

About Best Start in Durham Region

Ontario's Vision: "Children in Ontario will be ready and eager to achieve success in school by the time they start Grade 1."

Best Start was initiated in 2005 by the Ontario Government to support children and families from birth to Grade 1.

Best Start Networks were established in communities and existing service providers came together to plan for the needs of their community. The Regional Municipality of Durham designated as the Consolidated Municipal Service Manager (CMSM), assumed a lead role for our Region by developing and implementing an annual Child Care Service Management plan. Durham's Best Start Network has been very successful.

Funding for the Best Start program has been used to create and sustain additional licensed child care spaces, provide for additional Wage Subsidies for staff and to provide additional funding for Special Needs Resourcing programs. In addition, the Best Start network also updated and revised Durham's Child and Youth Charter; introduced an online Parent Calendar, hosted several community meetings to seek feedback regarding current child care issues and submitted position papers to both the Ministry of Education and the Ministry of Children and Youth Services.

The Network has created the opportunity for Durham's six School Boards, child care service providers and support agencies to meet and share information and ideas on how to work effectively together. Many partnerships have developed as a result of these activities. Durham's Best Start Network has also focused on the development of "Hub" services to better support families.

In 2011, Children's Services Division staff and some Network members prepared a plan to support Aboriginal families in Durham using specified funding from the Ministry of Children and Youth Services. As a result, the Network has been able to partner with many community agencies and services to provide successful events for Aboriginal children and families.

Finally, Durham's Best Start Network has provided input into system planning as the province implements the Early Learning Program. The Early Learning Program, as it rolls out over the next few years, will completely transform the existing School and Child Care system. The members of Durham's Best Start Network will continue to work together sharing their expertise to support children and their families in Durham Region.

For more information visit our website at www.durham.ca/childrensservices



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Area Municipal Government

The local councils are located in each of the eight area municipalities. The main responsibilities of the local municipalities are listed below:

- Animal Control
- Building & plumbing inspections and permits
- Business and Lottery Licensing
- Fire Protection / Prevention
- Green Bin, Garbage, Yard Waste and White/ bulky items collection in Oshawa and Whitby only
- Library Services
- Local Planning and Development

- Local Streets and Sidewalks
- Municipal Elections
- Parks and Recreation
- Parking and By-law Enforcement
- Property Standards
- Property Tax Collection
- Vital Statistics

Town of Ajax

Municipal Office: 65 Harwood Ave. S. Ajax, ON L1S 2H9

 Phone:
 905-683-4550

 Fax:
 905-683-8207

 E-mail:
 info@townofajax.com

 Website:
 www.townofajax.com

Township of Brock

Municipal Office:

1 Cameron St. E., P.O. Box 10 Cannington, ON LOE 1E0 Phone: 705-432-2355 Fax: 705-432-3487

E-mail: <u>brock@townshipof brock.ca</u>
Website: <u>www.townshipofbrock.ca</u>

Municipality of Clarington

Municipal Office: 40 Temperance St.

Bowmanville, ON L1C 3A6
Phone: 905-623-3379
Toll Free: 1-800-563-1195
Fax: 905-623-5717
E-mail: info@clarington.net
Website: www.clarington.net

City of Oshawa

Municipal Office:

1sr Floor, West Wing, City Hall

50 Centre St. S.

Oshawa, ON L1H 3Z7
Phone: 905-436-3311
Toll Free: 1-800-667-4292
Fax: 905-436-5642
E-mail: service@oshawa.ca
Website: www.oshawa.ca



City of Pickering

Municipal Office:
One The Esplanade
Pickering, ON L1V 6K7

Phone: 905-420-2222 Toll Free: 1-866-683-2760

E-mail: <u>customerinquiries@cityofpickering.com</u>

Website: <u>www.cityofpickering.com</u>

Township of Scugog

Municipal Office:
181 Perry St., Box 780
Port Perry, ON L9L 1A7
Phone: 905-985-7346
Fax: 905-985-9914
Website: www.scugog.ca

Township of Uxbridge

Municipal Office:

51 Toronto St. S., P.O. Box 190

Uxbridge, ON L9P 1T1 Phone: 905-852-9181 Fax: 905-852-9674

E-mail: <u>info@town.uxbridge.on.ca</u>
Website: <u>www.town.uxbridge.on.ca</u>

Town of Whitby

Municipal Office:
575 Rossland Rd. E.
Whitby, ON L1N 2M8
Phone: 905-668-5803
Fax: 905-686-7005
E-mail: clerks@whitby.ca
Website: www.whitby.ca



The Arthritis Society, Ontario Division

393 University Ave, Suite 1700 Toronto, ON M5G 1E6

Tel: 416.979.7228 Oshawa Chapter: Toll Free: 1-800-321-1433 44 William Street Oshawa, ON

Email: info@on.arthritis.ca Phone: 905.434.7221
Website: www.arthritis.ca Phone: 1-800-321-1433

Description: The Arthritis Society is Canada's principal arthritis health charity dedicated to funding and promoting arthritis education, research-based solutions and community-based support. The Society empowers the nearly 4.5 million Canadians with arthritis, 1.8 million in Ontario alone, to live their lives to the fullest by combating the daily limitations of arthritis. In the last 60 years, The Society has invested \$160 million towards arthritis research to develop better treatments and, ultimately, find a cure.

Autism Ontario - Durham Region

P.O. Box 40008 Whitby, ON L1R 0G2

Phone: 905-432-5092 (Local—Oshawa)

Phone: 1-866-495-4680 Fax: 1-866-495-4680

E-mail: <u>durham@autismontario.com</u>
Website: <u>www.autismontario.com/durham</u>

Description: Autism Ontario - Durham Region is a regional chapter of Autism Ontario, a non-profit registered charity in Ontario dedicated to ensuring that every individual with Autism Spectrum Disorder (ASD) is provided the means to achieve quality of life as a respected member of society.

Autism is a neurological disorder affecting three key areas of development to varying degrees: communication, behaviour and social skills. Autism may also have an impact on the way an individual processes sensory information.

The mission of Autism Ontario - Durham Region is to:

- share information (including information about the warning signs of autism in early childhood)
- offer support
- encourage friendship among families affected by ASD in Durham Region

The organization also:

- raises public awareness
- facilitates advocacy
- provides funding for a variety of speaker events and social learning opportunities through Autism Ontario's Realize Community Potential Program in Durham Region

Currently serving hundreds of families throughout Durham Region, Autism Ontario - Durham Region relies on donations from individuals and members of the business community to fund its programs and services.





Big Brothers and Sisters of Ajax-Pickering

7C-1735 Bayly Street
Pickering, ON L1W 3G7
Phone: 905-831-3777
Fax: 905-831-8364

E-mail: info@bbandsofap.com www.bbandsofap.com



Big Brothers and Sisters of Clarington

23 Scugog Street

Bowmanville, ON L1C 3H7 Phone: 905-623-6646 Fax: 905-623-0704

E-mail: <u>kids.clarington@bigbrothersbigsisters.ca</u>

Website: www.bigbrothersandsisters.ca

Big Brothers and Sisters of Oshawa/Whitby

70 Simcoe Street North
Oshawa, ON L1G 4S2
Phone: 905-579-2551
Fax: 905-579-2550
E-mail: bbbsow@bellnet.ca

Website: www.bbbsow.ca



Big Brothers and Sisters of North Durham Region

15585 Simcoe Street (located in Scout Hall) Port Perry, ON L9L 1A8

Mailing Address:

P.O. Box 961

Port Perry, ON L9L 1A8 Phone: 905-985-3733 Fax: 905-985-1133

E-mail: <u>margaretbbbsnd@aol.com</u>

Website: www.bigbrothersbigsisters.ca/northdurham

Description: Big Brothers and Sisters provides direct service to children by matching them to adult volunteers in quality mentoring relationships. Big Brothers, Big Sisters, Couples and In-School Mentoring programs match children between the ages of six to fourteen with screened and trained volunteers over the age of 18.



Canadian Cystic Fibrosis Foundation

2221 Yonge Street, Suite 601 Toronto, ON M4S 2B4

Phone: 416-485-9149, Toll Free: 1-800-378-2233

Fax: 416-485-0960 / 416-485-5707

e-mail: <u>info@cysticfibrosis.ca</u> Web site: <u>www.cysticfibrosis.ca</u>

Description: Cystic Fibrosis Canada is a Canada-wide health charity, with 50 volunteer chapters, that funds vital CF research and care. Cystic Fibrosis Canada's mandate is to help individuals with CF, principally by funding CF research and by supporting high quality clinical and transplant care. Cystic Fibrosis Canada also provides educational materials for the CF community and the general public; undertakes advocacy initiatives with, and on behalf of, Canadians with CF to enhance their quality of life; and raises funds to support its programs.

Canadian Diabetes Association

Durham Region Branch 235 Yorkland Blvd., Unit 200 Toronto, ON M2J 4Y8 Phone: 416-408-7145

11011e. 410-400-7143

Toll-free: 1-800-BANTING (1-800-226-8464) ext. 7144

Fax: 416-491-8927
E-mail: info@diabetes.ca
Website: www.diabetes.ca

Description: The Canadian Diabetes Association is a charitable organization that has grown to include a presence in more than 150 communities across the country. The Canadian Diabetes Association promotes the health of Canadians through diabetes research, education, service, and advocacy.



CANADIAN

DIABETES

ASSOCIATION

CANADIENNE

ASSOCIATION DU DIABÈTE



The Canadian Hearing Society

Website: www.chs.ca



Durham Office

Peterborough Regional Office

Braemor Centre Plaza

315 Reid Street,

575 Thornton Road North Unit 7 Oshawa. ON L1J 8L5 Peterborough, ON K9J 3R2 Phone: 705-743-1573

Phone: 905-404-8490 TTY: 1-888-697-3617 Fax: 905-404-2012 TTY: 1-888-697-3623 Fax: 705-741-0708 E-mail: infochs.ca

TOLL FREE

Phone: 1-800-213-3848 TTY: 1-800-213-0514 E-mail: info@chs.ca

City of Kawartha Lakes, Northumberland, and Haliburton TOLL FREE

Phone: 1-800-213-3848 TTY: 1-800-213-0514 Fax: 1-800-360-6264

Employment Services and Hearing Care Counselling for

people 55+ with acquired hearing loss

Description: The Canadian Hearing Society is the leading provider of services, products, and information that remove barriers to communication, advance hearing health, promote equity for people who are culturally deaf, oral deaf, deafened and hard of hearing.

Cardinal Nannies & Companions Inc.

20 Cavan Street

Port Hope, ON L1A 3B4

Phone: 905-666-2228 (Whitby)

Phone: 905-885-6008 (Northumberland) Toll Free: 1-800-219-8059

Fax: 905-885-8248

Email: moyra@cardinalnannies.com
Website: www.cardinalnannies.com

Description: Provides professional one-on-one in-home caregiver services with efficiency, integrity, flexibility and quality care. We supply experienced, qualified caregivers for children, seniors and special needs clients. Call for a Home Visit. Short term contracts with three (3) hour minimum. Bilingual live-in caregivers from Quebec for the summer or long term are available. Foreign live-in caregivers in Canada on work permits needing employees also available for long term placements.





