

Stop the spread of germs

Clean your hands often with soap and water or use hand sanitizer.



Cough and sneeze into a tissue or your sleeve.



Avoid touching your face.



Keep common surfaces clean.



Stay home when you're sick.



HEALTH
DEPARTMENT

Durham Health Connection Line
905-668-2020 or 1-800-841-2729
durham.ca/health



If you require this information in an accessible format, contact 905-668-2020 or 1-800-841-2729

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