



## Children's Developmental & Behavioural Supports

Winter/Spring 2025 parent workshops

To register for workshops

Email [behaviouralsupports@durham.ca](mailto:behaviouralsupports@durham.ca) or call 905-668-4113 ext. 2829.

- In-person sessions will be held at 605 Rossland Road E, Whitby (corner of Rossland Road E and Garden Street)
  - Virtual or Hybrid sessions will be run using Microsoft Teams. Participants will be sent the link to join the sessions via email along with handouts.
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### How to begin to understand your child's behaviour

Thursday, January 23, 2025

6:30 to 8:00 pm

Presented by Lauren Jefferson and Therecia Tross

In this workshop you will learn what factors influence behaviour, the impact of prevention strategies to decrease challenging behaviours, and when behaviours require intervention. You will learn how your behaviour as caregivers has direct influence over your child's behaviour.

Please Note: This session will be run using Microsoft Teams. Participants will be sent the link to join the session via email along with handouts.

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### Encouraging Co-operation

Monday, February 3, 2025

12:00 to 1:30 pm

Presented by Samantha Francis & Jolena Oldfield

In this information session we will examine strategies to encourage co-operation. The session includes a presentation and discussion about how to prevent and respond to non-compliant behaviour, while developing an environment that encourages co-operation.

Please Note: This session will be run using Microsoft Teams. Participants will be sent the link to join the session via email along with handouts.

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Ready – Set – Potty

### Toilet Training Your Child

Monday, May 5, 2025

10:00 am to 12:00

Location: 605 Rossland Road E, Whitby Room 1A

Presented by Samantha Muir and Lynne Wojnarowski

Is your child ready to be toilet trained? Why is the process so difficult? This workshop will provide an overview of toilet training and discuss strategies to enhance readiness skills. The workshop will include strategies appropriate for all children, including those with special needs and/or developmental delays. There will be an opportunity to make visuals to take home.

Please Note

This is an in-person workshop with limited capacity.

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