Catholic Family Services of Durham

Website: www.cfsdurham.com

Oshawa:

115 Simcoe Street South, 1st Floor 1710 Scugog Street Oshawa, ON L1H 4G7 Port Perry, ON L9L 1E2 Phone: 905-725-3513 (Immaculate Conception

. Church) Toll Free: 1-877-282-8932

Fax: 905-725-8377 Phone: 905-985-4221

Uxbridge—Satellite Office: Ajax:

70 Toronto Street North MacKenzie Plaza

Uxbridge, ON L9P 1C7 250 Bayly Street West Unit 22

Ajax, ON L1S 3V4 Intake—through Oshawa office at 905-725-3513 Phone: 905-428-1984

Catholic Family Services of Durham is a fully accredited counselling agency that offers services to women and children who have been abused and/or are victims of family violence. We offer family, individual and couples counselling, parenting courses, workshops and groups. We provide services for children, teens and adults in the Durham Region regardless of religious affiliation and financial situation.

Port Perry:

Central East Community Care Access Centre

Whitby Branch 920 Champlain Court Whitby, ON L1N 6K9 Phone: 905-430-3308

Toll Free: 1-800-263-3877 905-430-3297 Fax: Website: www.ce.ccac-ont.ca Community Care Access Centre Centre d'accès aux soins communautaires

The Central East Community Care Access Centre (Central East CCAC) provides a single Description: point of access for people of all ages who need in-home health care services, admission to long-term care homes and programs, school health support services and information and referral to community services.

CNIB

1 Mary Street North, Unit D Oshawa, ON L1G 7W8 Tel: 905-436-7732 Fax:

Website:

Description: CNIB works to ensure that children with vision loss get the best possible start in life, and that their parents have the resources and support they need to quide their child along the path to success and independence. CNIB Early Intervention Services assist children aged 0-6 to build a foundation for their future growth and development that is consistent with their individual potential, in partnership with parents/guardians, caregivers, teachers and therapists.

For more information contact: Heather Edmonds, ECVC, 1-866-699-1699 ext. 5236.



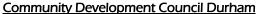


Community and Family Services—Salvation Army

45 King Street East
Oshawa, ON L1H1B2
Phone: 905-723-7422
Fax: 905-723-8276

E-mail: <u>cfs@oshawa-temple.org</u>
Website: <u>www.oshawa-temple.org</u>

Description: Community and Family Services includes: Personal and Family Counselling, Anger Management Programs, Thrift Store, Emergency Food Supply (Food Bank), Emergency Disaster Services, Children's Summer Day Camps, Mobile Outreach (Street Ministry), Community Garden and more.



458 Fairall St., Unit 4 Ajax ON L1S 1R6

Phone: 905-686-2661
Fax: 905-686-4157
Email: info@cdcd.org
Website: www.cdcd.org



Description:

Community Development Council Durham, a not-for-profit charitable organization, provides a wide range of programs to the general public across the entire Region. Our mission statement is to create, advocate and support policies, attitudes and actions, which enhance individual, family, and community growth. We are governed by a volunteer Board of Directors and have an extensive history of successful partnerships with the public and private sector, including all levels of government.

There are no fees for our programs and services and are confidential and culturally inclusive. Over 15 different languages are spoken by the staff of CDCD.

Our Programs:

Durham's Child Nutrition Project supports the link between nutrition and learning by supporting free healthy breakfast and snack programs that have helped thousands of children/youth across Durham in a warm and caring environment. The program fosters parental involvement and community ownership in all of the programs supported.

Host Program is a friendship program which helps newcomers adjust to life in Canada. A trained volunteer spends time with a newcomer on a weekly basis and can help with language skills, social needs and cultural awareness and activities available in the area. Everybody benefits from the Host Program as newcomers and volunteers learn about each other's countries and cultures.

Host Youth Program is for youth between the ages of 13 and 24. The goal is to help young newcomers settle easily in Canada. A trained volunteer youth host develops a friendship with a newcomer youth and may assist with the settlement process by helping with school or social activities. The Host Youth Worker plans activities, games, newsletter writing, homework clubs, Conversation Circles and more.

Housing Help Durham is comprised of 3 services:

The Housing Help Durham Landlord Registry is a computerized listing of private market rental units located throughout Durham obtained through contact with landlords of private apartment buildings and homeowners with either rooms or apartments to rent. The registry operates at no cost or obligation to either the landlord or prospective tenant and anyone, regardless of income, can use the service.

(cont'd)



Community Development Council Durham (cont'd)

The Housing Access Centre provides easier access for the consumer of not-for-profit housing in Durham. Applicants can make one call or visit to obtain information on rental housing choices, pick up a common application form, determine eligibility, and apply to one or more rental housing complexes including non-profits and co-ops. The waiting list for subsidized housing in Durham Region is lengthy.

The Durham Rent Bank and Community Trust Fund are homelessness prevention programs. The rent bank provides interest free loans to families late with their rent by up to two months. The community trust fund helps families temporarily unable to meet a debt payment due to unusual circumstances. A trust fund is loaned for things as hydro/gas arrears and is available to those in economic challenges.

Immigrant Settlement and Adaptation Program gives assistance to newcomers in Canada. The program provides information and referrals to economic, social, health, cultural, educational, and recreational services in the area. Interpreters or translators may be provided, if needed. The program provides non-therapeutic counselling, helps in the job search skills, and more. There are three Hispanic groups offered by the program as well, Hispanic Immigrant and Refugee Women Support Group, Hispanic Group Edad de Oro (Seniors Group) and Play and Learn Spanish.

Language Instruction for Newcomers to Canada (LINC) is adult English language training integrating newcomers into Canadian culture and society by providing classes based on different themes. Eligible students have access to childcare and transportation. CDCD is the only LINC assessment and referral office for the Durham Region. See LINC Assessment Office listing for more details.

The **Newcomer Settlement Program** (NSP) supports the settlement of newcomers to Ontario. Its objective is to assist in adjusting and contributing to life in Ontario. Services include one-on-one needs assessment, information (i.e. how to obtain a health card), group orientation on topics such as Canadian law, employment skills and professional information and more.

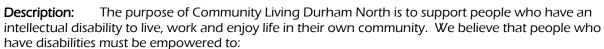
Social Planning and Research researches the social trends, needs and issues relevant to individuals in Durham and works with the community to develop solutions to various social problems; provides the community with local information on social needs, current publications such as research reports and community events; has access to professional, regional and voluntary expertise on various issues.



Community Living Durham North

60 Vanedward Drive, Unit 2 Port Perry, ON L9L 1G3 Phone: 905-985-8511 905-985-0799 Fax:

Website: www.communitylivingdurhamnorth.ca



- Live as independently as possible, supported to the extent that is necessary to meet individual needs;
- Make real choices, however those choices are expressed;
- Enjoy real friendships and other naturally supportive relationships, and;
- Experience the security of unquestioned inclusion in their community.

Community Living Ajax, Pickering and Whitby

36 Emperer Street Vocational Services: Ajax, ON L1S 1M7 177 Dowty Road Phone: 905-427-3300 Ajax, ON L1S 2G3 Fax: 905-427-3310

Phone: 905-683-6732 Website: http://www.cl-apw.org 905-683-6820 Fax.

Community Living Ajax, Pickering and Whitby

Description: The purpose of the association is to take a leadership role to promote and support within the community, the gifts, capacities and natural relationships of all people who live with a developmental disability by:

- Promoting and protecting their rights, freedoms and values;
- Recognizing and validating the inherent strengths within families and communities;
- Collaborating with people to direct their own lives;
- Engaging the community to welcome all people, and; Promoting opportunities for all people to contribute to the community.

Community Living Oshawa/Clarington

39 Wellington Avenue East Oshawa, ON L1H 3Y1 Phone: 905-576-3011 905-576-9754 Fax:

E-mail: info@communitylivingoc.ca Website: www.communitylivingoc.ca

The Clarington Project

132 Church Street

Bowmanville, ON L1C 1T5 Phone: 905-623-6814 Fax: 905-623-0221

The words "community living" reflect our belief that all people have the right to live a Description: fully integrated life within the community:

- To live
- To work
- To enjoy recreation
- To attend neighborhood schools
- To be active in all stages of one's life



COMMUNITY

Oshawa / Clarington

COMMUNITY LIVI

Inspiring Possibilities

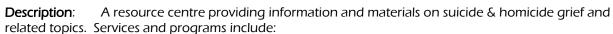
Durham North



Distress Centre—Durham—Resource Centre

306 Brock Street North
Whitby, ON L1N 4H7
Phone: 905-430-3511
24 hour help line: 905-430-2522
Fax: 905-430-1381

Hours: Monday—Friday 9:30am—5:30 pm E-mail: dcd@distresscentredurham.com Website: www.distresscentredurham.com

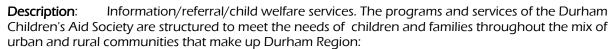


- 24 hour Helpline 1-800-452-0688
- Call out program
- Suicide and or homicide Survivor Support Groups for those who have lost a loved one to suicide or homicide.
- Adolescent Suicide Awareness program in local secondary schools.
- Community Education and Training programs.

Durham Children's Aid Society

1320 Airport Blvd.
Oshawa, ON L1H 7K4
Phone: 905-433-1551
Toll Free: 1-800-461-8140
Fax: 905-433-0603

E-mail: <u>durhamcas@durhamcas.ca</u>
Website: <u>www.durhamcas.ca</u>



- Child Protection Services
- Foster Care Services
- Residential Services
- Adoption Services
- Volunteer Services
- Community Awareness and Fundraising

Durham Deaf Services

750 King Street East
Oshawa, ON L1H 1G9
Phone: 905-579-3328
TTY 905-579-6495
Fax: 905-728-1183

E-mail: <u>info@durhamdeaf.org</u>
Website: <u>www.durhamdeaf.org</u>

Description: Durham Deaf Services is a non-profit organization that offers services and educational programs to promote self-reliance within the deaf, deafened and hard of hearing community.









Durham Family Network

850 King Street West, Unit 20 Oshawa, ON L1J 8N5

Phone: 905-436-2500 Toll Free: 1-800-500-2850 Fax: 905-436-3587

Website: www.dafrs.com (Durham Association for Family Respite Service)

Description: "Families committed to families", the Durham Family Network exists to bring families together to support one another in a variety of ways. The Network has as its vision that families can grow in their capacity to plan for a desirable future for their family member who is identified with a disability.

