

# Behaviour Consultation in Early

Learning



Children's Developmental and Behavioural Supports

# Who are Children's Developmental and Behavioural Supports?

Children's Developmental and Behavioural Supports (CDBS) is a Special Needs Resourcing (SNR) agency, funded through the Ministry of Education. We provide behaviour consultation to the child care teams to support with the inclusion of children with identified needs.

## Why did my centre request behaviour consultation?

Child care educators will request support for behaviour consultation to help them learn how to address interfering behaviours and teach new skills to support children's social growth and development.

# Who is in the 'child care team'?

Behaviour consultants and your child care educators work with a variety of professionals to ensure children feel a sense of belonging, engagement, and well-being while attending the program.

This team may include the following: the centre's support staff and other community partners such as the Resource Consultant from the Early Learning and Inclusion Program at Resources for Exceptional Children and Youth, Grandview's Preschool Outreach Program and Surrey Place's Blind and Low Vision Early Intervention Program.

# What is my role as the parent/legal guardian?

To get service started, your child care educators will ask you to sign consent for the referral and consent for communication between the consultant and the child care team.

Prior to a consultant being assigned, a member of the CDBS team will reach out to you to describe the service, review and complete the consent package, and answer any questions you many have. Once this is complete, you will receive an email introducing you to the Behaviour Consultant assigned to the child care room.

As a parent/legal guardian, you will be invited to share your ideas and input at a strategy planning meeting to help build the child care teams coaching plan. The coaching plan is co-created by the parents/ legal guardian, the child care team, the behaviour consultant, and other support agencies.

We believe the stronger the communication and relationship between the educator team and parents/legal guardians the more positive the outcomes we can achieve together.

## What if I do not want this service or no longer want it to continue?

You always have the choice to decline service and withdraw consent for service. If considering this option, we recommend you have a discussion with your child care team.

### How can a behaviour consultant help and what does service look like?

Behaviour consultants work in collaboration with your child's child care team to help reduce interfering behaviours and build important skills.

Some behaviours can interfere with a child's ability to engage in meaningful interactions and activities including daily routines (e.g., transitions, meal times, nap time, toileting), social, communication, play and learning. These behaviours may also pose a safety risk to themselves or others. Behaviour consultants help educators develop capacity and confidence to build children's skills in these areas.

### How long is behaviour consultation service?

Behaviour consultation includes 8-12 appointments.

### What do behaviour consultants not do?

Behaviour consultants do not work one-to-one with children, consult to school boards, offer medical advice or diagnostic assessments, or offer counselling services.

## Where can I find more information?

For more information or if you require this information in accessible format, contact us at 905-668-4113 ext. 2829 or behaviouralsupports@durham.ca or visit <u>www.durham.ca/cdbs</u>.

Children's Developmental and Behavioural Supports is a program within the Children's Services Division, Social Services Department at the Regional Municipality of Durham.

