

# Daily Screening

## Daily screening for licensed child care in Durham Region

The Ministry of Education and Durham Region Health Department have mandated that all children, staff, and visitors must be screened prior to entry into licensed child care centres or homes. This information is collected in accordance with O. Reg 261/20, s.5, pursuant to the Child Care and Early Years Act (2014).

Please note, if your child care centre or home has been deemed *in outbreak* all children, staff, and essential visitors must be symptom-free in order to pass this screening.

Updated: January 2022

**Please complete this form, one per child / staff / visitor, every day prior to drop-off.**

**Today's date:**

**Child care centre:**

**Who are you completing this form for?**

- My child attending a centre
- Myself, as a visitor to the centre
- Myself, as a staff member

**Child / Staff / Visitor first name:**

**Child / Staff / Visitor / last name:**

**Child / Staff / Visitor / is:**

- Fully vaccinated OR 11 years or younger
- 12 years of age or older and not fully vaccinated OR immune compromised

You are considered fully vaccinated if you have received the full series of a COVID-19 vaccine authorized by Health Canada, or any combination of such vaccines (two doses of Moderna, Pfizer-BioNTech, AstraZeneca, including COVISHIELD) in any combination or one dose of Janssen (Johnson & Johnson); one or two doses of a COVID-19 vaccine not authorized by Health followed by one dose of a COVID-19 mRNA vaccine authorized by Health Canada; three doses of a COVID-19 vaccine not authorized by

Health Canada; your final dose of the COVID-19 vaccine at least 14 days before providing the proof of being fully vaccinated.

## Required Screening Questions

Please answer the following questions for yourself as a staff or visitor or on behalf of your child.

Note: When the option of (5, 10) days is listed:

- If you or your child is fully vaccinated OR 11 years old or younger, use 5 days.
- If you or your child is 12 years old or older AND is not fully vaccinated OR is immune compromised, use 10 days.

### 1. In the last (5, 10) days have you or your child experienced any of the following symptoms?

Anyone who is sick or has any new or worsening symptoms of illness, including those not listed below, should stay home until their symptoms are improving for 24 hours and should seek assessment from their health care provider if needed. Household members of individuals with any of the below symptoms should stay home at the same time as the person who is sick, regardless of vaccination status.

If you are symptomatic and tested negative for COVID-19 on a single PCR test or two rapid antigen tests (RAT) taken 24 hours apart, and symptoms have been improving for 24 hours (nausea, vomiting and/or diarrhea symptoms must be resolved for 48 hours), you may answer “no” to all symptoms.

Symptoms should not be chronic or related to other known causes or conditions.

#### **Fever and/or chills**

Temperature of 37.8 degrees Celsius or 100 degrees Fahrenheit or higher and/or chills

- Yes  
 No

#### **Cough or barking cough (croup)**

Continuous, more than usual, making a whistling noise when breathing (not related to asthma, post-infectious reactive airways, or other known causes or conditions they already have).

- Yes  
 No

#### **Shortness of breath**

Out of breath, unable to breathe deeply (not related to asthma or other known causes or conditions you already have).

- Yes  
 No

**Decrease or loss of smell or taste**

Not related to seasonal allergies, neurological disorders, or other known causes or conditions you already have.

- Yes
- No

**2. In the last (5, 10) days, have you or your child experienced any of the following symptoms?**

Choose any/all that are new, worsening, and not related to other known causes or conditions you already have.

**Sore throat or difficulty swallowing**

Painful swallowing (not related to seasonal allergies, acid reflux, or other known causes or conditions you already have)

- Yes
- No

**Runny or stuffy/congested nose**

Not related to seasonal allergies, being outside in cold weather, or other known causes or conditions you already have

- Yes
- No

**Headache**

Unusual, long-lasting (not related to tension-type headaches, chronic migraines, or other known causes or conditions you already have). If you received a COVID-19 and/or flu vaccination in the last 48 hours and is experiencing a mild headache that only began after vaccination, select "No."

- Yes
- No

**Extreme tiredness**

Unusual, fatigue, lack of energy (not related to depression, insomnia, thyroid dysfunction, sudden injury, or other known causes or conditions you already have). If you received a COVID-19 and/or flu vaccination in the last 48 hours and are experiencing mild fatigue and/or mild muscle aches/joint pain that only began after vaccination, select "No."

- Yes
- No

**Muscle aches/joint pain**

If you received a COVID-19 and/or flu vaccination in the last 48 hours and are experiencing mild fatigue and/or mild muscle aches/joint pain that only began after vaccination, select "No."

