



Durham Behaviour Management Services

Winter-Spring 2021 Newsletter

This year workshops will be online, using Microsoft Teams. To register for workshops please email behaviourmanagement@durham.ca or call 905-668-4113 ext. 2929.

Act Your Age - Early Childhood Development

Wednesday January 27th, 2021

12:30 pm to 1:30 pm

Presented by Jolena Oldfield and Jennifer Watts

During this workshop attendees will:

- Investigate and examine the differences between developmental and chronological age
- Look at a breakdown of the 5 areas of development
- Briefly touch on ages & stages of development

This is a foundational workshop that aims to provide a look at the way children develop and learn in the early years. It is a building block to future workshops that look more specifically at challenging behaviours, ways for caregivers to support children and recommended strategies for increasing desired behavioural outcomes.

This workshop will be presented live via Microsoft Teams Live Event. A link and handouts will be provided to attendees upon registration confirmation. Attendees will be able to ask the facilitators questions via a Q&A chat box. The use of microphones and video by attendees is unavailable during this event.

Compliance and Reinforcement

Tuesdays, February 16 and March 2, 2021

6:30 to 9:00 pm

Presented by Bonita Zulauf and Lynne Wojnarowski

In this information session we will discuss the topic of non-compliance. Behaviour consultants will be available virtually during the session to answer your questions. The Session will be presented live via Microsoft Teams. Participants will be sent the link for the session via email along with handouts.

Are you feeling frustrated that your child is not listening to you? Do you feel like you say the same things over and over? Does your child refuse to do things that you ask or just ignore your requests?

By the end of this session participants will have a better understanding of:

- Why your child may not be doing what you ask
 - How to communicate the right way
 - How to assist with stopping a favourite activity
 - What to do if your child has difficulty with communication
 - Tips and Tricks
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Behaviour Basics

Thursday, February 25, 2021

6:30 to 8:30 pm

Presented by Christine Creamer and Jennifer Cunningham

Do you ever wonder why children keep doing what they do? If so, this workshop might be for you.

During this workshop attendees will learn:

- The main reasons why behaviour occurs
- Why behaviour may keep occurring over and over
- Key strategies that match each reason why behaviours occur

This is a foundational workshop that aims to provide an overview of the essential considerations when changing challenging behaviour. It is strongly recommended that you attend/watch this workshop prior to participating in other workshops with Durham Behaviour Management Services.

This workshop will be presented live via Microsoft Teams Live Event. A link and handouts will be provided to attendees upon registration confirmation. Attendees will be able to ask the facilitators questions via a Q&A chat box. The use of microphones and video by attendees is unavailable during this event.

Zero to Sixty

**Strategies to prevent and respond to challenging behaviour
from preschool through preteen years.**

Wednesday's March 24, 31 and April 7, 2021

6:00 to 8:30 pm

Presented by Heidi Perryman & Leanne McGillen

In this three-part workshop participants will learn:

- What does self-regulation mean?
- What it looks like to be a co-regulator.
- How to set up the environment to facilitate self-regulation development.
- The importance of identifying the triggers (through a variety of data collection methods) to behaviour escalation that occur with children.
- Proactive strategies that can be used to help avoid or de-escalate challenging behaviours.

Participants will end the series with a draft behaviour escalation continuum to help support escalations that occur in their home with a specific child.

Session format:

- Attendance at all three sessions is necessary.
 - Homework assignments will be given for completion in between sessions.
 - Sessions will be run using Microsoft Teams. Participants will be sent the link for the session via email the day of the session, along with handouts and worksheets.
 - Active participation is required during each session. Participants should expect to use their camera and microphone to take part.
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We are offering two eLearning modules

These eLearning modules were created for childcare educators; however, the information is relevant for all parents and caregivers.

Click on the links below

1. **Introduction to Behaviour (Adobe Flash is required)**
http://durham.adobeconnect.com/ebs45siyhorh/event/event_info.html
2. **Preventing the Storm (Adobe Flash is required)**
http://durham.adobeconnect.com/ey2vvvv827s2/event/event_info.html

Please note:

Adobe Flash is required for the eLearning modules - Introduction to behaviour and Preventing the storm, ensure your web browser has enabled Flash Player.

Need information and resources to help deal with challenging behaviour?

**Save
the
Date**

Durham Behaviour
Management Services
presents:
**The 2021 Virtual
Behaviour Resource
Fair.**

We welcome you to join us online as we present information on various common problem behaviours. Tickets for this event are free. Space is limited. Tickets can be obtained through www.eventbrite.ca starting May 26, 2021.

Topics highlighted throughout the Fair will include: Aggression, Behaviour Basics, Non-Compliance, Reinforcement, Temper Tantrums and Toilet Training. A full schedule of events, and list of topics, will be available at the time of sign up.

Microsoft Teams - Online
Saturday June 26, 2021
Details to follow