Durham Farm & Rural Family Resources

Uxbridge Public School 64 Victoria Drive Uxbridge, ON

Phone: 905-862-2750 ext. 310

Fax: 905-862-2851

E-mail: <u>info@durhamfamilyresources.org</u>

Mailing address: P.O. Box 176 Uxbridge, ON L9P 1M7

Oxbridge, ON E71 1117

Description: Delivering Ontario Early Years Programs in Uxbridge Township:

Uxbridge Centre: Uxbridge Public School 64 Victoria Drive

Monday, Tuesday and Wednesday - 9:00 am-2:00pm,

Thursday-9:00am-2:00pm

Outreach:

Brock Township:

Cannington Community Centre Monday and Friday - 9:00am-11:30am

Beaverton: Beaverton Public School

Tuesday, Wednesday and Thursday - 8:30am- 1:30pm

Sunderland: Sunderland Public School Monday and Friday—8:30am—11:30am

On Farm Child Care (seasonal) June, July and August







Easter Seals Society

Easter Seals Ontario One Concorde Gate Suite 700

Toronto, ON M3C 3N6 Phone: 416-421-8377 Toll Free: 1-800-668-6252 Fax: 416-696-1035

Website: <u>www.easterseals.org</u>



Description: Easter Seals Ontario is dedicated to helping children, youth and young adults with physical disabilities achieve their potential and future independence. Easter Seals funds disability solutions through financial assistance, summer camp, the Recreational Choices funding program, research, advocacy and public & consumer education

Eastview Boys and Girls Club

433 Eulalie Avenue Oshawa, ON L1H 2C6 Phone: 905-728-5121

Fax: 905-728-5121

E-mail: eastviewbgc@eastviewbgc.com
http://www.eastviewbgc.com

Northview Unit

150 Beatrice Street East Oshawa, ON L1G 7T6

Phone: 905-436-5636 ext. 2871

Description: We help children and youth get more out of life through our recreational, educational and social support programs. We are one of many clubs across the country who offer youth, ages 6 to 18 years, an opportunity to belong to a place just for their own benefit.





Education

Durham Catholic District School Board

650 Rossland Road West Oshawa, ON L1J 7C4

Phone: 905-576-6150
Toll Free: 1-877-482-0722
Fax: 905-721-8239
Website: www.dcdsb.ca



Durham District School Board

400 Taunton Road East Whitby, ON L1R 2K6

Phone: 905-666-5500 Toll Free: 1-800-265-3968 Fax: 905-666-6474

Website: www.ddsb.durham.edu.on.ca



Conseil scolaire de district catholique Centre-Sud

110 Drewry Avenue Toronto, ON M2M 1C8

Telephone: 416-397-6564 Toll Free: 1-800-274-3764 Fax: 416-397-6576

Website: www.csdccs.edu.on.ca



Conseil scolaire Viamonde

116 Cornelius Parkway Toronto. ON M6L 2K5

Telephone: 416-614-0844
Toll Free: 1-888-538-1702
Fax: 416-397-2012
Website: www.csdcso.on.ca



Kawartha Pine Ridge District School Board

Education Centre

1994 Fisher Drive, P.O. Box 7190 Peterborough, ON K9J 7A1

Phone: 705-742-9773 Toll-Free: 1-877-741-4577

Fax: 705-742-7801
E-mail: kpr_info@kprdsp.ca
Website: www.kpr.edu.on.ca



<u>Peterborough Victoria Northumberland & Clarington</u> Catholic District School Board

1355 Lansdowne Street West

Peterborough, ON K9J 7M3 Phone: 705-748-4861 Toll Free: 1-800-461-8009

Fax: 705-748-9734 Website: www.pvnccdsb.on.ca





Education (cont'd)

Community Development Council Durham

Language Instruction for Newcomers to Canada (LINC) LINC Assessment Office 134 Commercial Avenue Ajax ON L1S 2H5

Phone: 905-686-2661 Ext 128

Fax: 905-686-4157

Website: www.DurhamLINC.ca



Language Instruction for Newcomers to Canada (LINC) is adult English language training integrating newcomers into Canadian culture and society by providing classes based on different themes. Eligible students have access to child care and transportation. Classes are offered at all levels of English proficiency across the Region. CDCD is the only LINC assessment and referral office for the Durham Region.



Enterphase Child & Family Services

209 Bond Street East
Oshawa, ON L1G 1B4
Phone: 905-434-8909
Fax: 905-434-1775

Website: <u>www.enterphase.com</u>



Description: A children's mental health resource providing residential care and day treatment services to latency and adolescents with behavioural, emotional and psychiatric difficulties. Enterphase is a private-fee for service agency.

Epilepsy Durham Region

310 Byron St. S., Unit 3 Whitby, ON L1N 4P8 Phone: 905-571-2099 Fax: 905-571-0995

E-mail: <u>Support@epilepsydurham.com</u>
Website: <u>www.epilepsydurham.com</u>

Description: Epilepsy Durham Region is a registered charitable non-profit, non-governmental health organization. Dedicated to promoting independence and optimal quality of life for children and adults living with epilepsy and seizure disorders and their families. Our goals are to advocate for those living with epilepsy, provide support services and to educate the public to eliminate stigma and dispel myths.

Family & Community Action Program (FCAP)

75 Centennial Rd. Ajax, ON L1S 4S4

 Phone:
 905-686-6466

 Fax:
 905-619-4578

 E-mail:
 fcap@ymcagta.org

 Website:
 www.ymcagta.org



EPILEPSY DURHAM REGION

matters

Description: The Family and Community Action Program aims to help communities develop comprehensive, integrated programs to promote the health and social development of at-risk children. FCAP offers parent support groups in twenty-one communities across Durham Region. These include informal parent/child interaction, Nobody's Perfect Parenting Program and School's Cool.



Food Banks

Ajax:

Salvation Army-Hope Community Church

Phone: 905-427-7123

Mon.—Thurs. 10:00 am—3:00 pm Hours:

Youth Centre

905-428-1212 Phone:

Beaverton:

Brock Community Food Bank 523 Simcoe Street, Beaverton Phone: 1-877-406-8723

Hours: Friday 10:00 am - 1:00 pm

Bowmanville:

Salvation Army

905-623-2185 Phone: Fax: 905-697-1605

Hours: Mon, Tues, Thurs. 12:30 —3:30 pm

Claremont:

Claremont United Church Phone: 905-649-1363 Hours: Tues.—Fri.

Newcastle:

Clarington East Food Bank 905-987-1418 Phone: Hours: Tues 1:00 - 4:00 pm,

Oshawa:

New Life Neighbourhood Centre

905-404-2004 Phone:

Salvation Army - Family Services Phone: 905-723-7422

Seventh Day Adventist Community Centre

Phone: 905-433-8800 Fax: 905-433-9616

Hours: Wed 12:30 pm - 2:45 pm

Thurs 9:00 am—2:45 pm

Simcoe Hall Settlement House Phone: 905-728-7525 905-728-3769 Fax:

Email: info@simcoehall.com Oshawa Continued

St. Peter's Anglican Church Food Bank

Phone: 905-728-8080 Tues 6:00-7:00 pm, Hours:

(except 5th Tue of month)

The Eating Well:

Phone: 905-579-1706

Pickering:

St. Paul's On The Hill Community Food Bank

Phone: 905-839-9537

Hours: Sept to June - every Tues and Fri except

the first week of the month. July & Aug every Tues 10:00 am - 12:00 pm

Salvation Army-Hope Community Church

Phone: 905-427-7123 905-426-8340 Fax:

Mon, Tues, Thurs 9:30 am-Hours:

4:00 pm

Port Perry:

Operation Scugog

905-985-7271 Phone:

Hours: Wed 12:00 - 4:00 pm

Uxbridge:

Loaves and Fishes

Phone: 905-852-6262 Hours: Wed 1:00 - 4:00 pm

Whitby:

Hours:

Salvation Army, Family Services 905-430-3454 Phone:

Fax: 905-668-5400

Sunderland:

Brock Community Food Bank Phone: 1-877-406-8723

Hours: Fri 10:00 am-1:00 pm

Mon-Fri 1:00-4:00 pm



Frontenac Youth Services

1160 Simcoe Street South Oshawa, ON L1H 5L8 Phone: 905-579-1551 Toll Free: 1-877-455-5527 Fax: 905-723-7059

E-mail: reception@frontenacyouthservices.org
Website: www.frontenacyouthservices.org

Description: A children's mental health centre. No charge for services. Residential, Day Treatment and Outpatient counselling is offered to youth between the ages of 12 and 18 and their families to help adolescents deal with behavioural, emotional, psychiatric as well as learning difficulties.

Girls Incorporated of Durham

398 Bayly Street West Unit 1

Ajax, ON L1S 1P1

Phone: 905-428-8111

Toll Free: 1-877-447-5795 or 1-877-GIRLSXL

Fax: 905-428-9992

E-mail: <u>info@durham.girls-inc.org</u>
Website: <u>www.girlsinc-durham.org</u>



Description: Girls Incorporated of Durham is recognized in the community as an organization with a unique understanding of the needs of girls and young women, and a comprehensive range of high-quality services to meet those needs. As the only gender-specific agency for girls and young women in Durham, Girls Inc. empowers girls and young women to believe in themselves and reach their full potential. We do that by providing programs, education and mentoring relationships. Our mentoring and skill-based programs have been well researched and developed to specifically address the unique needs of girls. Girls are encouraged to take risks and master physical, intellectual and emotional challenges in a positive and fun environment. Major skill-based programs address math, science, education, pregnancy and drug abuse prevention and intervention, leadership, media literacy, economic literacy, adolescent health, violence prevention and sports participation.



<u>Girls Incorporated of Durham</u> <u>Pre-Post Natal Nutrition Program Drop-In Site:</u>

398 Bayly Street West, Unit 1

Ajax, ON L1S 1P1

Phone: 905-428-8111

Toll Free: 1-877-447-5795 or 1-877-GIRLSXL

Fax: 905-428-9992

E-mail: <u>info@durham.girls-inc.org</u>
Website: <u>www.qirlsinc-durham.org</u>

Ajax site:

The Youth Centre 5-360 Bayly Street West, Ajax Wednesday 2:00-4:15 pm

Beaverton site:

St. Andrews United Church 523 Simcoe Street, Beaverton Tuesday 12:30 -2:30 pm

Bowmanville site:

OEYC Bowmanville, Dr. Ross Tilley Public School 45 Westside Drive, Bowmanville Tuesday 1:00 – 2:30 pm

Cannington site:

Trinity United Church 50 Laidlaw Street North, Cannington Monday 10:30 am -1:00 pm

North Oshawa site:

Northview Meadow Cooperative Housing 1252 Pentland Street, Oshawa Tuesday 1:00 - 2:30 pm



South Oshawa site:

YWCA Durham OEYC

Umbrella site

Young mothers in recovery from substance

dependencies

1 McGrigor Street, Oshawa

Friday 1:00 – 3:30 pm

South Oshawa site:

YWCA Durham OEYC – Oshawa 1 McGrigor Street, Oshawa

Thursday 1:00 - 3:30 pm

Pickering site:

Pickering Ontario Early Years Centre Amberlea Plaza 1822 Whites Rd. Pickering

Monday 4:30 - 6:30 pm

Port Perry site:

Port Perry United Church 294 Queen Street, Port Perry Wednesday 10:30 am- 2:00 pm

Uxbridge site:

Baptist Church 231 Brock Street, West, Uxbridge Monday 11:30 am -1:30 pm Runs bi-weekly

Description: The Canada Prenatal Nutrition Program (CPNP) is a community based initiative that aims to reduce the incidence of unhealthy birth weights, improve the health of both infant and mother and encourage breastfeeding. CPNP Drop-in Sites, which are known as Food '4' Thought Drop-ins, are operated in 10 sites throughout Durham Region. Each drop-in site provides a safe, friendly environment where women can obtain advice from health care providers and other moms, get materials on health and wellness, and receive fresh fruit and vegetables, milk, and prenatal vitamins. This program is for pregnant women and new mothers below 26 years of age. Women may come to a site any time during their pregnancy and continue to receive support until their infants are 6 months of age.