Yes

No

**Nausea, vomiting and/or diarrhea**

Not related to irritable bowel syndrome, anxiety, menstrual cramps, or other known causes or conditions you already have.

Yes

No

**Please answer the following questions.****3. In the last (5, 10) days, have you tested positive for COVID-19?**

This includes a positive COVID-19 test result on a lab-based PCR test, rapid antigen test or home-based self-testing kit.

Yes

No

**4. Do you live with someone who is currently isolating because of a positive COVID-19 test OR live with someone who is currently isolating because of COVID-19 symptoms OR live with someone who is waiting for COVID-19 test results?**

If the individual isolating has not tested positive for COVID-19 and only has one of these symptoms: sore throat or difficulty swallowing, runny or stuffy/congested nose, headache, extreme tiredness, muscle aches or joint pain, nausea, vomiting and/or diarrhea, select "No."

Yes

No

**5. Have you been identified as a "close contact" of someone outside the household who currently has COVID-19 and been advised to self-isolate?**

If you are fully vaccinated and have been identified as a "close contact" of someone outside the household who currently has COVID-19, select "No".

If public health guidance provided to you has advised you that you do not need to self-isolate, select "No."

Yes

No

**6. Has a doctor, health care provider, or public health unit told you that you should currently be isolating (staying at home)?**

This can be because of an outbreak or contact tracing.

Yes

No

**7. In the last 14 days:**

- Have you travelled outside of Canada and were told to quarantine
- Have you travelled outside of Canada and were told to not attend school/child care
- Someone you live with has returned from travelling outside of Canada and is isolating while awaiting results of a COVID-19 test

Please note that if your child is not fully vaccinated but is exempt from federal quarantine because they [travelled with a vaccinated companion](#), they must not attend child care for 14 days. Select "yes" if this applies to your child.

If travel was solely due to a cross-border custody arrangement, select 'No'.

Does any of the above apply?

Yes

No

# Results of Screening

**If you answered “YES” to ANY question, your child cannot go to child care. Contact your child care provider to let them know that your child will not be attending.**

See below for isolation and testing requirements.

Note: When the option of (5, 10) days is listed:

- If you or your child is fully vaccinated OR 11 years old or younger, use 5 days.
- If you or your child is 12 years old or older AND is not fully vaccinated OR is immune compromised, use 10 days.

## Next Steps

**If you answered “Yes” to any of the symptoms included under question 1 "In the last (5, 10) days have you experienced any of these symptoms?", do not go to child care:**

- You must isolate (stay home) and not leave except to get tested (if eligible for PCR testing) or for a medical emergency.
- If you are not tested, and if:
  - You are fully vaccinated you must isolate for 5 days from when symptoms started and stay in isolation until your symptoms have been improving for 24 hours (or 48 hours after nausea, vomiting and/or diarrhea symptoms have resolved), whichever is longest.
  - You are not fully vaccinated OR if you are immune compromised you must isolate for 10 days from when the symptoms started and stay in isolation until your symptoms have been improving for 24 hours (or 48 hours after nausea, vomiting and/or diarrhea symptoms have resolved), whichever is longest.
- If testing is available:
  - If a single PCR test or rapid antigen test is positive, you should follow the guidance above “if you are not tested”
  - If a single PCR test is negative or two rapid antigen tests (RATs) collected 24-48 hours apart are both negative, you may return to school/child care when your symptom(s) have been improving for 24 hours (or 48 hours after nausea, vomiting and/or diarrhea symptoms have resolved).
- Household members must stay home at the same time as you, whether they are fully vaccinated or not.

**If you answered “Yes” to any of the symptoms included under question 2 "In the last (5, 10) days have you experienced any of these symptoms?", do not go to child care:**

- If you have experienced only one of these symptoms in the last (5, 10) days you must stay home until the symptom has been improving for at least 24 hours (nausea, vomiting and/or diarrhea symptoms must be resolved for 48 hours).

- If you have experienced two or more of these symptoms in the last (5, 10) days you must stay home.
  - If you are not tested and:
    - You are fully vaccinated you must isolate for 5 days from when symptoms started and stay in isolation until their symptoms have been improving for 24 hours (or 48 hours after nausea, vomiting and/or diarrhea symptoms have resolved), whichever is longest.
    - You are not fully vaccinated OR if you are immune compromised you must isolate for 10 days from when the symptoms started and stay in isolation until your symptoms have been improving for 24 hours (or 48 hours after nausea, vomiting and/or diarrhea symptoms have resolved), whichever is longest.
  - If testing is available:
    - If a single PCR test or a rapid antigen test is positive, you should follow the guidance above, “if you are not tested”.
    - If a single PCR test or two rapid antigen tests (RATs) collected 24-48 hours apart are both negative, you may return to school/child care when your symptoms have been improving for at least 24 hours (or 48 hours after nausea, vomiting and/or diarrhea symptoms have resolved).
  - Household members must stay home at the same time as you, whether they are fully vaccinated or not.

