



For Physician, Midwife, or Nurse Practitioner Use Only

Perinatal Mood Disorders Peer Support Group Referral Form

The free, weekly peer support group is for prenatal or postnatal women up to one year postpartum, not in crisis, experiencing symptoms of perinatal mood disorders. Women can share common experiences and learn from others in a safe and supportive environment. The group is facilitated by public health nurses.

Note: The group provides peer support not formal group therapy. While it can be an important part of the treatment plan, is not a replacement for counselling.

To refer your patient, please provide the following information:

Patient's legal name: First: _____ Last: _____

Date of birth (Y/M/D): _____

Address: _____

City: _____ Postal Code: _____

Phone number(s): _____

Referred by (name): _____

Phone: _____ Organization: _____

With client consent, please fax completed referral to:

Durham Health Connection Line (905) 666-6231

A public health nurse will call the client and provide more information.

Personal and Personal health information is collected, used and disclosed under the authority of the Health Protection and Promotion Act, R.S.O. 1990, c.h.7.s5. This information is collected and used for the purposes of screening, assessing, service planning and coordination, service and system integration, making referrals, research, and implementing and evaluating programs and services provided by the Health Department. Questions about the collection, use and disclosure of this information should be addressed to the Manager, Health Information, Privacy and Security: Durham Region Health Department at 605 Rossland Rd. E., Whitby ON L1N 0B2, (905) 668-7711.