5 ↑</b>
Listeriosis	1.2	0	2.2	1
Paratyphoid Fever	0.6	0	2.0	4
Salmonellosis *	21.4	24	102.0	134
Shigellosis *	1.4	1	7.6	12
Typhoid Fever	0.4	1	4.4	5
Vero-toxin-producing <i>Escherichia coli</i> (VTEC)	1.2	0	6.4	4
Yersiniosis *	2.2	1	7.8	7
<b>Other Communicable Diseases</b>	--	--	--	--
Influenza - Total	262.4	<b>1259 ↑</b>	559.0	<b>2,810 ↑</b>
Influenza A	257.8	<b>1252 ↑</b>	469.4	<b>2,531 ↑</b>
Influenza B	4.4	7	89.2	<b>277 ↑</b>
Invasive Group A Streptococcal Disease	16.0	24	53.2	72
Invasive <i>Streptococcus pneumoniae</i>	14.6	24	47.6	72
Invasive Meningococcal Disease	0.2	<b>2 ↑</b>	1.2	3
Legionellosis *	5.0	3	25.2	16
Lyme Disease *	11.2	18	100.4	<b>184 ↑</b>
Measles *	0.0	0	0.2	0
Mumps *	0.0	0	1.0	1
Pertussis *	1.4	0	8.6	6
Tuberculosis	4.8	4	22.4	22
West Nile virus *	0.8	0	4.4	6

\* Includes both confirmed and probable cases. All numbers are preliminary data only and are subject to change.

↑ Red arrow and bolded font indicate higher than expected compared to 5-year average (2020-2024) plus 2 standard deviations.

**INTEREST:** Durham Region received our first Powassan virus case in September. Please see our Fax About for tickborne disease testing [www.durham.ca/en/health-and-wellness/resources/Documents/ResourcesforHealthCareProviders/FaxAbout/2024/Recognizing-Tick-Borne-Diseases-Aug-12-2024.pdf](http://www.durham.ca/en/health-and-wellness/resources/Documents/ResourcesforHealthCareProviders/FaxAbout/2024/Recognizing-Tick-Borne-Diseases-Aug-12-2024.pdf).

If you prefer to receive this information in an electronic format, please submit your request to [healthresources@durham.ca](mailto:healthresources@durham.ca) January 27, 2026

905-668-2020 or 1-800-841-2729 | [durham.ca/health](http://durham.ca/health)

If you require this information in an accessible format, contact 1-800-841-2729.