Grandview Children's Centre

Main Site

600 Townline Road South Oshawa, ON L1H 7K6 905-728-1673 Phone: Toll Free: 1-800-304-6180 905-728-2961 Fax:



Whitby (Whitby Mall)

Ajax (Grandview West) Lang Tower West, Suite 203 570 Westney Road South 1615 Dundas St. East Ajax, ON L1S 6V5

Whitby, ON L1N 2L1 Phone: 905-619-6551 905-619-6552 Phone: 905-440-4573 Fax:

Fax: 905-440-4601

Website: www.grandviewcc.ca

Description: Grandview offers Medical Services, Physiotherapy, Occupational Therapy, Speech Language Pathology (for preschool children), Audiology, Family Support Services, and Recreation Services. Programs include the Preschool Outreach Program, Campbell Children's School, Durham Preschool Speech and Language Program, Tri Regional Infant Hearing Program, and Durham ABAbased Services and Supports for Children and Youth with Autism Spectrum Disorder.

Herizon House

314 Harwood Ave. S. PO Box 21012 Ajax, ON L1S 7H2

Phone: 905-426-1064

Crisis Phone: 1-866-437-4066 (1-866-HERIZON)

Fax: 905-426-8275

E-mail: administration@herizonhouse.com

Website: www.herizonhouse.com

Herizon House provides a place of safety where women and their children will feel Description: accepted, supported and empowered as they move towards living their lives free of violence. Herizon House offers free confidential services 24 hours a day. Services include: a 30-bed emergency shelter for women and their children, crisis counselling, 24-hour crisis line, supportive programs for resident children, housing and legal support, referrals and community advocacy.



John Howard Society of Durham Region

Ajax:

136 Commercial Avenue Ajax, ON L1S 2H5

Phone: 905-427-8165 Fax: 905-427-3701

Oshawa:

75 Richmond Street West Oshawa, ON L1G 1E3 Phone: 905-579-8482

Fax 905-435-0352



Whitby:

114 Dundas Street East, Unit 200

Whitby, ON L1N 2H7 Phone: 905-666-8847 Fax: 905-430-0694

ihsdurham@ihsdurham.on.ca E-mail: Website: http://www.jhsdurham.on.ca Bowmanville:

132 Church Street

Bowmanville, ON L1C 1T5 Phone: 905-623-6814 Fax 905-623-0221

Description: A non-profit social service agency helping residents of Durham since 1962. JHS is dedicated to servicing individuals and families, youth and adults, with programs and services to address relationships/personal counselling, parenting, anger management, employment, literacy/ upgrading, housing/eviction prevention, and crime prevention. Both walk-in service and pre-scheduled

Active Parenting Program

Oshawa:

E-mail:

75 Richmond Street West Oshawa, ON L1G 1E3 905-579-8482 Phone:

Ajax:

136 Commercial Avenue Ajax, ON L1S 2H5

Phone: 905-427-8165

Website: http://www.jhsdurham.on.ca

maria.perrino@jhsdurham.on.ca

Description: An 8-week group program in 3 different formats: parents of children 0-4, 5-12 and parents of teens. Helps parents develop positive communication lines and instill decision making skills in their children and eliminate power struggles.

Dads Aiming for Direction and Support (D.A.D.S.)

Oshawa:

E-mail:

Website:

75 Richmond Street West Oshawa, ON L1G 1E3 905-579-8482 Phone:

jan.langlois@jhsdurham.on.ca

http://www.jhsdurham.on.ca

Ajax: 136 Commercial Avenue Ajax, ON L1S 2H5

Phone: 905-427-8165



Description: Weekly peer support group, one to one counselling and educational workshops for fathers going through separation and divorce.



Kids Help Phone

300-439 University Avenue Toronto, ON M5G 1Y8 Phone: 416-586-5437 Fax: 416-586-0651

E-mail: <u>info@kidshelpphone.ca</u>

Website: www.kidshelpphone.ca http://www.kidshelpphone.ca Kids Help Phone's professional counselling service is available 24/7 by

phone and online:

Toll Free: 1-800-668-6868



Description: Every day, Kids Help Phone counsellors answer calls and online questions from across Canada. No matter what the problem or concern, our professional counsellors are available 24/7 to provide immediate and caring support, information and, if necessary, referral to a local community or social service agency.

Kinark Child & Family Services

20 Sunray Street
Whitby, ON L1N 8Y3
Phone: 905-668-2411
Toll Free: 1-866-929-0061

Central Intake Phone: 1888-4-KINARK (1-888-454-6275)

Fax: 905-665-9292

Website: www.kinark.on.ca/ http://www.kinark.on.ca/

Description:

Our Mission:

Kinark Child & Family Services is a non-profit children's mental health agency that provides a full range of free and confidential programs and services to children and youth with mental health issues, as well as support to their families/caregivers.

Treatment Services may include:

Crisis Response; Individual and Family Counselling; Group Work; TAPP-C Arson Prevention; Intensive Services for 0-6, and 6-12 yrs.; Therapeutic Day Nursery; Day Treatment; Residential; Durham Under 12 Program, MST.

Referral to CEAP (Central East Autism Program):

Call to Central Intake 1-888-454-6275





Lake Ridge Community Support Services

900 Hopkins Street, Unit 8 Whitby, ON L1N 6A9 Phone: 905-666-9688 Fax: 905-666-5541

E-mail: genmail@lrcss.com
Website: www.lrcss.com

Description: The Agency's professional staff provide support to individuals, community agencies, families, educators and other professionals working with persons having a developmental disability or Autism Spectrum Disorder through the provision of treatment, educational and consultative services.

Referrals for Central East Autism Service (intensive behavioural intervention program) no current age restrictions. Referrals through Kinark Child & Family Services at 1-888-454-6275.

Legal Aid Ontario

Oshawa Shopping Centre 419 King Street West, Unit 3512 Oshawa. ON L1J 2K5

Phone: 905-728-7321
Toll Free: 1-800-668-8258
Fax: 905-728-6362
Website: www.legalaid.on.ca

Description: For those who qualify financially and legally, this service offers a legal aid certificate, which can be used to retain a private lawyer for representation in proceedings before the criminal, or family courts, certain administrative tribunals or immigration/refugee boards.

Literacy Network of Durham Region

850 King Street West, Unit 20 Oshawa, ON L1J 8N5

 Read Hotline:
 1-800-263-0993

 Phone:
 905-725-4786

 Long Distance:
 1-800-263-0993

 E-mail:
 jakata@lindr.on.ca

 Website:
 www.lindr.on.ca

Description: The Literacy Network of Durham Region (LiNDR) is a non-profit agency that operates the Hotline, an information referral service, and supports literacy programs in Durham Region.

WrapAround Durham:

Website: www.lindr.on.ca/wrap.htm
e-mail:
wraparound@bellnet.ca

Description: Wraparound Durham provides trained facilitators that work with individuals and families who are facing significant challenges and leads them through a strength-based planning process. Facilitators assist in building a team of informal and formal supports around the individual/family and help them work towards the fulfillment of goals that have been identified by that individual/family. Families/individuals facing challenges in several aspects of their lives can benefit from the assistance of the trained Wraparound facilitator in making significant changes leading to a better quality of life.







Local Hospitals

AJAX/PICKERING

Rouge Valley Ajax and Pickering

580 Harwood Avenue South

Ajax, ON L1S 2J4

Phone: 905-683-2320 905-428-5208 Fax: Website: www.rougevalley.ca

Inpatient services offered at RVAP include: **Pediatrics Emergency Services** Palliative Care Rehabilitation Services Intensive Care Medicine Ambulatory Care

Maternal and Newborn Services Surgery

Cardiac Care Mental Health.

BOWMANVILLE

Lakeridge Health Bowmanville

47 Liberty Street South Bowmanville, ON L1C 2N4 905-623-3331 Phone: 905-697-4685 Fax:

Website: www.lakeridgehealth.on.ca

Lakeridge Health Bowmanville, Oshawa & Port Perry each have 24-hour Emergency Services, which are located on the main/ground floor of the hospitals.

Inpatient services offered: Diagnostic Imaging

General Medicine Laboratory **Respiratory Therapy** Pharmacy Critical Care Diabetes Clinic **Emergency Services** Discharge Planning Eye Centre Social Work

Complex Continuing Care Infection Control Rehabilitation Services Seating Clinic **Surgical Services & Outpatient Clinics Spiritual Services** Paediatric Observation Volunteer Services

OSHAWA

Lakeridge Health Oshawa

1 Hospital Court Oshawa, ON L1G 2B9 Phone: 905-576-8711 Patient Relations:

Lakeridge Health Oshawa/Whitby 905-576-8711 ext. 4402 Phone: Website: www.lakeridgehealth.on.ca

Lakeridge Health Bowmanville, Oshawa & Port Perry each have 24-hour Emergency Services, which are located on the main/ground floor of the hospitals.

(cont'd)

Better Together



Rouge Valley



Local Hospitals (cont'd)

Lakeridge Health Oshawa (cont'd)

Inpatient services offered:

Medicine Nephrology (Dialysis)

Emergency Services Pinewood (Substance Abuse & Addictions)

Surgical Services Laboratory Maternal/Child Pharmacy

Level II Perinatal and Paediatrics Respiratory Rehab
Advanced Level II NICU Spiritual Services
Child, Youth & Family Mental Health Volunteer Services

Mental HealthDiagnostic ImagingRehabilitation ServicesRespiratory TherapyCardiovascular RehabilitationStroke Clinic

Community Respiratory Services Genetics

Critical Care/Cardiopulmonary Services Infection Control Oncology/Support Services

PORT PERRY

Lakeridge Health Port Perry

451 Paxton Street
Port Perry, ON L9L 1A8
Phone: 905-985-7321
Fax: 905-985-5820

Website: www.lakeridgehealth.on.ca

LAKERIDGE HEALTH
Better Together

Lakeridge Health Bowmanville, Oshawa & Port Perry each have 24-hour Emergency Services, which are located on the main/ground floor of the hospitals.

Inpatient services offered:

Medicine Pharmacy

Emergency Services Paediatric Observation

Surgical Services & Outpatient Clinics Laboratory

Maternal/Child Diagnostic Imaging/Ultrasound

Ambulatory Care Discharge Planning
Rehabilitations Services Infection Control
Beaverton Clinic (Rehab) Diabetes Clinic
Respiratory Therapy Spiritual Services
Outreach Programs Volunteer Services



Local Hospitals (cont'd)

Pineridge Centre of Lakeridge Health

Community and Residential Withdrawal Management Services

Walk in Support and 24 hour phone support 300 Centre St. S.