NOTE: If you also answered “YES” to question 1, follow question 1 guidance for next steps, including testing, if available.

**If you answered “YES” to question 3 "In the last (5, 10) days have you tested positive for COVID-19?", do not go to child care:**

- You must isolate (stay home) and only leave for a medical emergency.
- If you are fully vaccinated you must isolate for 5 days from when symptoms started or from when you tested positive for COVID-19 (whichever was first) and stay in isolation until your symptoms have been improving for 24 hours (or 48 hours after nausea, vomiting and/or diarrhea symptoms have resolved), whichever is longest.
- If you are not fully vaccinated OR if you are immune compromised you must isolate for 10 days from when the symptoms started or from when you tested positive for COVID-19 (whichever was first) and stay in isolation until your symptoms have been improving for 24 hours (or 48 hours after nausea, vomiting and/or diarrhea symptoms have resolved), whichever is longest.
- Household members must stay home at the same time as you, whether they are fully vaccinated or not.

**If you answered “YES” to question 4 " Do you live with someone who is currently isolating because of a positive COVID-19 test OR live with someone who is currently isolating because of COVID-19 symptoms OR live with someone who is waiting for COVID-19 test results?", do not go to child care.**

- You must isolate (stay home) while there is anyone in the home who is isolating because of symptoms, a positive COVID-19 result, or is waiting for a COVID-19 test result. You should only leave home for a medical emergency.
- All household members must stay home at the same time as the household member who has COVID-19 symptoms or is a positive COVID-19 case, whether they are fully vaccinated or not.

**If you answered “YES” to question 5 "Have you been identified as a “close contact” of someone outside of the household who currently has COVID-19 and been advised to self-isolate?” OR question 6 "Has a doctor, health care provider, or public health unit told you that you should currently be isolating (staying at home)?”, do not go to child care.**

- You must isolate (stay home) and not leave except to get tested (if eligible for PCR testing) or for a medical emergency.
- If you develop symptoms, follow isolation guidance found under results to "If you answered “YES” to any of the symptoms listed under question 1 do not go to school or child care.” and/or “If you answered “YES” to any of the symptoms listed under question 2, do not go to school or child care” depending on the symptoms you are experiencing.
- If you are 11 years or younger and have been identified as a close contact of someone outside of the household who currently has COVID-19, you must self-isolate for 5 days and stay in isolation until your symptoms have been improving for 24 hours (or 48 hours after nausea, vomiting and/or diarrhea symptoms have resolved), whichever is longest. If you are 12 years of age or older and not fully vaccinated OR immune compromised you must self-isolate for 10 days and stay in isolation until your symptoms have been improving for 24 hours (or 48 hours after nausea, vomiting and/or diarrhea symptoms have resolved), whichever is longest.
- If you are isolating because you were identified as a close contact of someone who currently has COVID-19 and were advised to isolate, or because of an outbreak or contact tracing, other people in your household can go to school, child care or work, but must not leave the home for other, non-essential reasons.

**If you answered “YES” to question 7: "In the last 14 days: have you travelled outside of Canada and were told to quarantine?; have you travelled outside of Canada and were told to not attend school/child care?; someone you live with has returned from travelling outside of Canada and is isolating while awaiting results of a COVID-19 test?" do not go to child care.**

- You must follow federal guidelines for individuals who have travelled internationally, including not going to school/child care for 14 days after their arrival and getting tested as per federal requirements.
- If you have been directed to quarantine, you must stay home for 14 days and not leave except to get tested or for a medical emergency. For more information on federal requirements for travellers, please see the [Government of Canada's website](#).
- If someone you live with is isolating following return from travelling outside of Canada and received a take-home PCR test at the airport, is symptomatic



following international travel OR is awaiting test results, you must stay home until the individual has received a negative PCR test result.

- If you develop symptoms, follow isolation guidance found under results to “If you answered “YES” to any of the symptoms listed under question 1 do not go to school or child care.” and/or “If you answered “YES” to any of the symptoms listed under question 2, do not go to school or child care” depending on the symptoms you are experiencing.