



# 2024 Activity Calendar Lakeview Manor Port Perry Site- Adult Day Program

Below is a list of the dates, times and activities for the month of March.

### **Tuesday March 5:**

**9:00** Welcome Program

**9:30** Coffee and Current Events

**10:15** Fun And Fitness

**11:00** March Funnies

**12:00** Hot Lunch

1:00 Rest, Relax and Socialize

**1:30** BINGO

2:30 Afternoon Nutrition Break

#### **Thursday March 7:**

9:00 Welcome Program

**9:30** Coffee and Conversation

**10:15** Fun And Fitness

**11:00** Guided Art

**12:00** Hot Lunch

1:00 Rest, Relax and Socialize

**1:30** Finish the Lyrics Irish Songs Edition

2:30 Afternoon Nutrition Break

#### March 12:

**9:00** Welcome Program

**9:30** Coffee and Current Events

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10:15 Fun And Fitness
11:00 Penny Ante
12:00 Hot Lunch
1:00 Rest, Relax and Socialize
1:30 Irish Word Games
2:30 Afternoon Nutrition Break

#### **Thursday March 14:**

9:00 Welcome Program 9:30 Coffee and Conversation Fun And Fitness 10:15 11:00 Family Feud 12:00 Hot Lunch 1:00 Rest, Relax and Socialize Travelogue to Ireland 1:30 2:30 Afternoon Nutrition Break

### **Tuesday March 19:**

**9:00** Welcome Program

**9:30** Coffee and Current Events

**10:15** Fun And Fitness

11:00 You be the Judge

**12:00** Hot Lunch

1:00 Rest, Relaxation and Socialize

1:30 Music with Ryan

**2:30** Afternoon Nutrition Break

### **Thursday March 21:**

9:00 Welcome Program

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9:30	Coffee and Conversation
10:15	Fun And Fitness
11:00	Family Feud
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	Cards And Games
2:30	Afternoon Nutrition Break

# **Tuesday March 26:**

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fund And Fitness
11:00	Manicure Madness
12:00	Hot Lunch
1:00	Rest, Relax and Socialize
1:30	Reminiscing
2:30	Afternoon Nutrition Break

## **Thursday March 28:**

9:00	Welcome Program
9:30	Coffee and Current Events
10:15	Fun And Fitness
11:00	Spot the Difference
12:00	Hot Lunch
1:30	Off to the Races
2:30	Afternoon Nutrition Break

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Please note: this schedule is subject to change. If you have any questions, or if you require this information in an accessible format, please contact Michelle VanGenechten, Adult Day Program Supervisor at 905-579-1777 ext. 6318.