Oshawa, ON L1H 4B2 Phone: 905-723-8195



A three week Residential and Day Treatment Program for Women and the Umbrella's Program for Pregnant Women and those with infants up to 6 months of age 118 Cochrane St.

Whitby, ON L1N 5H8

Community Treatment Services

Four locations in Durham Region. Assessment and Scheduled Counselling/Case Management Services on an outpatient basis:

Ajax Location: Suite 406, 95 Bayly St. W. Ajax, ON L1S 7K8

Phone: 905-683-5950

Oshawa Location: Oshawa Centre, Office Galleria 419 King St. W., Suite 125 Oshawa, ON L1J 2K5

Phone: 905-571-3344

Bowmanville Location: Suite 206, 200 King St. E. Bowmanville, ON L1C 1P3 Phone: 905-697-2746

Port Perry Location: 180 Mary St., 3rd Floor Port Perry, ON L9L 1C4 Phone: 905-985-4721

Pinewood Centre of Lakeridge Health provides addiction services to youth and adults concerned with their own or a family member's substance use, concurrent mental health and substance use, and/or problem gambling. Pinewood Centre follows a harm reduction approach where substance use and gambling behaviours are viewed on a continuum of problem severity and clients' readiness to change and respects client choice regarding treatment goals from abstinence to the reduction of harm associated with substance use and/or gambling. The range of services include 4 community treatment offices located across Durham Region where clients attend an assessment and continue with an assigned counsellor on a scheduled out-patient basis; community and residential withdrawal management services; a daily walk-in support service and 24-hour phone support located in Oshawa at 300 Centre St.; Destiny Manor, a 3-week residential and day treatment for women; and the Umbrella's program, a specialized program for pregnant women and those with infants 6 months or younger.

UXBRIDGE

Uxbridge Cottage Hospital

4 Campbell Drive P.O. Box 5003 Uxbridge, ON L9P 1S4 Phone: 905-852-9771

Diagnostic Services Includes:

X-ray Bone Density Mammography Ultra Sound



Better Together



Ministry of Children & Youth Services

Central East Region 17310 Yonge St., Unit 1 Newmarket, ON L3Y 7R8

Telephone: 905-868-8900 Toll Free: 1-877-669-6658 Fax: 905-895-4330

Website: <u>www.gov.on.ca/children</u>



Ontario Foundation for Visually Impaired Children

P.O. Box 1116, Station "D"

Toronto, ON M6P 3K2

Phone: 416-767-5977

Fax: 416-767-5530

Website: www.ofvic.org
Email: ofvic@look.ca

Description: OFVIC offers a family centered early intervention service for children aged 0-5 yrs. with a visual impairment. The program is designed to facilitate the growth and development of the child within the context of his or her family and community. The consultants provide support to the child, the family, and community early intervention professionals.



Oshawa Community Health Centre

Main Office:

115 Grassmere Ave. Oshawa, ON L1K 3X7 Phone: 905-723-0036 Fax: 905-723-0757

E-mail <u>info@ochc.ca</u>
Website: <u>www.ochc.ca</u>



Description:

All Programs and Services are FREE!

Oshawa Community Health Centre is a non-profit charitable organization supported by donors and the Ministry of Health and Long-Term Care. Our mission is as a leader in community health services and programs; we empower residents to improve their physical, emotional and social well-being. We are dedicated to building a strong and healthy Oshawa. Our services are free and include family medicine, social work and counseling, and a variety of health promotion and community development groups and programs, many focusing on children, youth and women.

Our under six services are free and include:

Preschool Program – 10 weekly programs run at 5 locations in South Oshawa for preschoolers ages 2 ½ to 5 in JK. Locations include Stop 46, Malaga Complex, Lake Vista Club House, Glen St. Public School, and Oshawa Community Health Centre. This program runs September to June. Registration is required.

Parent Workshops – offered once month at Oshawa Community Health Centre, please check our online calendar, for parents with children ages 0 to 6. Workshops may include behavior management and discipline, healthy eating, literacy and other topics related to parenting young children. Childcare is available when you call ahead. This program runs September to June.

Parent and Child Program – This interactive program is designed for parents/caregivers, and their children ages 0-6 years on Monday mornings. Come and interact with your child/ children while they participate in a number of activities, which include a healthy snack, arts & crafts and songs and stories. Parents will have the opportunity to meet other parents and join in on weekly discussion groups relating to their child's development. This program runs September to June at Oshawa Community Health Centre.

Parenting Support Groups- such as Nobody's Perfect, Positive Parenting, Community Kitchen and Beyond The Basics, are for parents and caregivers of children ages 0 through 12 years. Offered throughout the year, locations may vary.

Preschool Summer Stay & Play – For children ages 0 to 6 and their parents. Program includes cooperative games, crafts and celebrating summer. This is a morning drop-in program offered at 5 different locations in Oshawa throughout July and August.



Oshawa Durham Rape Crisis Centre

P.O. Box 567

Whitby, ON L1N 5V3 Phone: 905-444-9672

24 Hour Crisis Line: 905-668-9200

Fax: 905-444-9277

E-mail: info@durhamrapecrisiscentre.com
Website: www.durhamrapecrisiscentre.com



Description: The Durham Rape Crisis Centre is a feminist organization that believes in the equality of all people regardless of race, class, sexual orientation or gender.

We are committed to taking an active role in our community to end all forms of violence against women and children.

As a Rape Crisis Centre we work with and provide support services to recent as well as historical or childhood survivors of sexual assault, sexual harassment, and childhood sexual abuse and their families.



Public Libraries

Ajax Public Library

Website: www.townofajax.com/library E-mail: libraryinfo@townofajax.com

Main Branch Village Branch

55 Harwood Avenue South 58 Church Street N. (Next to Village Arena)

Ajax, ON L1S 2H8 Aiax, ON L1T 2W6

Phone: 905-683-4000 Phone & Fax: 905-683-1140 Fax: 905-683-6960

McLean Branch (Inside McLean Community Centre)

95 Magill Drive Ajax, ON L1T 4M5

Phone: 905-428-8489 Fax: 905-428-3743

Clarington Public Library

Website: www.clarington-library.on.ca E-mail: info@clarington-library.on.ca

Orono Branch

127 Church Street Orono, ON LOB 1M0 Phone: 905-983-5507

905-623-7322

Courtice Branch

Bowmanville Branch

163 Church Street

Phone:

2950 Courtice Road Courtice, ON L1E 2H8 Phone:

Bowmanville, ON L1C 1T7

905-404-0707

Newcastle Branch

150 King Street East Newcastle, ON L1B 1L5 905-987-4844 Phone:

Oshawa Public Libraries

Website: www.oshawalibrary.on.ca

Northview Branch

250 Beatrice Street East Oshawa, ON L1G 7T6 Phone: 905-579-6111 Fax: 905-576-3002

Oshawa, ON L1H 1N2 Phone:

McLauglin Branch

65 Bagot Street

Fax:

905-579-6111

905-433-8107

Jess Hann Branch

199 Wentworth Street West Oshawa, ON L1J 6P4 905-579-6111 Phone:

Legends Centre Branch

1661 Harmony Road North Oshawa, ON L1H 7K5 905-579-6111 Phone:

905-436-5451 Fax:





Clarington Public Library

LIBRARY SERVICES

Public Libraries (cont'd)

Pickering Public Library

Central Library

Phone:

TDD:

Fax:

Fax:

Toll Free;

One The Esplanade

Pickering, ON L1V 6K7

Website: www.picnet.org E-mail: help@picnet.org

Claremont Branch

4941 Old Brock Road. Claremont, ON L1Y 1A9 Phone: 905-649-3341

Fax: 905-649-2065

Greenwood Branch

3540 Westney Rd., South of 6th Concession

Greenwood, ON

Phone: 905-683-8844

Petticoat Creek Branch

470 Kingston Road.
Pickering, ON L1V 1A4
Phone: 905-420-2254

905-420-2254 905-420-2860

(Just East of the Pickering Town Centre)

905-831-6265

905-420-1739

905-831-6927

1-888-831-6266

Whitevale Branch

475 Whitevale Road., East of Altona

Whitevale, ON L0H 1M0 Phone: 905-294-0967

Scugog Memorial Public Library

Website: www.scugoglibrary.ca
E-mail: info@scugoglibrary.ca

231 Water Street, P.O. Box 1049

Port Perry, ON L9L 1A8
Phone: 905-985-7686
Fax: 905-985-7210

SCUGOG MEMORIAL
PUBLIC LIBRARY

Pickering Public

Uxbridge Public Library

Website: www.uxlib.com 9 Toronto Street South

P.O. Box 279

Uxbridge, ON L9P 1P7 Phone: 905-852-9747 Zephyr Library 13000 Durham Road. 39 Zephyr, ON L0E 1T0

Phone: 905-473-2375



Whitby Public Library

Website: www.whitbylibrary.on.ca
E-mail: admin@whitbylibrary.on.ca

Central Library

405 Dundas Street West,

Whitby, ON L1N 6A1

Whitby, ON L1N 8Y9

Phone: 905-668-6531 Phone: 905-668-1886 Fax: 905-668-7445 Fax: 905-668-7445 WHITBY PUBLIC LIBRARY

doorway to discovery

Brooklin Community Centre and

Library 8 Vipond Road

Brooklin, ON L1M1B3 Phone: 905-655-3191 Fax: 905-668-7445



HEALTH DEPARTMENT

605 Rossland Road East Whitby, ON L1N 0B2



Division: Infant and Child Development Services

Contact: Ellen Boychyn

Phone: 905-668-7711 ext. 3203 or 3247

Fax: 905-666-6232

Description: Early intervention and prevention family-centred services for infants and young children birth to six years with, or at the risk for, delays in development or disabilities.

Division: Oral Health

Contact: Dr. Patricia L. Abbey Phone: 905-723-1365 ext 3154

Fax: 905-723-9482

Description: The Oral Health Division provides oral health preventative services free of charge for children identified as having needs whose parents cannot afford treatment. The Division also administers the Ontario Works and CINOT programs which provide access to dental care for vulnerable children and their families if the cost of obtaining care is prohibitive. Staff of the Division annually screens children in Region schools for dental needs, and provide in classroom oral health education.

<u>Division: Public Health Nursing and Nutrition</u>

Program: Chronic Disease Prevention

Contact: Durham Health Connection Line Phone: 905-666-6241 or 1-800-841-2729

Fax: 905-666-6214 Website: www.durham.ca

Description: Programs and services related to healthy eating and food security, physical activity, tobacco free living, sun safety, cancer screening, drinking alcohol, work stress and workplace health and school health.

Program: Durham Health Connection Line

Contact: Durham Health Connection Line Phone: 905-666-6241 or 1-800-841-2729

Fax: 905-666-6214 Website: www.durham.ca

Description: Public Health Nurses help you access the information and resources you need to protect and promote your health. Public Health Nurses provide health information on topics such as parenting issues, breastfeeding, immunization, nutrition and healthy living.

Program: Infectious Diseases Prevention and Control

Contact: Durham Health Connection Line Phone: 905-666-6241 or 1-800-841-2729

Fax: 905-666-6214 Website: www.durham.ca

Description: School and community vaccination clinics, monitoring immunization status of day nursery and school age children, control of reportable infectious diseases, sexual health clinic services as well as the promotion of healthy sexuality.



Program: Prevention of Injury and Substance Misuse

Contact: Durham Health Connection Line Phone: 905-666-6241 or 1-800-841-2729

Fax: 905-666-6214 Website: www.durham.ca

Description: Bicycle safety, sports and recreation safety, road and off road vehicle safety, falls prevention across the lifespan, car seat safety and prevention of alcohol and substance misuse.

Program: Reproductive and Child Health
Contact: Durham Health Connection Line
Phone: 905-666-6241 or 1-800-841-2729

Fax: 905-666-6214

Description: Health Fairs, Parent Support Groups (SMILE, Food 4 Thought, Postpartum Mood Disorder Groups, Babyville), Breast feeding support groups and clinic and Healthy Babies Healthy Children.



POLICE SERVICES

605 Rossland Rd. E., Box 911 Whitby, ON L1N 0B8

Phone: 905-579-1520 Toll Free: 1-888-579-1520 905-721-4249 Fax: E-mail: media@drps.ca Website: www.drps.ca

For Emergencies call 911

For general inquires call 905-579-1520 or

1-888-579-1520

Community Police Office locations:

Ajax/Pickering—West Division

1710 Kingston Rd. Pickering, ON L1V 1C5

<u>Clarington—East Division</u>

1998 Regional Rd. 57 Bowmanville, ON L1C 3K4

North Durham—North Division 15765 Hwy. 12 (south of Reach Rd.)

Port Perry, ON L9L 1B2

Durham Regional Police are leaders in community safety. They protect the citizens of Durham Region every day through a variety of crime prevention programs and investigative services.

They employ a hard-working team of police officers, civilians, auxiliary officers, special constables and volunteers who help keep Durham safe. They promote responsible and healthy behaviour and prevent injuries and property damage by patrolling the streets, removing dangerous drivers from the road, and educating adults and children about safety.

The use of leading-edge technology is vital in fighting crime. Durham Regional Police were one of the first municipal police services in Canada to use a helicopter, and their computer technology is second to none. Durham Regional Police operate out of five main community police offices located in Ajax-Pickering, Clarington, North Durham, Oshawa and Whitby. Each location responds to calls in their area 24 hours a day, seven days a week.

SOCIAL SERVICES

605 Rossland Road East P.O. Box 623

Whitby, ON L1N 6A3 Phone: 905-668-7711 Website: www.durham.ca

Division: Children's Services Division

Phone: 905-666-6238 Toll Free: 1-800-387-0642 905-666-6220 Fax:

Website: www.durham.ca/childrensservices

Description: To meet the many various child care needs within the community, including both the fee-paying and subsidized clients.





Oshawa—Central East Division

Whitby—Central West Division

77 Centre St. N.

Oshawa, ON L1G 4B7

480 Taunton Rd. E.

Whitby, ON L1N 5R5

SOCIAL SERVICES (cont'd)

Division: Children's Services, Durham Behaviour Management Services

Phone: 905-666-6238 Toll Free: 1-800-387-0642 Fax: 905-666-6220

Website: www.durham.ca/childrensservices

Description: A community-based service committed to enhancing the knowledge and skill of parents, caregivers, and early learning and child care professionals in positive-based behaviour management practices. This is a free service offered throughout Durham Region for children between the ages of 2 and 12 with significant behavioural difficulties and children between the ages of 2 and 6 with developmental disabilities. Services provided include behaviour assessment and consultation as well as education and training workshops and seminars.

Division: Family Services

Phone: 905-666-6240
Toll Free: 1-866-840-6697
Fax: 905-666-6217
Website: www.durham.ca

Description: Counselling and other support services are available to individuals, couples, and families who reside or work in Durham Region. Family Services Durham has the necessary credentials required for reimbursement by many benefit providers. A sliding fee scale ensures that, regardless of financial situation, clients are able to access counselling.

Division: Housing Services

Phone: 905-666-6222 Fax: 905-666-6225 Toll Free: 1-800-669-2956 Website: www.durham.ca

Description: The Housing Services Division is responsible for the administration of social housing programs, property management for the Durham Regional Local Housing Corporation and the development of new affordable housing initiatives. It also oversees the delivery of hostel services and a range of programs to address homelessness in Durham Region.

Division: Income & Employment Support

Ontario Works

Administration:

Phone: 905-666-6239
Toll Free: 1-800-372-1102
For Applications and Inquires:

Central Intake:

Phone: 905-428-8982
Toll Free: 1-877-678-6333
Website: <u>www.durham.ca</u>

Description: Provides financial assistance and innovative employmentservices to eligible persons within the Region of Durham in a manner that ensures dignity and promotes independence.



DurhamRegion Connecting

TRANSIT

Head Office

605 Rossland Road East, P.O. Box 623

Whitby, ON L1N 6A3
Phone: 905-668-7711
Toll Free: 1-800-372-1102
Fax: 905-666-6193

Website: www.durhamregiontransit.com

E-mail: <u>transit@durham.ca</u>

Durham Region Transit Customer Service:

Ajax/Pickering

Toll Free: 1-866-247-0055

Brock, Scugog, Uxbridge Specialized Services:

Toll Free: 1-866-247-0055 Toll Free: 1-866-247-0055

Clarington/Oshawa Whitby

Phone: 1-866-247-0055 Phone: 1-866-247-0055

Description: Durham Region Transit (DRT) is an integrated transit system serving all communities in Durham Region. The service area is divided into eight municipal service sectors (Ajax, Pickering, Whitby, Oshawa, Clarington, Brock, Scugog and Uxbridge).

One Fare Anywhere: Durham Region Transit integrates GO Bus services as part of the DRT system making travel in Durham Region simple and affordable with its "One Fare Anywhere" agreement. Customers travelling within Durham Region can transfer between DRT Bus and GO Bus without additional cost. Proof of a DRT fare in advance is required, begin your trip with your DRT ticket, pass or transfer otherwise regular GO Bus fares will apply.

DRT and GO Transit Co-Fare: DRT passengers connecting to or from GO Train and/or GO Bus service at Rouge Hill, Pickering, Ajax, Whitby and Oshawa GO Rail Stations are eligible for Co-Fare.

• A valid GO fare must be presented on DRT Bus upon boarding

DRT's Bike & Ride Program: With a bike rack installed on every DRT bus, it is easy for cyclists to travel around Durham Region and beyond on connecting transit services. The bike rack is fast and simple to use and there is no additional fare for transporting your bike.

PRESTO Farecard: PRESTO is a single, re-loadable fare payment card that deducts the correct fare each time you 'tap on' a participating transit system. DRT introduced PRESTO for co-fare passengers only. PRESTO single fares and multi-ride in adult, student, senior and child categories will be introduced at a later date.

Student Services: The U-Pass for all full-time students at Durham College, UOIT and Trent (Oshawa) allows unlimited transit seven days a week on all conventional DRT and GO Bus service for travel in the Region of Durham. The cost of the U-Pass is included with full-time student fees.

The Durham District School Board (DDSB) provides eligible secondary school students with DRT Restricted Student monthly passes at a reduced cost. Passes are sold at DDSB high schools for eligible students.



TRANSIT (cont'd)

The Durham District Catholic School Board (DDCSB) supplies eligible students with a DRT Restricted Student monthly pass at no cost. The Restricted Student passes available from both school boards provide unlimited DRT & GO Bus travel between 6 am and 7 pm, Monday to Friday. The restricted pass is not available in July and August. The school determines the eligibility requirements and students purchase or receive the passes directly from their school.

Access Pass: The DRT Access monthly pass is for recipients of the Ontario Disability Support Program (ODSP) only. The Access pass provides unlimited ridership privileges on all conventional DRT Buses, DRT Specialized Services (for registered specialized customers) and GO Buses within Durham Region. Only recipients of ODSP are eliqible to purchase an Access pass at the reduced cost.

Accessible Transit in Durham Region: Accessible door-to-door transit for persons with disabilities is provided by DRT Specialized Services. Passengers must meet eligibility criteria to use the service. The service operates seven days a week and advance reservations are required.

Resources for Exceptional Children and Youth - Durham Region

865 Westney Road South

Ajax, ON L1S 3M4

Phone: 905-427-8862 Toll Free: 1-800-968-0066 Fax: 905-427-3107

E-mail: info@rfecydurham.com Website: <u>www.rfecydurham.com</u>



Description: Programs funded through the Regional Municipality of Durham to support children with special needs and their families include Consultation, Enhanced Staffing, Resource Library and Family Networking. Consultation services provide developmental programming and case management to families of children 2 – 12 years of age. Consultation to licensed child care centres focuses on the inclusion of the child with special needs into the program. The Enhanced Staffing Program provides funding to licensed child care centres to support their inclusion of children ages 0 – 12 years in that program. Books and videos on a variety of topics are available for families to borrow from the Resource Library. Family Networking events provide opportunities for families to meet and share experiences while having fun.

Programs funded through the Ministry of Children and Youth Services include Coordination Services for Children and Youth - Durham Region and the Complex Care Residential Services. These services focus on meeting the needs of children and youth 0-18 years of age with highly complex needs.

Fetal Alcohol Spectrum Disorder (FASD) Durham

Description: Project based services are also offered. Resources for Exceptional Children and Youth – Durham Region is Lead Agency for the **Fetal Alcohol Spectrum Disorder (FASD)** Durham Project which is funded through the Ontario Trillium Foundation. The objectives of this project are to increase the community's ability to assess for FASD and enhance the capacity of agencies to meet the needs of children and youth with FASD. Community training, a facilitated parent support group and diagnostic assessment teams are opportunities provided through this project.





Rose of Durham Young Parents Support Services

200 Bond Street West, Oshawa, ON L1J 2L7 Phone: 905-432-3622 Fax: 905-432-3974

E-mail: <u>roseofdurham@roseofdurham.com</u>

Website: <u>www.roseof.durham.com</u>

Ajax/Pickering Outreach Branch

Phone: 289-385-1160



North Durham Outreach Program

169 North Street, Unit 2

Port Perry, ON

Phone: 905-410-3622 Toll Free: 1-800-241-3534 Fax: 905-985-4810

Description: Young parents support services including individual counselling and referral services, prenatal (Durham Public Health), post-natal and parenting education, Mommy and Me drop in program, DAS Teen Mom school program, special workshops and summer programs.

Hours: Monday to Friday 9:00 am - 4:30 pm, closed 12:00 pm - 1:00 pm

Society of St. Vincent de Paul, Durham Particular Council

St. Vincent de Paul Store 15 Albert St. Oshawa, ON L1H 4P7

Phone: 905–723–3952 Website: <u>www.ssvp.ca</u>

Description: Gently used clothing from infants to adult sizes, bedding, footwear, dishes and small appliances.

Store Hours

Monday, Tuesday, Thursday, Friday and Saturday 10:00 am - 4:00 pm





DURHAM ONTARIO EARLY YEARS

Website: <u>www.ontarioearlyyears.ca</u>



Contact your local Durham Ontario Early Years Centre

For more information:

Satellites

Discover a Durham Ontario Early Years Program in your Community Ontario Early Years Centres offer:

- Free Early Learning Programs for parents/caregivers and their children birth to six years of age
- Parenting Resources and Training
- Pre and Post Natal resources
- Information about other Early Years services in your community
- Early Literacy Specialists to support programs for children birth to six years throughout Durham Region
- Lots of opportunities for volunteering



^{*} Please refer to the OEYC website for locations and calendar information for your area.



À propos de Meilleur départ dans la région de Durham

La vision de l'Ontario : « Les enfants de l'Ontario arriveront prêts et désireux de réussir en 1^{re} année. »

L'initiative Meilleur départ a été mise de l'avant en 2005 par le gouvernement de l'Ontario dans le but de venir en aide aux enfants de la naissance à la première année et à leur famille.

Des réseaux Meilleur départ ont été créés dans les différentes collectivités et les fournisseurs de services existants se sont rassemblés pour travailler ensemble à l'élaboration d'un plan de réponse aux besoins de leur collectivité. La municipalité régionale de Durham fut choisie pour jouer le rôle prépondérant de gestionnaire des services municipaux regroupés (GSMR) pour notre région chargé de l'élaboration et de la mise en œuvre d'un Plan de gestion des services de garde d'enfants. Le réseau Meilleur départ de Durham obtient un grand succès.

On a utilisé des fonds réservés au programme Meilleur départ pour créer et soutenir des places additionnelles dans des garderies titulaires d'un permis, fournir des subventions salariales supplémentaires pour le personnel et fournir une aide financière supplémentaire pour les programmes de ressourcement en matière de besoins spéciaux.. De plus, le réseau Meilleur départ a mis à jour et révisé la charte des droits des enfants et des jeunes de Durham, présenté un calendrier en ligne à l'intention des parents, tenu plusieurs réunions communautaires pour obtenir des commentaires au sujet des questions d'actualité en matière de garde d'enfants et soumis des exposés de principes au ministère de l'Éducation et au ministère des Services à l'enfance et à la jeunesse.

Le réseau a permis aux six conseils scolaires de Durham, aux fournisseurs de services de garde d'enfants et aux agences de soutien de se rencontrer et de communiquer des renseignements et des idées sur la manière de travailler efficacement ensemble. De nombreux partenariats ont été mis sur pied par suite de ces activités. Le réseau Meilleur départ de Durham a également concentré ses efforts pour développer des « carrefours » qui offrent des services visant à améliorer le soutien aux familles.

En 2011, le personnel de la Division des services à l'enfance, en collaboration avec certains membres du réseau, ont rédigé un plan pour soutenir les familles autochtones de la région de Durham à l'aide de fonds du ministère des Services à l'enfance et à la jeunesse désignés à cette initiative. Conséquemment, le réseau a été en mesure de devenir partenaire de plusieurs organismes et services communautaires pour organiser des événements très réussis pour les enfants et les familles autochtones.

Enfin, le réseau Meilleur départ de Durham a aidé à la planification du système alors que la Province effectuait la mise en œuvre du Programme d'apprentissage des jeunes enfants (PAJE). Ce programme, qui sera déployé au cours des prochaines années, transformera complètement le système scolaire et le réseau de services de garde d'enfants existants. Les membres du réseau Meilleur départ de Durham continueront de collaborer et de partager leur expertise afin d'appuyer les enfants et leur famille dans la région de Durham.

Pour des informations supplémentaires, visitez notre site Web à www.durham.ca/childrensservices



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Aide Juridique Ontario

20, rue Dundas Ouest, suite 201

Toronto, ON M5G 2H1

 Téléphone:
 416-598-0200

 Télécopieur:
 416-598-0558

 Sans frais:
 1-800-668-8258

 Site Web:
 www.legalaid.on.ca



Description: L'aide juridique est offerte aux personnes à faible revenu et aux groupes défavorisés en rapport avec diverses situations de droit, dont les affaires criminelles, les conflits familiaux, les audiences de la Commission de l'immigration et du statut de réfugié, les conflits entre propriétaires et locataires, le soutien aux personnes handicapées et le versement des prestations familiales.

Assemblée communautaire des francophones de l'Ontario, régionale Durham-Peterborough

707, rue Simcoe Sud, pièce 203

Oshawa, ON L1H 4K5

Téléphone: 905-571-0826 Télécopieur: 905-571-2721

Association canadienne du Diabète

Durham Region Branch 235, boulevard Yorkland Toronto, ON M2J 4Y8 Phone: 416-408-7145

sans frais 1-800-BANTING (1-800-226-8464)

Fax: 416-491-8927 Courriel: <u>info@diabetes.ca</u>

Site Web: http://www.diabetes.ca/Section Regional/ontario durham.asp

Description: Les services en français incluent les présentations de Programme de Signature, la littérature, l'information par le téléphone ou courriel.

Centre d'accès aux soins communautaires du Centre-Est

920 promenade Champlain Whitby, ON L1N 6K9

Phone: 416-701-4646 Phone: 905-430-3308 sans frais: 1-877-701-4646

Site Web: www.ce.ccac-ont.ca http://www.ce.ccac-ont.ca

Community Care Access Centre Communautaires du Centre-Est

hamplain

K9

01-4646



ASSOCIATION

CANADIENNE

ASSOCIATION DU DIABÈTE

DIABETES

Central East

Description: Le Centre d'accès aux soins communautaires du Centre-Est (CASC-CE) est un point d'accès unique qui fournit aux personnes de tout âge un service d'information et d'orientation vers des ressources communautaires, des services de santé à domicile, l'admission aux établissements et aux programmes de soins de longue durée et le soutien aux services de santé en milieu scolaire.



Club Jeunesse d'Hier d'Oshawa

707, rue Simcoe Sud Oshawa, ON L1H 4K5

Téléphone: (905) 434-6146

Conseil des organismes francophones de la région de Durham (C.O.F.R.D)

57, rue Simcoe Sud, suite 2D Oshawa, ON L1H 4G4

 Téléphone:
 905-434-7676

 Télécopieur:
 905-434-7260

 Lun - Ven:
 8h30 à 16h30

 Courriel:
 elegault@cofrd.org

Personne contacte : Elaine Legault, directrice générale

Site Web: <u>www.cofrd.org</u>

Description: Le C.O.F.R.D. a comme mission d'œuvrer au développement, à l'épanouissement et à la vitalité de la population francophone de la région de Durham.

Fondation canadienne de la fibrose kystique

2221, rue Yonge, porte 601 Toronto, ON M4S 2B4

ses programmes.

Téléphone: 416-485-9149, 1-800-378-2233

Télécopieur: 416-485-0960
Courriel: Info@cysticfibrosis.ca
Site Web: www.fibrosekystique.ca

Description: La Fondation canadienne de la fibrose kystique (FCFK) est un organisme de charité qui œuvre partout au Canada et compte 50 sections menées par des bénévoles. L'organisme recueille des fonds pour la recherche vitale et les soins liés à la fibrose kystique. Le mandat de la FCFK est d'aider les personnes atteintes de FK, principalement en fournissant des fonds pour la recherche et en soutenant des soins cliniques et post-transplantation de haute qualité. La Fondation fournit également du matériel éducatif pour l'ensemble des personnes touchées par la FK et le public en général; elle entreprend des initiatives liées à la défense des droits des Canadiens et Canadiennes atteints de FK, avec eux et en leur nom, pour rehausser leur qualité de vie, et met sur pied des collectes de fonds dans le but de soutenir







INCA

1, rue Mary Nord, suite D Oshawa, ON L1G 7W8

Téléphone: 905-436-7732 Télécopieur: 905-436-1202

Site Web: www.cnib.ca http://www.cnib.ca

Description: Service d'intervention précoce d'INCA

INCA travaille à faire en sorte que les enfants qui vivent avec une perte de vision prennent un bon départ et que leurs parents possèdent les ressources et le soutien dont ils ont besoin pour guider leur enfant vers le succès et l'autonomie.

Le Service d'intervention précoce d'INCA aide les enfante de 0 à 6 ans à établir les assises qui leur permettront de grandir et de se développer selon leur potentiel individuel, en partenariat avec leurs parents ou tuteurs, les soignants, les enseignants et les thérapeutes.

Pour obtenir de plus amples renseignements à ce sujet, communiquez avec : Heather Edmonds, ECVC, 1-866-699-1699 ext. 5236.

Jeunesse, J'écoute

300-439, avenue University Toronto, ON M5G 1Y8

Téléphone: 416-586-5437 Télécopieur: 416-586-0651

Courriel: <u>info@jeunessejecoute.ca</u>
Site Web: <u>www.jeunessejecoute.ca</u>

1 800 668 6868

Jeunesse, J'écoute
jeunessejecoute.ca

Jeunesse, J'écoute et un service de consultation bilingue, disponible 24 heures sur 24, 7 jours sur 7, par téléphone au 1-800-668-6868 ou en ligne au www.jeunessejecoute.ca

Description: Jeunesse, J'écoute est le seul service pancanadien de consultation, d'information et d'orientation accessible 24 heures sur 24, 365 jours par année, par téléphone et par Internet. Tous les jours, les intervenants professionnels de Jeunesse, J'écoute offrent, de façon immédiate et attentive, du soutien à des jeunes provenant des quatre coins du pays.



Les Nounous cardinals & les Compagnons Inc

20, rue Cavan

Port Hope, ON L1A 3B4

905-666-2228 / 905-885-6008 Téléphone:

Sans frais: 1-800-219-8059

Télécopieur: 905-666-9689 / 905-885-824 Courriel: moyra@cardinalnannies.com Site Web: www.cardinalnannies.com



Description: Nous offrons des services professionnels de garde individuel à la maison avec efficacité, intégrité, flexibilité et qualité depuis 1985. Nous employons des personnes expériencée et qualifiées pour les nourrissons, les enfants, les jeunes adultes, les adultes, les ainés et les clients avec des besoins spéciaux. À votre domicile, nous préparons les repas et autres tâches ménagères. Nous assistons les adultes avec des soins professionels et leurs activités quotidiennes, toute en respectant la dignité et en encouragant l'indépendence.

Les Services catholiques de Famille de Durham

Site Web: www.cfsdurham.com F-mail: info@cfsdurham.com

Oshawa:

115, rue Simcoe Sud, 1st Floor

Oshawa, ON L1H 4G7

Téléphone: 905-725-3513 Télécopieur: 905-725-8377

Uxbridge: Ajax:

70, rue Toronto Nord 250, rue Bayly Ouest, Suite22 Uxbridge, ON L9P 1C7

Ajax, ON L1S 3V4

Acceuil-bureau satellite d'Oshawa 905-725-3513 Téléphone: 905-428-1984

Port Perry:

Immaculate Conception Catholic Church 1710, ch. Scugog

Port Perry, ON L9L 1E2

Téléphone: 905-985-4221

Nos services en Français sont consultation pour: les difficultés personnelles, les mariages Description: instables, la violence familiale, les adolescents and les enfants, les familles, l'abus des enfants, et les séparations.



Ministère des Services à l'enfance et à la jeunesse

Région du Centre Est 17310, rue Yonge, Suite 1 Newmarket, ON L3Y 7R8 Téléphone: 905-868-8900

Sans frais: 905-868-8900 1-877-669-6658

Site Web: <u>www.gov.on.ca/children</u>



Mouvement Scouts et Guides

M. Guy Beaulieu, président 7-1037, rue Arthur Newcastle, ON L1B 1K6 Téléphone: 905-987-0552

Ressources pour les enfants et la jeunesse exceptionnels - région de Durham

865, ch. Westney Sud Ajax, ON L1S 3M4

Téléphone:905-427-8862sans frais1-800-968-0066Télécopieur:905-427-3107

Courriel: info@rfecydurham.com Site Web: <u>www.rfecydurham.com</u>



Description: Les programmes financés par le biais de la municipalité régionale de Durham pour appuyer les enfants ayant des besoins particuliers et leur famille comprennent un programme de consultation, un programme de dotation supplémentaire en personnel, une bibliothèque de ressources et des événements de réseautage familial. Les services de consultation offrent des activités de développement et une gestion des cas aux familles ayant des enfants âgés entre 2 et 12 ans. Les services de consultation pour les garderies agréées mettent l'accent sur l'inclusion de l'enfant ayant des besoins particuliers dans le programme. Le programme de dotation supplémentaire en personnel fournit une aide financière aux garderies agréées pour appuyer l'inclusion des enfants âgés entre 0 et 12 ans dans ce programme. Les familles peuvent emprunter des livres et des vidéos portant sur divers sujets à la bibliothèque de ressources. Des événements de réseautage familial offrent aux familles des occasions de se rencontrer à des événements désignés et de partager leurs expériences tout en s'amusant.

Les programmes financés par le ministère des Services à l'enfance et à la jeunesse comprennent les services de coordination pour les enfants et les jeunes de la région de Durham et les services d'hébergement prolongé. Ces services ont pour but de répondre aux besoins des enfants de la naissance à 18 ans ayant des besoins très complexes.

Ensemble des troubles causés par l'alcoolisation fœtale (ETCAF) - Durham

Description: Des services réalisés dans le cadre de projets sont également offerts. Resources for Exceptional Children and Youth de la région de Durham est l'organisme responsable du projet lié à l'ensemble des troubles causés par l'alcoolisation fœtale (ETCAF) qui est financé par la Fondation Trillium de l'Ontario. Les objectifs de ce projet sont d'augmenter la capacité de la communauté d'évaluer les cas d'ETCAF et de permettre aux organismes de mieux répondre aux besoins des enfants/jeunes atteints de l'ETCAF. La formation communautaire, un groupe de soutien aux parents dirigé par un intervenant et des équipes d'évaluation formative sont des exemples des possibilités offertes dans le cadre de ce projet .





Services de Garde "Les Lucioles"

Directrice Générale: Mme Natalie Crawford Courriel: <u>lesluciolesinc@csdccs.edu.on.ca</u>

Site Web: www.lesluciolesinc.com



<u>Les Lucioles Corpus Christi (Oshawa)</u> <u>Les Lucioles Notre-Dame-de-la-Jeunesse Ajax)</u>

362, avenue Hillside 71, avenue Ritchie Oshawa, ON L1J 6L7 Ajax, ON L1S 6S5

 Téléphone:
 905-728-1421
 Téléphone:
 905-427-7690

 Telecopieur:
 905-728-3891
 Telecopieur:
 905-728-3891

Courriel: adesrochers@csdccs.edu.on.ca
Courriel: lesluciolesajax@csdccs.edu.on.ca

Les Lucioles Jean-Paul II (Whitby)

Les Lucioles Antonine-Maillet (Oshawa)

1001, avenue Hutchison 615, avenue Ridgeway Whitby, ON L1N 2A3 Oshawa, ON L1J 2W3

 Téléphone:
 905-430-1252
 Téléphone:
 905-438-0469

 Telecopieur:
 905-430-1252
 Telecopieur:
 905-728-3891

Courriel: <u>lesluciolesjp2@csdccs.edu.on.ca</u> Courriel: <u>lesluciolesinc@csdccs.edu.on.ca</u>

Les Lucioles Programme d'Immersion Française (Whitby)

1020, boulevard Dryden Whitby, ON L1R 2A2

Téléphone: 905-666-5453 Telecopieur: 905-666-5453

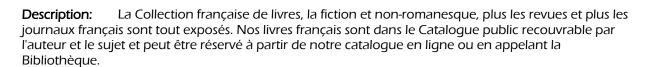
Bibliothèques publiques

La Bibliothéque Publique d'Oshawa

Site Web: www.oshawalibrary.on.ca

McLauglin Branch 65, rue Bagot Oshawa, ON L1H 1N2

Téléphone: 905-579-6111 Télécopieur: 905-433-8107



La Bibliothéque Publique de Whitby

Site Web: www.whitbylibrary.on.ca

Central Library 405, rue Dundas Ouest Whitby, ON, L1N 6A1

Téléphone: 905-668-6531 Télécopieur: 905-668-7445

Description: Collection française disponible pour adultes et enfants. Heures de conte et le programme « Copains de lecture » sont offert en français pendant l'été.



WHITBY PUBLIC LIBRARY

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Éducation

Conseil scolaire de district catholique Centre-Sud

Siège social,

110, avenue Drewry, Toronto ON M2M 1C8

Téléphone:416-397-6564Sans frais:1-800-274-3764Télécopieur:416-397-6576

Site Web: www.csdccs.edu.on.ca



École élémentaire catholique Corpus-Christi

362, avenue Hillside Oshawa, ON L1J 6L7

Téléphone: 905-728-0491 Télécopieur: 905-728-0607

Site Web: <u>corpuschristi.csdccs.edu.on.ca</u>

Conseil d'école de Corpus-Christi

362, avenue Hillside Oshawa, ON L1J 6L7

Téléphone: 905-728-0491

École élémentaire catholique Notre-Dame-dela-Jeunesse

71, avenue Ritchie Ajax, ON L1S 6S5

 Téléphone:
 905-428-1460

 Télécopieur:
 905-427-4416

 Site Web:
 www.ndj.ca

Conseil d'école de Notre-Dame-de-la-Jeunesse

71, avenue Ritchie Ajax, ON L1S 6S5

Téléphone: 905-428-1460

École catholique Secondaire Saint-Charles-Garnier

4101, rue Baldwin Sud Whitby, ON L1R 2W6

Téléphone:905-655-5635sans frais:1-800-464-1236Télécopieur:905-655-8002

Site Web: <u>garnier.csdccs.edu.on.ca</u>

Conseil d'école de Saint-Charles-Garnier

4101, rue Baldwin Sud Whitby, ON L1R 2W6

Téléphone: 905-655-5635

École élémentaire catholique Jean-Paul II

1001, ave Hutchison Whitby, ON L1N 2A3

Téléphone: 905-665-5393 Télécopieur: 905-665-2774

Site Web: <u>jeanpaul2.csdccs.edu.on.ca</u>



Éducation

Conseil scolaire Viamonde

116 Cornelius Parkway Toronto, ON M6L 2K5

 Téléphone:
 416-614-0844

 Sans frais :
 1-888-538-1702

 Télécopieur:
 416-397-2012

 Site Web:
 www.csdcso.on.ca



École Antonine-Maillet

615, avenue Ridgeway Oshawa, ON L1J 2W3

Téléphone: 905-720-0057 Télécopieur: 905-720-2079

Site Web: <u>antoninemaillet.csdcso.on.ca</u>

Conseil d'école Antonine-Maillet

615, avenue Ridgeway Oshawa, ON L1J 2W3

Téléphone: 905-720-0057



Centre d'employabilité (COFRD)

57, rue Simcoe Sud, suite 2H Oshawa, ON L1H 4G4

Téléphone: 905-436-6989



Collège du Savoir

707, rue Simcoe Sud, pièce 204 Oshawa, ON L1H 4K5

Téléphone: 1-877-881-0267

Librairie Champlain

57, rue Simcoe Sud, suite 2D Oshawa, ON L1H 4G4

Téléphone: 905-434-7676



Caisse Populaire Desjardins

Centre de service: 600, rue Grandview Sud Oshawa, ON L1H 8P4

Courriel: <u>ivan.labelle@desjardins.com</u>

Téléphone:905-432-7336Télécopieur:905-432-8908





Paroisses

Paroisse de l'Assomption de Notre-Dame

384, avenue Hillside Oshawa, ON L1J 6L7

Téléphone: 905-576-1706

Les Filles d'Isabelle Cercle Assomption #1369

120, ch. Nonquon Oshawa, ON L1G 7E6

Téléphone: 905-723-8342

Les Chevaliers de Colomb Assemblée St-Charles Garnier

1, avenue Anchorage Whitby, ON L1N 9P2

Téléphone: 905-668-7492

Mouvement Cursillo

111, ch. Park Nord Oshawa, ON L1N 4L2

Courriel: <u>danordi@rogers.com</u>

Téléphone: 905-725-8224 Télécopieur: 905-725-2570





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UOIT Aboriginal Resource Centre	



Aboriginal Healing and Wellness Strategy

4th Floor, 880 Bay Street
Toronto, Ontario, M7A 2B6
Phone: 416-326-6905
Fax: 416-326-7934

Website: http://www.ahwsontario.ca/index.html

Description: The Aboriginal Healing and Wellness Strategy promotes a culturally appropriate approach to healing and wellness. It is unique in Canada, and has become a source of innovative expertise in Aboriginal healing and health services across North America.

Ministry of Aboriginal Affairs

160 Bloor Street East, 4th Floor

Toronto, ON M7A 2E6
Phone: 416-326-4740
Toll Free: 1-866-381-5337
Fax: 416-326-4017

Website: http://www.aboriginalaffairs.osaa.gov.on.ca/english/contact/contact.htm



Native Child & Family Services of Toronto

30 College Street

Toronto, ON M5G 1K2 Phone: 416-969-8510 Fax: 416-928-0706

E-mail <u>vsinclair@nativechild.org</u>

Website: www.nativechild.org http://www.nativechild.org/

Mission Statement:: Native Child and Family Services of Toronto strives to provide for a life of quality, well being, caring and healing for our children and families in the Toronto Native Community. It does this by creating a service model that is culture based respecting the supreme values of the Native people, the extended family, and the right to self-determination

Mississaugas of Scugog Island First Nations

22600 Island Rd.

Port Perry, ON L9L 1B6 Phone: 905-985-1826 Toll Free: 1-888-688-0988 Fax: 905-985-7958

Website: www.Scugogfirstnation.com



<u>University of Ontario Institute of Technology</u> <u>Aboriginal Resource Centre</u>

2000 Simcoe Street North U5 building, Room 1 Oshawa, Ontario L1H 7K4

Phone: 905-721-8668 ext. 6554 and 6570

E-mail: arc@uoit.ca Website: www.uoit.ca/arc





The Regional Municipality of Durham Social Services Department Children's Services Division

605 Rossland Road East Whitby, Ontario L1N 6A3 Phone: 905-668-7711 or Toll Free: 1-800-387-0642

Fax: 905-666-6226

www.durham.ca/childrensservices